

# **DISRUPTIVE NIGHTS, EXHAUSTED DAYS: THE IMPACT OF SNORING AND SLEEP APNEAS**

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Nothing to disclose

- Recognize causes of inadequate CPAP control in OSA with neurodegenerative or cardiac comorbidities
- Understand the impact of increased physiologic dead space on CPAP efficacy
- Review medical and ventilatory treatment options beyond standard CPAP

- OSA with neurodegenerative or cardiac comorbidities often shows suboptimal response to CPAP, requiring individualized evaluation.
- Alternative strategies such as adaptive servo-ventilation, bilevel PAP, and adjunctive medications may be needed for optimal management.
- Tailored approaches based on underlying disease mechanisms are essential to improve both respiratory outcomes and systemic disease control.