

Junior Travelling Fellowships – 2016

Report by Tamar Ediberidze MD, PhD student

ESRS Congress the great place for networking as usual.

23rd Congress of the European Sleep Research Society (ESRS) was held in Bologna, Italy, on September 2016. The congress was organized by the European Sleep Research Society and also by the Italian Association of Sleep Medicine.

The purpose of European Sleep Research Society is promotion the research on sleep and related areas, to improve the care for patients having sleep disorders and also facilitation of dissemination the information regarding sleep research and sleep medicine.

Formal and informal meetings during the congress gave the excellent opportunity to share and exchange the scientific ideas and results between the colleagues from different backgrounds. It is always great to attend the lectures and discussions on ongoing research projects, key point lectures on the most interesting topics and also every congress is the best opportunity to set new contacts and networking.

It was an honor to present the results of our research project as a poster presentation. During the poster session II the poster: “Influence of Anticonvulsants on Sleep Difficulties in Children with Epileptic Seizures of Genetic Etiology (ESGE) - A Questionnaire Based Study” was presented by me. To our pleasure we received several interesting questions and remarks from colleagues and sleep experts about the study design and data interpretation. In overall, attendance of congress was very successful and helpful for my future development as clinician and researcher. As a rule, I also spread the knowledge gained during the Congress among my fellow workers and other colleagues from Georgia.

Attendance the Congress was kindly supported by WFN. It was the second time when I was awarded the grant from The WFN Junior Travelling Fellowships. I want to express my gratitude and happiness for this great opportunity. Great thanks and best wishes to all members of WFN.

Yours sincerely

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