Thrombectomy for ischemic stroke

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Disclosures

- Financial disclosures none
- Off-label use of tenecteplase for ischaemic stroke

Learning objectives

- Understand the evidence behind thrombectomy eligibility
 - site of vessel occlusion
 - age
 - severity
 - time
- Understand imaging strategies and the prognostic significance of ischemic core volume
- Understand the role of IV thrombolysis before thrombectomy
 - 0-4.5hr versus >4.5h
- Understand the critical importance of Systems of care in maximising patient outcomes

Key messages

- Endovascular thrombectomy (EVT) profoundly reduces disability in a broad range of ischemic stroke patients with large vessel occlusion 0-6h after stroke onset
- EVT also benefits selected patients with favorable perfusion imaging up to 24h after stroke onset
- Currently EVT is combined with IV thrombolysis in eligible patients (with ongoing trials testing EVT alone in patients presenting directly to EVT centers)
- Faster treatment is the most effective way to improve patient outcomes – streamline transfers and minimize re-imaging

Large vessel occlusion - thrombolysis vs thrombectomy

large vessel occlusion (LVO)

- 15% of all stroke but
- 39% of acutely presenting stroke
- responsible for 62% of dependency and 96% of mortality (Malhotra Front Neurol 2017)
- IV thrombolysis has limited efficacy

* "LVO" definition may change with device improvements

** planned trials to add IV lysis
to thrombectomy >4.5hr



>70% - no reperfusion therapy super-mild, established, very late

EDITORIAL

Endovascular Therapy for Stroke — It's about Time

ORIGINAL ARTICLE

A Randomized Trial of Intraarterial Treatment for Acute Ischemic Stroke

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ORIGINAL ARTICLE

Stent-Retriever Thrombectomy after Intravenous t-PA vs. t-PA Alone in Stroke

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Endovascular Treatment of Ischemic Stroke
M. Goyal, A.M. Demchuk, B.K. Menon, M. Eesa, J.L. Rempel, J. Thornton, D. Roy, T.G. Jovin, R.A. Willinsky, B.L. Sapkota, D. Dowlatshahi, D.F. Frei, N.R. Kamal,
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Randomized Assessment of Rapid

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ORIGINAL ARTICLE

Endovascular Therapy for Ischemic Stroke with Perfusion-Imaging Selection

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Faster, better reperfusion

New Eng J Med 2015:

5 Positive randomized trials

More Imaging

2 Editorials

ORIGINAL ARTICLE

Thrombectomy within 8 Hours after Symptom Onset in Ischemic Stroke

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Which sites of vessel occlusion?

- ICA and M1 benefit
- tandem disease (cervical + intracranial) benefit
- ?M2
 - less common, highly variable anatomy
 - smaller, more tortuous, less accessible
 - less territory at risk
 - greater response to IV thrombolysis
 - HERMES meta-analysis = larger/dominant/more proximal M2 with higher NIHSS benefit – need to individualize decision
- M3/4, ACA, PCA ??
- Basilar excluded from most trials, BEST 20% benefit "as treated",
 BASICS RCT ongoing. time window: ?24hr from last known well vs
 ~8hr from onset of coma



Goyal et al Lancet 2016



Goyal et al Lancet 2016

Thrombectomy – still time critical



Fransen JAMA Neurology 2016

Thrombectomy – still time critical



Saver JAMA 2016

ORIGINAL ARTICLE

Thrombectomy 6 to 24 Hours after Stroke with a Mismatch between Deficit and Infarct

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ORIGINAL ARTICLE

Thrombectomy for Stroke at 6 to 16 Hours with Selection by Perfusion Imaging

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Ischemic Penumbra – the reason we can improve outcome after ischaemic stroke



Astrup, Symon 1977

CT perfusion – diagnosis and prognosis



Automated CT perfusion processing







"How much blood supply" "How delayed is the blood supply"



(severely reduced ≈ dead)

relCBF<30% of normal brain Campbell et al Stroke 2011 * time to reperf & grey vs white matter

iSchemaView RAPID version 4.7



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A Intention-to-Treat Population



DAWN eligibility effect in DEFUSE 3



DEFUSE 3 criteria

- simpler
- ~60% more patients eligible
- No reduction in treatment effect within age, NIHSS or core volumes included

i.e. 6-24hr with ICA/M1 and <70mL core \rightarrow thrombectomy

Albers et al NEJM 2018

DAWN Ineligible, (OR 2.96, 95% CI 1.26-6.97); DAWN Eligible, (OR 2.66, 95% CI 1.36-5.23) P value for interaction = 0.47

Is time still brain? Yes!

- Overall stroke population are very time sensitive still need to go as fast as possible
- The proportion of patients who remain eligible by imaging criteria decreases over time (~50% of LVO in the 6-24hr time window based on DEFUSE 3 screening)
- However, if an individual patient is unavoidably delayed in presentation AND imaging is still favorable then they are likely to benefit from reperfusion

advanced imaging is not just about "excluding" patients

- including more patients
 - mild NIHSS but significant perfusion abnormality
 - late/unknown time
 - "low ASPECTS" but only moderate volume NCCT changes
 - clinically "marginal" but good imaging

AND

- diagnostic benefits
 - when patients present the first question is "is it stroke"
 - variable levels of experience on ground, in-hours, after-hours, telemedicine
 - improved NCCT interpretation when you know where to scrutinize
 - LVO may be chronic, partial, asymptomatic perfusion can help

AND

- Maybe in future we will have non-reperfusion-based therapies...
 - glyburide, NA1 etc might benefit from imaging to target those not likely to do well just with reperfusion



For 0-6 hour patients don't exclude purely on basis of core volume:

Balance core volume and location, expected time to reperfusion,

pre-morbid status & tolerance of disability if known

Campbell et al Lancet Neurology 2019

If eligible for both treatments

should we still give thrombolysis before thrombectomy?

	Intervention	Alteplase	Standard care
Final Reperfusion TICI 2b/3 [Angio Core lab determined]	77%		
mAOL 2-3 (at 2-8h CTA) [CT Core lab determined]		37%	7%

Goyal et al ESCAPE, NEJM 2015

IV-IA bridging	Direct IA
potential benefit if failure/delay in endovascular procedure	potential reduction in symptomatic intracerebral (and systemic) hemorrhage
potential benefit in dissolving distal embolic fragments of thrombus/multi-territory emboli	potential reduction in distal migration/fragmentation of thrombus "out of reach" prior to endovascular procedure
potential for pre-endovascular reperfusion	save cost of alteplase/tenecteplase

Meta-analysis of observational data







Sterile water injection 50 ml to be used to reconstitute Actilyse* 50 mg

Actilyse* 50 mg For i.y. infusion HK 30511 Protect from light. Store below 30° C Boehringer Ingelheim



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Conclusions

Rapid reperfusion remains the proven treatment paradigm in stroke

- Currently thrombolysis + thrombectomy if eligible for both (DIRECT trials ongoing)
- Thrombectomy for ICA, M1, tandem, basilar, selected M2 occlusions
- "Good" premorbid function
- No age or clinical severity limits
- **0-6h:** broad imaging criteria **6-24h:** DEFUSE 3 imaging selection <70mL core
- CT perfusion is diagnostic and characterizes irreversibly injured core/collaterals
 very helpful for prognosis in any time window
- Simply delivering thrombolysis & thrombectomy faster and increasing access to appropriate patients is essential to maximize effectiveness – focus on systems of care