

SEIZURE First Aid



- a. Don't panic! You CAN help
- b. Allow plenty of space
- c. Protect from injury
- d. Loosen anything tight around neck
- e. Put something soft under head
- f. Turn to the side to prevent choking
- g. NEVER put anything in mouth
- h. NEVER restrain
- i. Longer than 5 minutes-Ambulance
- j. After, offer support and allow rest



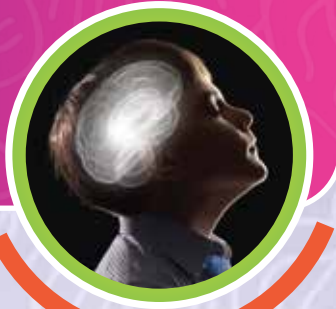
World Brain Day

Epilepsy.... is more than SEIZURES!

22nd July 2015

WORLD FEDERATION OF NEUROLOGY

Epilepsy...
Treatable,
Manageable &
Controllable



Epilepsy is the most common chronic serious disease of the brain affecting

50million
people worldwide.



With treatment, 70% of people with epilepsy could be seizure free.

80% of people with epilepsy in low and middle-income countries do not have access to medication.



Many health care providers do not have the training to recognize, diagnose or treat epilepsy.



Don't let
EPILEPSY
win.



Lack of identification and treatment for epilepsy imposes a huge social and financial burden on the individual, their family and their community.

Ignorance and fear cause social isolation and prevent people with epilepsy from seeking treatment.



Research and legislation is needed to improve access to care and quality of life of persons with epilepsy.



WFN, ILAE, IBE and WHO are working in partnership to coordinate action at the country level to address the global burden of epilepsy.

