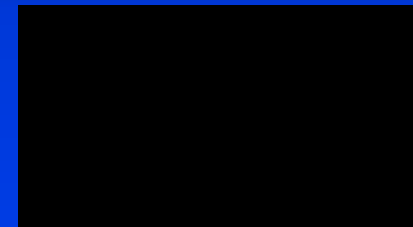


# Update on the diagnosis and treatment of peripheral and central vestibular disorders



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## COI

**M. Strupp is Joint Chief Editor of the Journal of Neurology, Editor in Chief of Frontiers of Neuro-otology and Section Editor of F1000.**

**He has received speaker's honoraria from Abbott, Actelion, Auris Medical, Biogen, Eisai, Grünenthal, GSK, Henning Pharma, Interacoustics, MSD, Otometrics, Pierre-Fabre, TEVA, UCB, and Viatrix.**

**He acts as a consultant for Abbott, Actelion, AurisMedical, Decibel, Heel, IntraBio and Sensorion, and Vertify. He is a shareholder of IntraBio.**

**He is the distributor of**

- **“M glasses“**



- **“Lagerungsschwindel APP“**  
**“Positional vertigo APP“**



# Declaration

Videos and figures with the models and the patients are from *Strupp M, Brandt T, Dieterich M: Vertigo and Dizziness - Common Complaints, SpringerNature 2023, if not otherwise indicated.*

The models and the patients gave their written informed consent.



# **Content, learning objectives and didactic concept**

**The most frequent peripheral and central vestibular disorders**

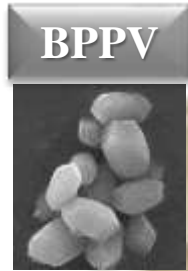
- 1. Pathophysiology and etiology**
- 2. Diagnostic criteria according to the international classification**
- 3. Differential diagnosis, namely acute peripheral versus acute central vestibular syndrome**
- 4. Current treatment**

**Change your attitude: *Yes, I can!***

**Each of the diseases will be introduced by a video-quiz**

**Specific references will be given with each disorder**

**The six most frequent peripheral vestibular disorders:  
acute unilateral and bilateral vestibulopathy,  
vestibular paroxysmia, BPPV, Menière's disease, SCDS**



**Acute unilateral vestibulopathy**

**Bilateral vestibulopathy**

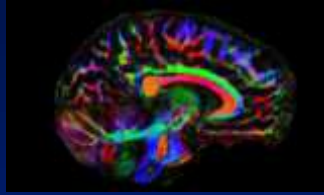


**Vestibular paroxysmia**

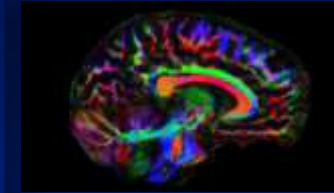


**Menière's disease**

**Strupp, Brandt, Dieterich (2023)  
Vertigo and dizziness – common  
complaints, 3rd edition,  
SpringerNature, London**



## Three forms of *central* vestibular dysfunction



1. **Main symptoms: acute onset of > 24 h lasting vertigo or dizziness: *Acute central vestibular syndrome/imbalance*** - brainstem or cerebellar infarction with or w/o brainstem or cerebellar symptoms/signs
2. **Main symptoms: recurrent episodes of spinning or non-spinning vertigo or postural imbalance:** vestibular migraine, paroxysmal brainstem or cerebellar attacks or episodic ataxias due to inadequate paroxysmal excitation or inhibition of the central vestibular system
3. **Main symptoms: persisting dizziness or postural imbalance:** *cerebellar, extrapyramidal or brainstem dizziness* - ocular motor disorders, nystagmus or central signs