

Sleep disorders in prodromal and clinical synucleinopathies: approach and management

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Disclosure

None

Learning objectives

- Attendees will be able to recognize isolated rapid eye movement sleep behavior disorder as prodromal synucleinopathy and will learn how to correctly diagnose and manage this condition.
- After attending this teaching course, participants will be able to recognize the broad spectrum of sleep disorders affecting patients with clinical synucleinopathies, start the proper investigations to advance diagnostic processes according to international criteria and guidelines, and treat different sleep disorders in patients with synucleinopathies.

Key message

- Isolated REM sleep behavior disorder is a prodromal synucleinopathy
- REM sleep behavior disorder diagnosis requires polysomnography
- Sleep disorders are frequent in synucleinopathies
- Side effects of medications, in particular those acting on motor symptoms, need to be considered in the management of sleep disorders in people with synucleinopathies

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