# Indian Ocean to Down Under; Personal Reflections & Early Days of APAYNET

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### Three most important Questions

When is the most important time?

Who is the most important person?

What is the most important thing to do?







## The story of Chicken Farmers

Chicken farmer number one

Chicken farmer number two







## Why did I become a physician (Did it work out?)

School days

University days

Migration to Australasia







### Neurology in Australasia

Palmerston North, New Zealand

Christchurch, New Zealand

Adelaide, Australia







## Neurology

• Queen of all clinical disciplines









#### 2008

- Palatucci Advocacy Leadership Forum
- Asia Pacific Conference Against Stroke, Manilla, Philippine

 Need for a young neurologist forum in Asia Pacific region







## Asia Pacific Association of Young Neurologists and Trainees

• First meeting in 2011

 Established as a non profit organisation in Australia







#### APAYNET

	HOME	WORKSHOP	EVENT CALEND	AR \$6000 TRAVE	L GRANT AVAILABLE!
APAYNET  Asia Pacific Association of Young Neurologists and Trainees APAYNET				Font size <u>Bigger</u> Search	Reset Smaller
You are here: Home					
Welcome				Login Form	
Asia Pacific Association of Young Neurologists and Trainees (APAYNET)  Overview  The Asia Pacific Association of Young Neurologists and Trainees (APAYNET) is a non profit organization focused on networking young neurologists and neurology trainees in Asia Pacific region with the aim of supporting neurological			PAYNET)	User Name	
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research and education among young neurologists and trainees.				Forgot your password? Forgot your username?	







#### APAYNET

The Asia Pacific Association of Young Neurologists and Trainees (APAYNET) is a non profit organization focused on networking young neurologists and neurology trainees in Asia Pacific region with the aim of supporting neurological research and education among young neurologists and trainees.







#### Vision

Advocate residents and young neurologists interests in Asia Pacific region







#### Mission

- 1. Represent residents and young neurologists interests and initiatives with a single voice
- 2.Establish networking between young neurologists
- 3. Support international training exchange.
- 4. Represent young neurologists and trainees (in Asia Pacific region) interests and initiatives with
- a single voice





### APAYNET first workshop

- Young Neurologists forum on management of post stroke spasticity
- Representation from several Asia Pacific countries















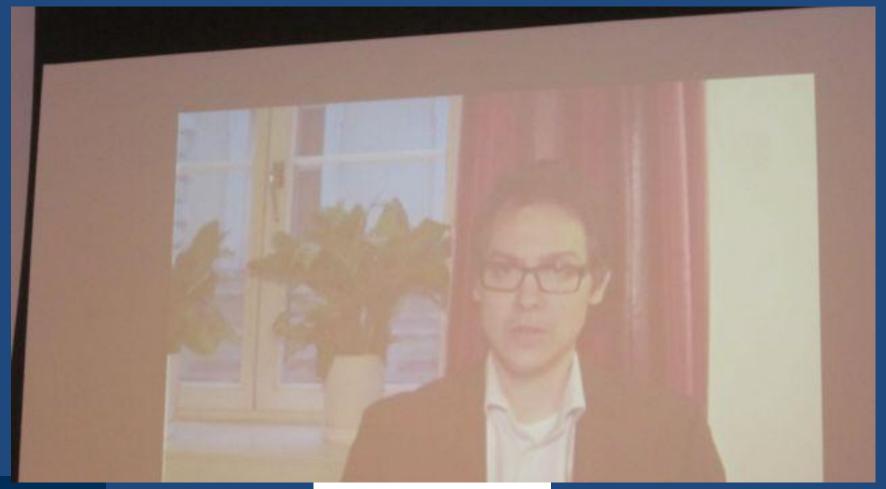
#### APAYNET second workshop

 Half day workshop at the Asia Oceania Neurology Conference

Lessons from European young neurologists,
Neurology training in India, Sri Lanka, Australia,
Thailand, South Korea, Neurology as a carrier
option in Australia, Getting the most out of your

overseas trainir the theme













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#### APAYNET Stroke Master Class Series





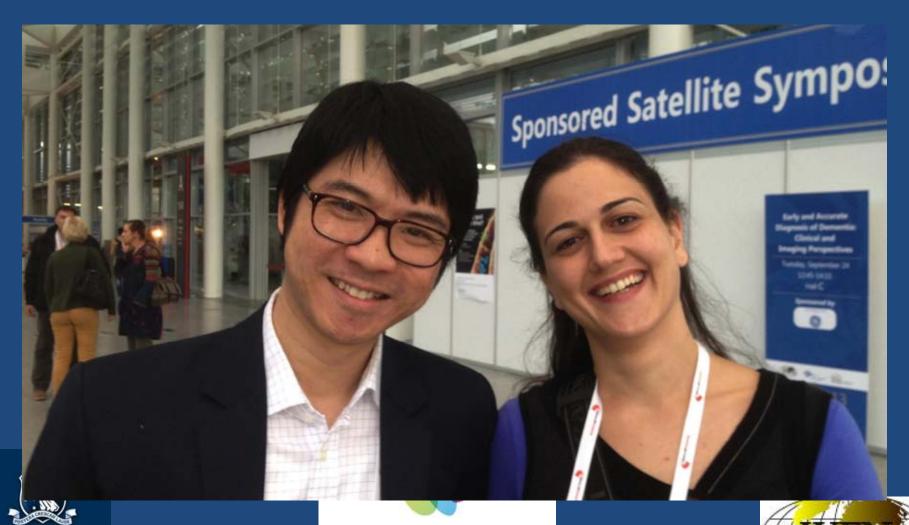




#### Visit to Vienna General Hospital 2013

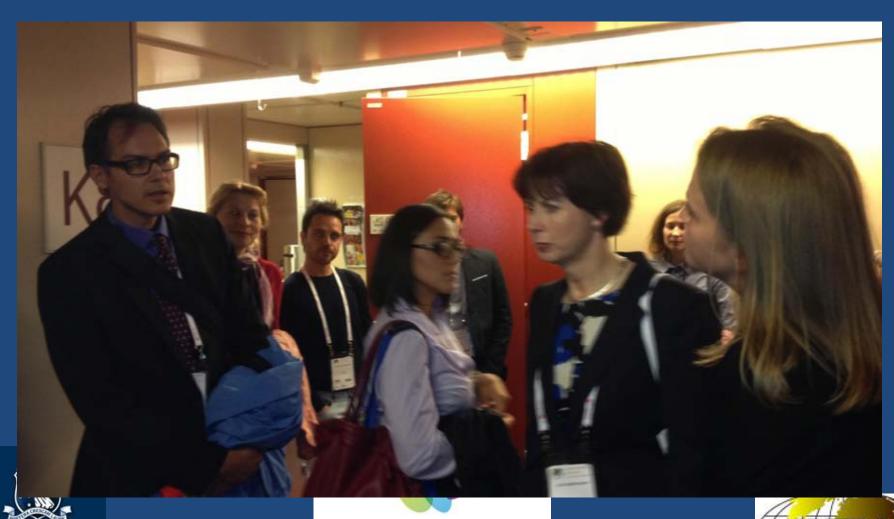


#### Thailand+ Greece



Western Health





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#### Future

- Asia Pacific Young Neurologists Leadership Forum
- Further workshops/ exchange programs among Asia Pacific countries, rest of the world
- Reach out to medical students in the region
- Collaborate with Europe, AAN to enhance

bilateral excha







#### 第十四届亚洲及大洋洲神经病学大会 14th Asian & Oceanian Congress of Neurology (AOCN 2014)

2 - 5 March 2014 • Macao, China Venue: The Venetian® Macao



The Scientific Programme Committee of the AOCN 2014 welcomes you to submit abstracts for Oral and Poster Presentations at the Congress. All abstracts must be submitted in English online.

#### Abstract Categories are:

- Dementia & Cognitive Disorders
- Epilepsy
- · Headache & Pain
- · Movement Disorders
- · Multiple Sclerosis & Related Disorders · Others
- Neuro-Critical Care
- Neuromuscular Diseases
- Neuro-Rehabilitation
- Stroke



#### Scholarship

With the support from the Yu Foundation, the AOCN 2014 is pleased to offer Scholarship to young neurologists aged under 40, as of 2 March 2014, from low and lower-middle income countries. with an abstract accepted by the Congress for free paper or poster presentation.

The scholarship includes one waived registration to attend the Congress, 3-night hotel accommodation on 2-5 March 2014 and an amount up to US\$850 to cover the cost of travel from his/her residing country to Macao. The scholarship will be collected during the Congress in Macao. Number of scholarship is granted under a quota. It is limited to one candidate per abstract. The Organizers have full discretion to grant the Scholarship.

Deadline of Scholarship Application is 15 November 2013.

For enquiries, please contact AOCN 2014 Congress Secretariat

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Please refer to the list on World Health Organization website: http://www.who.int/mental health/neurology/annexes neuro disorders public h challenges.pdf