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World Brain Day Celebration

By NewsDrummer on July 22, 2016

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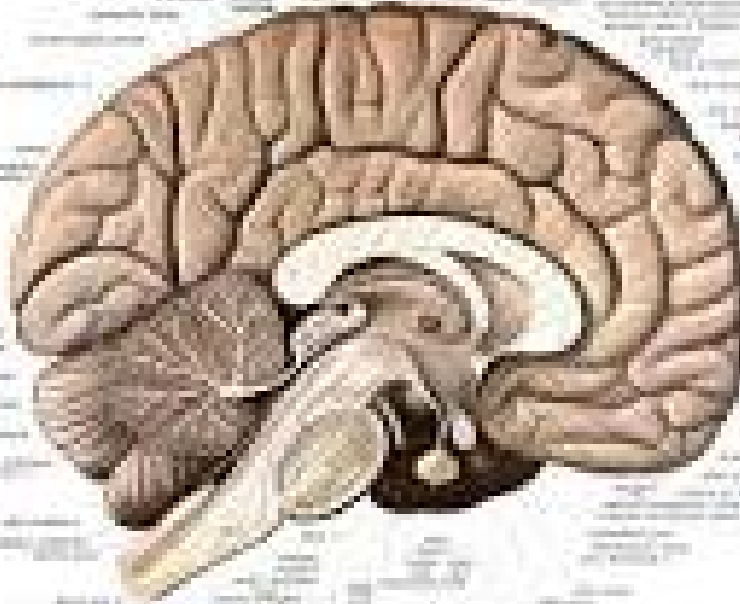


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Today is World Brain Day.

World Brain Day is celebrated every 22nd of July to create awareness about the treatment and prevention of brain diseases amongst the aged ones.

In Rivers State, experts have advised that regular exercise will help reduce a number of brain diseases.

A Brain Specialist who is also a senior registrar in the Department of Neuropsychiatry, University of Port Harcourt Teaching Hospital, Dr. Ayodeji Oluwaseun said idleness could result to different brain diseases among old people.

For his part another specialist, and senior registrar in the Department of Medicine, UPTH Fidelis Okoebor called on the Rivers State government to create a special brain treatment center and also provide drugs for people affected by brain diseases.

This theme of this year is Brain Health and the Ageing Population