



# Pathophysiology of Dystonia: Translation

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# Disclosures

- No conflict of interest

## REVIEW

# Phenomenology and Classification of Dystonia: A Consensus Update

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*Movement Disorders Online 6 May 2013*

# New Definition

*Dystonia is a movement disorder characterized by sustained or intermittent muscle contractions causing abnormal, often repetitive, movements, postures, or both. Dystonic movements are typically patterned, twisting, and may be tremulous. Dystonia is often initiated or worsened by voluntary action and associated with overflow muscle activation.*

**Alberto Albanese**, Kailash Bhatia, Susan B. Bressman, Mahlon R. DeLong, Stanley Fahn, Victor S.C. Fung, Mark Hallett, Joseph Jankovic, H.A. Jinnah, Christine Klein, Anthony E. Lang, Jonathan W. Mink, & Jan K. Teller

An ad hoc committee sponsored by Dystonia Medical Research Foundation, The Dystonia Coalition, & The European Dystonia COST Action  
(COST = Cooperation in Science and Technology)

# Generalized Dystonia



Patient of M. Tagliati

## Jerky Cervical Dystonia



Fahn, Jankovic & Hallett 2011



## Tremulous Cervical Dystonia



Bhidayasiri & Tarsy 2013

## Musician's Dystonia with Overflow

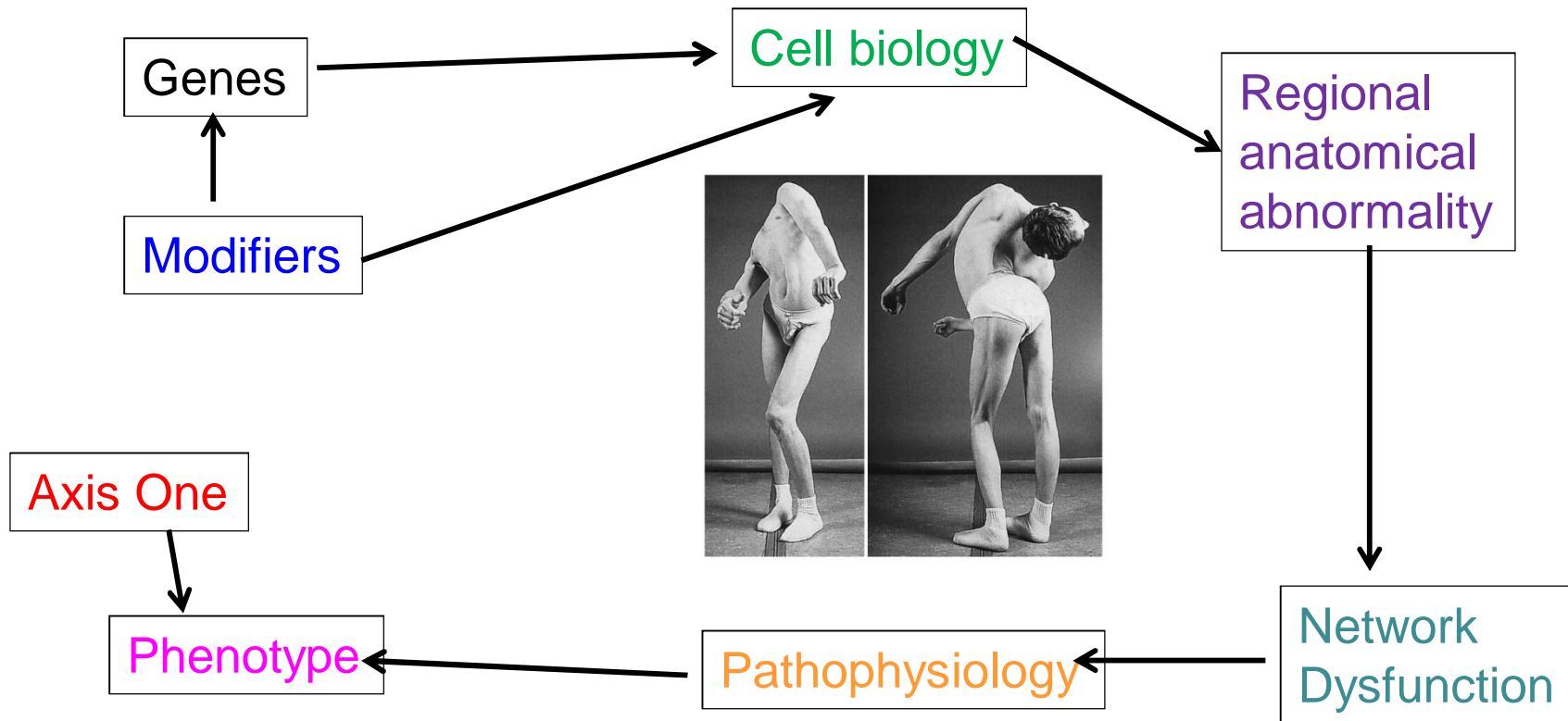


Patient from NINDS, NIH

# New Classification Scheme

- Two axes
  - Clinical Features
    - age at onset, body distribution, temporal pattern, coexistence of other movement disorders, other neurological manifestations
    - **Syndromes** are clusters of clinical features
  - Etiology
    - Nervous System Pathology
    - Inherited or Acquired

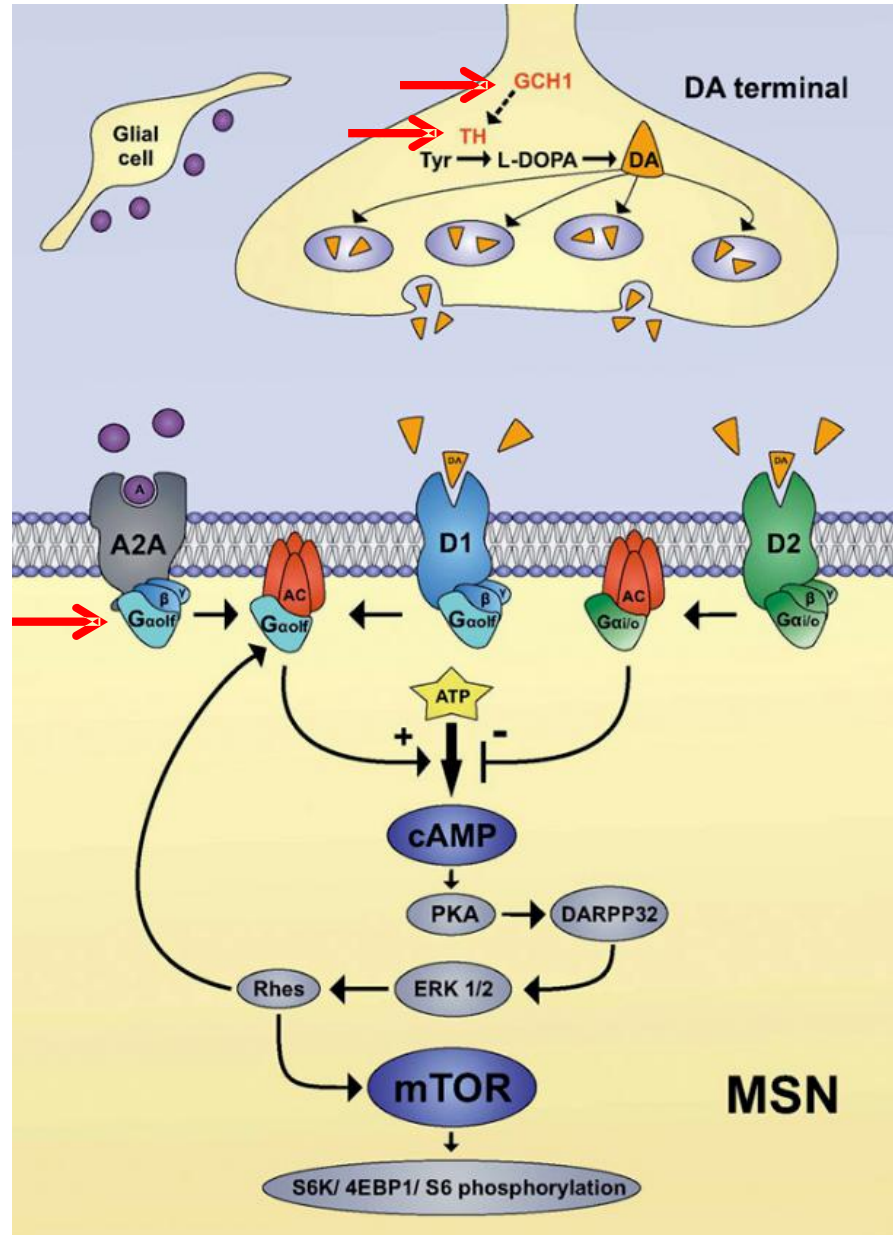
# Understanding Dystonia



**Table 1 | Molecular classification of “DYT” dystonia syndromes.**

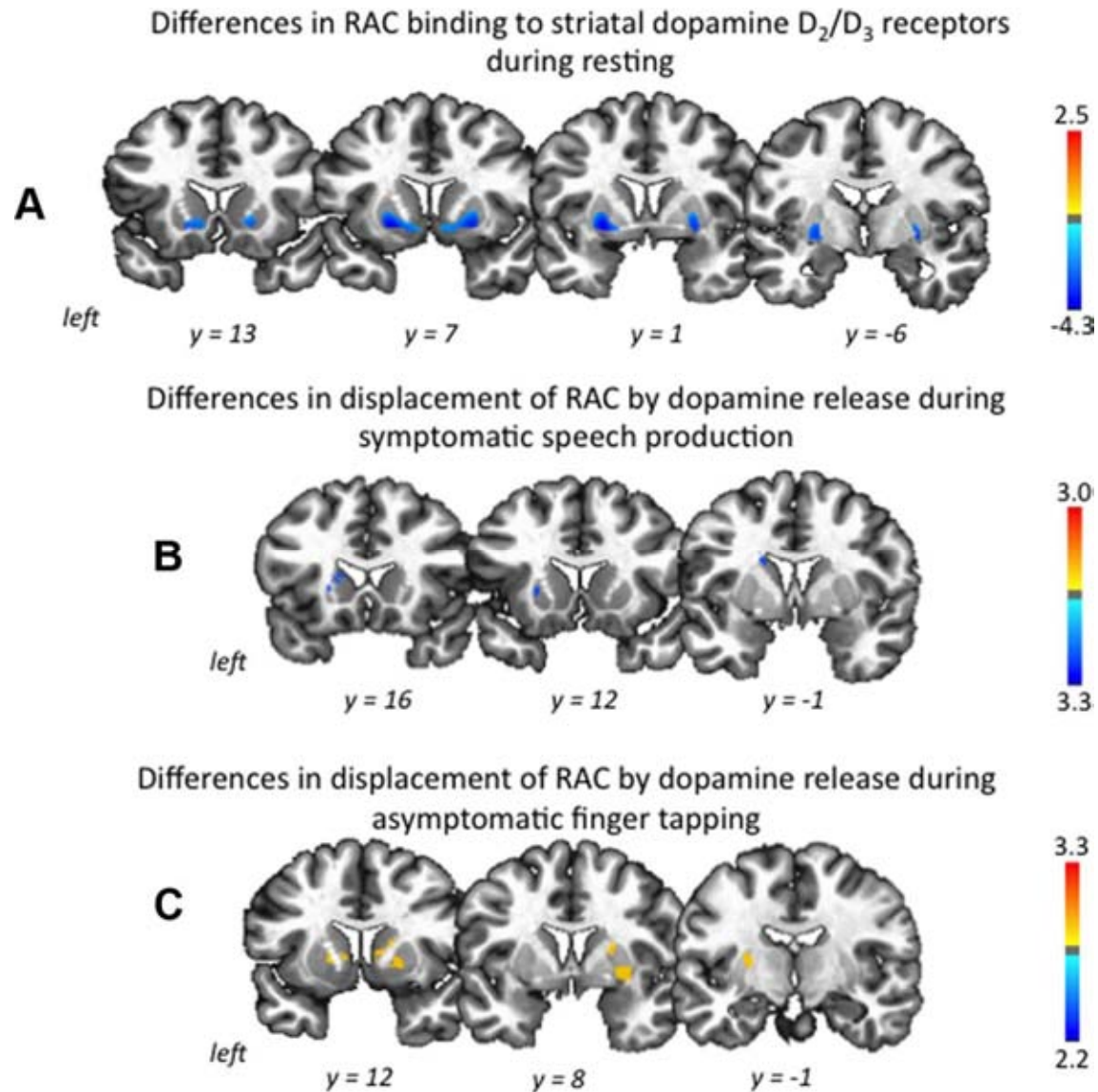
Disease (MIM)	Gene	Locus	Phenotype	Inheritance
<b>PURE PRIMARY TORSION DYSTONIA</b>				
DYT1 (128100)	<i>TOR1A</i>	9q34	Early-onset generalized limb onset dystonia	AD
DYT2 (224500)	–	–	Early-onset generalized dystonia with prominent cranio-cervical involvement	AR
DYT4 (128101)	<i>TUBB4a</i>	19p13.12–13	Whispering dysphonia	AD
DYT6 (602629)	<i>THAP1</i>	8p11.21	Generalized cervical and upper-limb-onset dystonia	AD
DYT7 (602124)*	–	18p	Adult-onset cervical dystonia	AD
DYT13 (607671)	–	1p36.32–p36.13	Cervical and upper-limb dystonia	AD
DYT17 (612406)	–	20p11.2–q13.12	Segmental or generalized dystonia with prominent dysphonia	AR
DYT21 (614588)	–	2q14.3–q21.3	Adult-onset generalized or multifocal dystonia, often starting with blepharospasm	AD
DYT23 (614860)	<i>CIZ1</i>	9q34	Adult-onset cervical dystonia	AD
DYT24 (615034)	<i>ANO3</i>	11p14.2	Cranio-cervical dystonia with laryngeal and upper-limb involvement	AD
DYT25 (615073)	<i>GNAL</i>	18p11	Adult-onset cervical dystonia	AD
<b>PRIMARY DYSTONIA-PLUS SYNDROME</b>				
DYT5 (218230)	<i>GCH1</i>	14q22.2	Dopa-responsive dystonia	AD
THD (605407)	<i>TH</i>	11p15.5	Dopa-responsive dystonia	AR
DYT11 (159900)	<i>SGCE</i>	7q21.3	Myoclonus-dystonia	AD
DYT12 (128235)	<i>ATP1A3</i>	19q13.2	Rapid-onset dystonia parkinsonism	AD
DYT15 (607488)	–	18p11	Myoclonus-dystonia	AD
DYT16 (612067)	<i>PRKRA</i>	2q31.2	Early-onset dystonia parkinsonism	AR
<b>PAROXYSMAL SYNDROME</b>				
DYT8 (118800)	<i>MR1</i>	2q35	Paroxysmal non-kinesigenic dyskinesia (PNKD)	AD
DYT9 (601042)/DYT18 (612126)	<i>SLC2A1</i>	1p34.2	Paroxysmal dyskinesias with episodic ataxia and spasticity/paroxysmal exercise-induced dystonia (PED)	AD
DYT10 (128200)	<i>PRRT2</i>	16p11.2	Paroxysmal kinesigenic dyskinesia (PKD)	AD
DYT19 (611031)	–	16q13–q22.1	Paroxysmal kinesigenic dyskinesia 2 (PKD2)	AD
DYT20 (611147)	–	2q31	Paroxysmal non-kinesigenic dyskinesia 2 (PNKD2)	AD
<b>HEREDODEGENERATIVE DYSTONIA SYNDROME</b>				
DYT3 (314250)	<i>TAF1</i>	Xq13.1	Dystonia parkinsonism	X-R

AD, autosomal dominant; AR autosomal recessive; X-R, X linked recessive. \*DYT7 locus on chromosome 18p has been recently questioned (Winter et al., 2012).



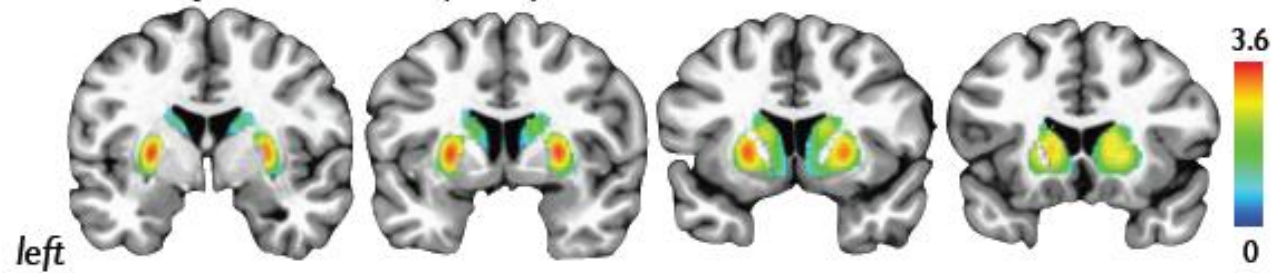
Goodchild et al. TINS in press

**Group difference in RAC binding at rest (A) and its change (mean percentage  $\Delta$ BP) during symptomatic speech production (B) and asymptomatic sequential finger tapping (C).**

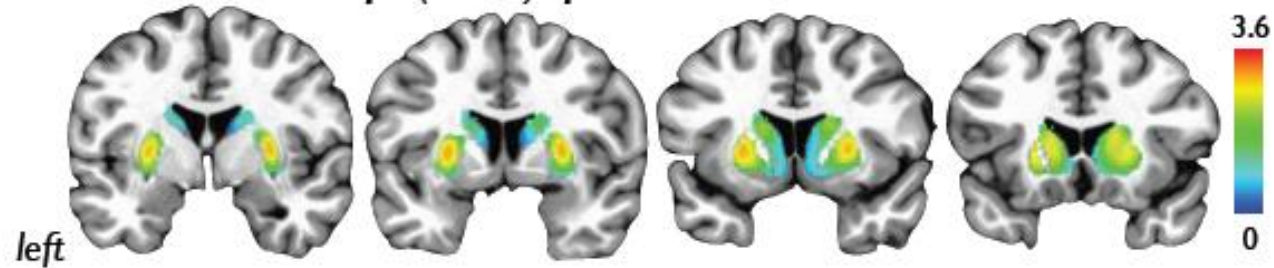


# Raclopride binding at rest (D2 receptors)

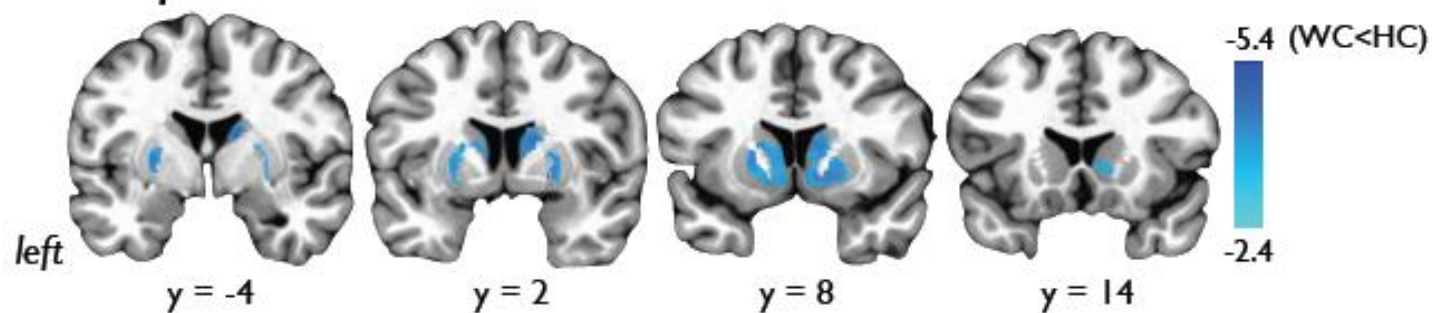
## A. Healthy controls (HC)



## B. Writer's Cramp (WC) patients



## C. WC patients vs. HC

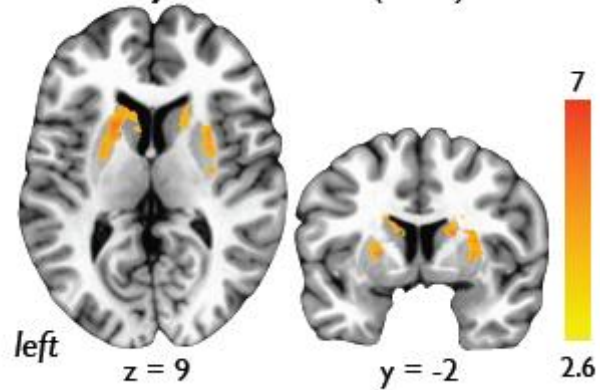


Berman, Hallett, Herscovitch, Simonyan. *Brain*. In press.

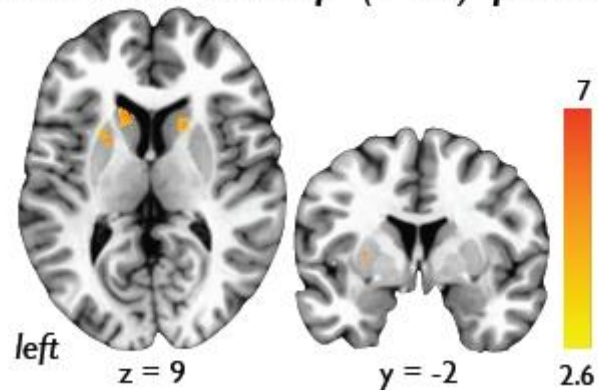


# Dopamine release with tapping

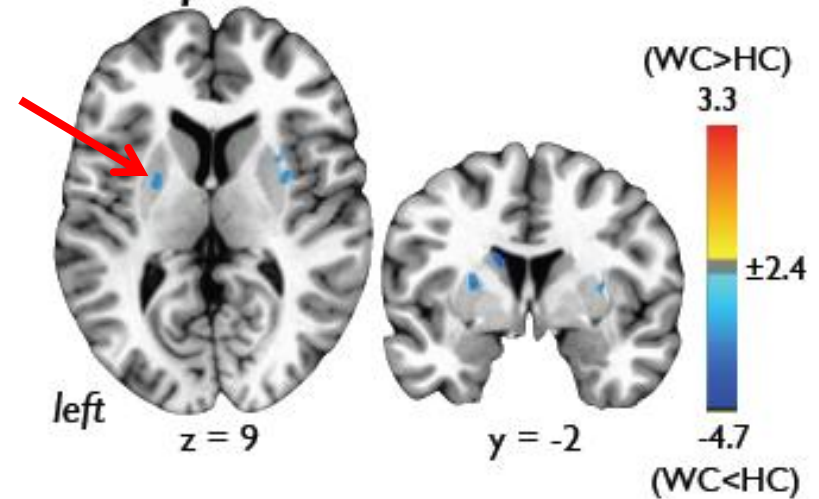
## A. Healthy controls (HC)



## B. Writer's Cramp (WC) patients



## C. WC patients vs. HC



# Translation

- Dopamine can be useful therapy in a number of circumstances

## *THE ANATOMICAL BASIS OF SYMPTOMATIC HEMIDYSTONIA*

5

*N<sup>1</sup>, J. A. OBESO<sup>2</sup>, J. J. ZARRANZ<sup>3</sup> and A. E. LANG<sup>4</sup> by C. D. MARSDELL*

TABLE 7. SUMMARY OF DISTRIBUTION OF LESIONS RESPONSIBLE FOR DYSTONIA IN 13 PATIENTS WITH CT SCAN LOCALIZATION AND 7 PATIENTS WITH PATHOLOGY, COMBINED WITH 28 PATIENTS FROM THE PRESENT STUDY

Site of dystonia	Thalamus		Caudate nucleus		Lentiform nucleus		Internal capsule		Cortex	
	Single	Combined	Single	Combined	Single	Combined	Single	Combined	Single	Combined
Hemidystonia	—	1	1	7	1	8	—	5	—	—
Arm dystonia	1	—	1	3	1	3	—	—	—	—
Hand dystonia	1	1	—	—	1	1	—	—	—	—
Foot dystonia	—	—	—	—	—	—	—	—	—	—
Torticollis	—	—	—	1	—	1	—	—	—	—
Total	2	2	2	11	3	13	0	5	0	0
		4		13		16		5		0
Data in Table 7 combined with Table 4	6	7	5	21	6	24	0	13	0	4
		13		26		30		13		4

*is (particularly the putamen) or examination, was in the contralateral caudate nucleus, lentiform nucleus patients in the literature with thalamus, or in a combination of these structures. Review of 13 other patients with pathologically discrete hemidystonia and lesions defined by CT scan, and of 7 other patients with lesions associated with hemidystonia, also indicated involvement of these structures. Dystonia may be due to abnormal input from thalamus to premotor cortex, due to lesions either of the thalamus itself, or due to abnormal input from thalamus to premotor cortex, due to lesions either of the striatum projecting by way of the globus pallidus to the thalamus.*



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## Secondary blepharospasm associated with structural lesions of the brain

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### ARTICLE INFO

### ABSTRACT

Among all 48 cases, lesions were found in multiple regions including the thalamus (n = 12), lower brainstem (n = 11), basal ganglia (n = 9), cerebellum (n = 9), midbrain (n = 7), and cortex (n = 1).

Thalamus

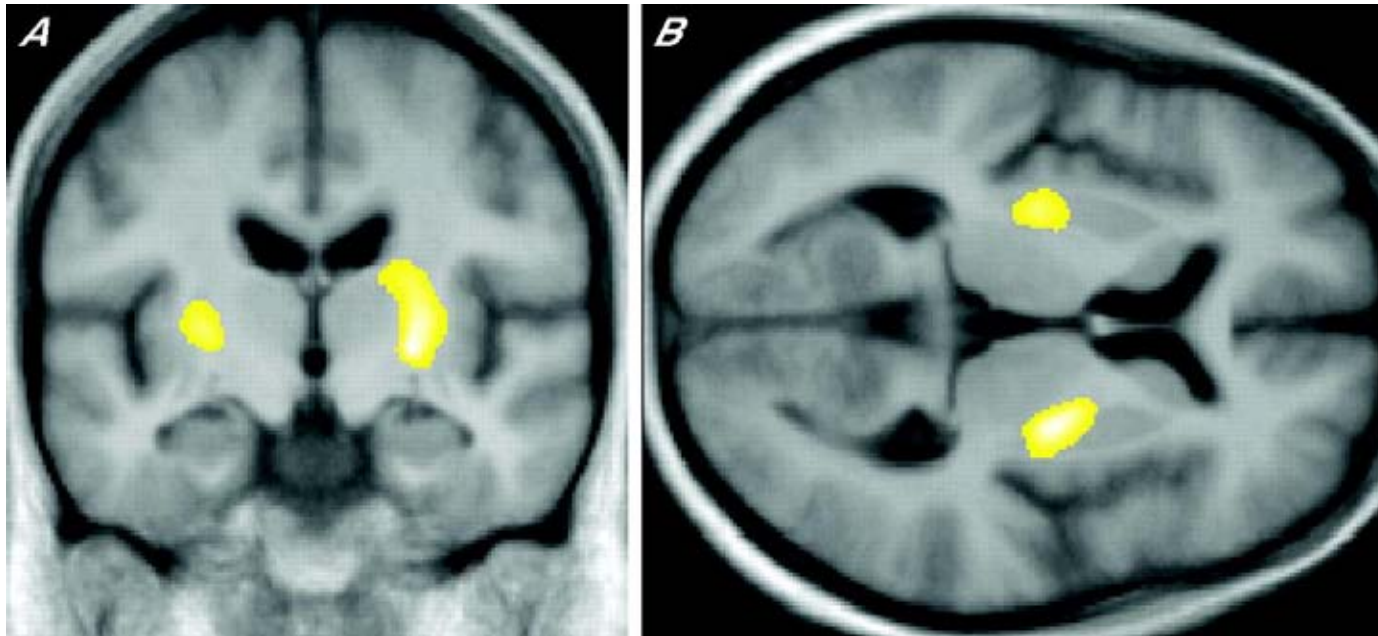
(n = 12), lower brainstem (n = 11), basal ganglia (n = 9), cerebellum (n = 9), midbrain (n = 7), and cortex (n = 1).

**Conclusions:** These data in combination with functional imaging studies of primary blepharospasm support a model in which a network of different regions plays a role in the pathogenesis of blepharospasm.

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## Voxel Based Morphometry, VBM

**Grey-matter increase bilaterally in the putamen in Blepharospasm.  
Results are projected on (A) coronal and (B) axial slices of the study-specific averaged  
T1-image in a standard stereotactic space derived from all the 32 study participants.**



**Etgen, T et al. J Neurol Neurosurg Psychiatry 2006;77:1017-1020**



FIG. 3. Blepharospasm patients show gray matter density increase compared with healthy controls.

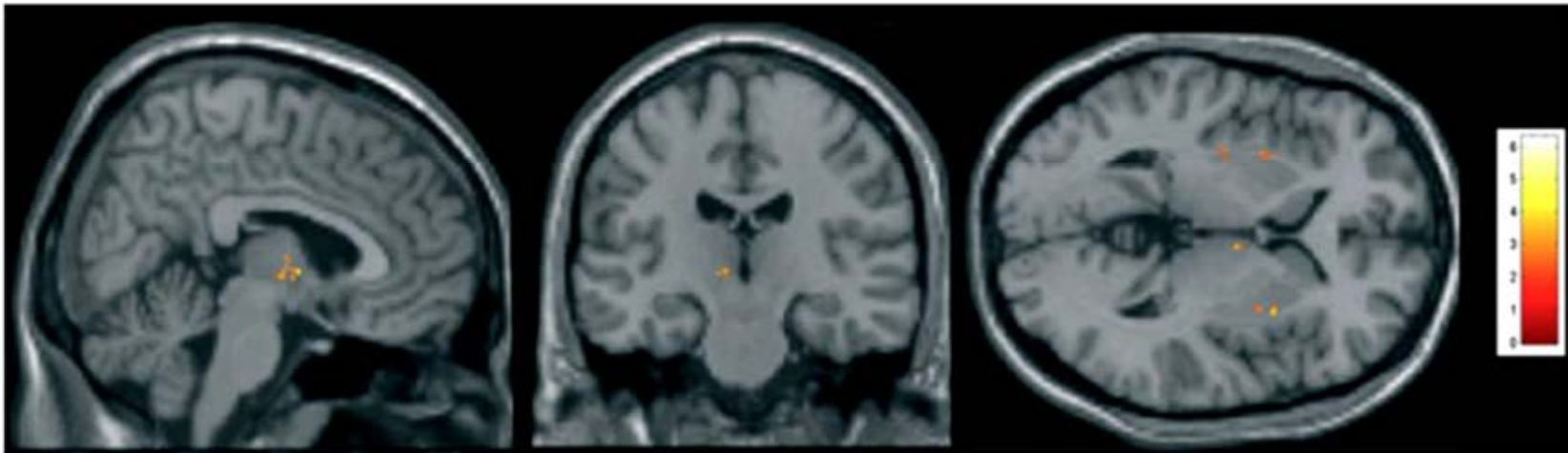
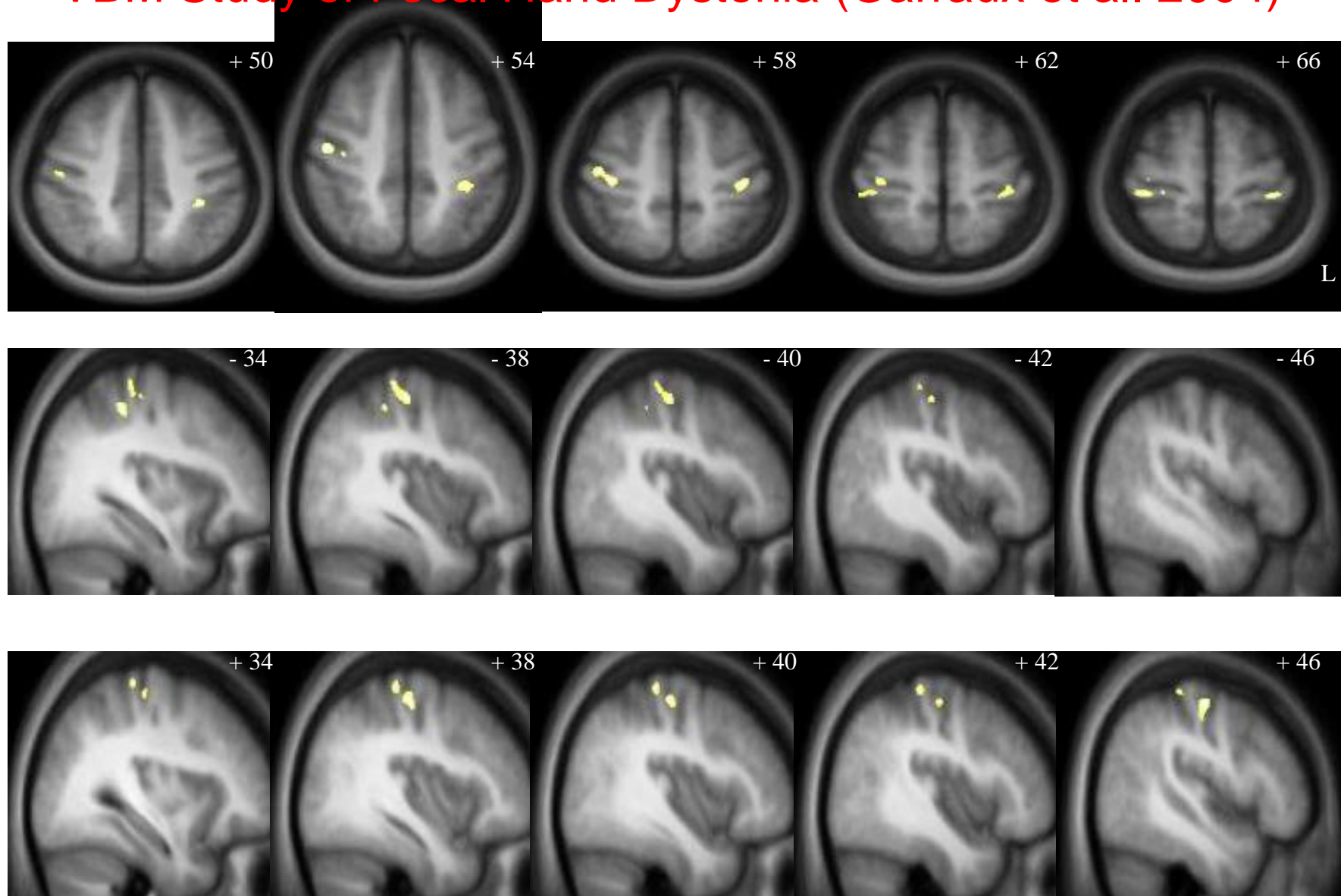


FIG. 4. Blepharospasm patients show gray matter density decrease compared with healthy controls.

BEB subjects had increased gray matter in the caudate head and cerebellum bilaterally as well as decrease in the putamen and thalamus bilaterally.

Obermann et al. 2007

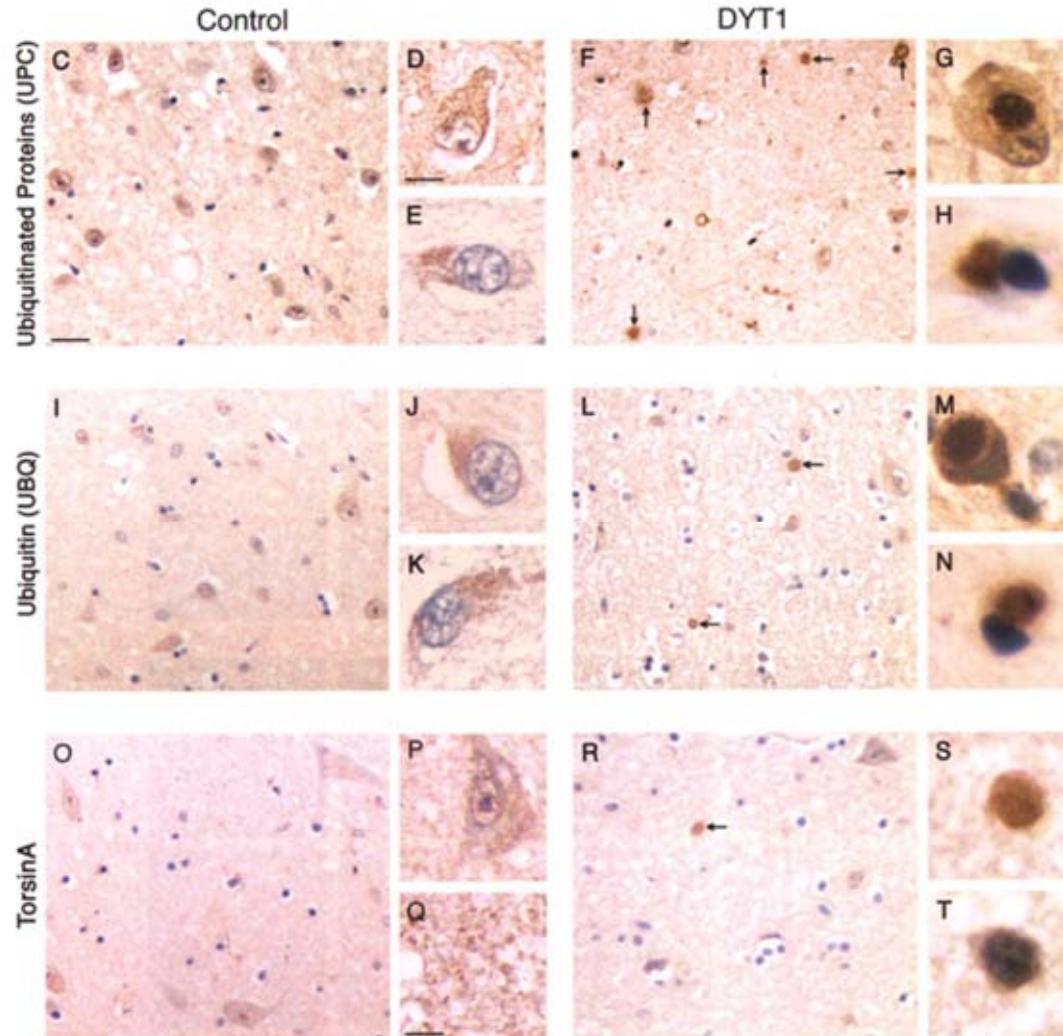
## VBM Study of Focal Hand Dystonia (Garraux et al. 2004)



Increased gray matter in sensory cortex bilaterally

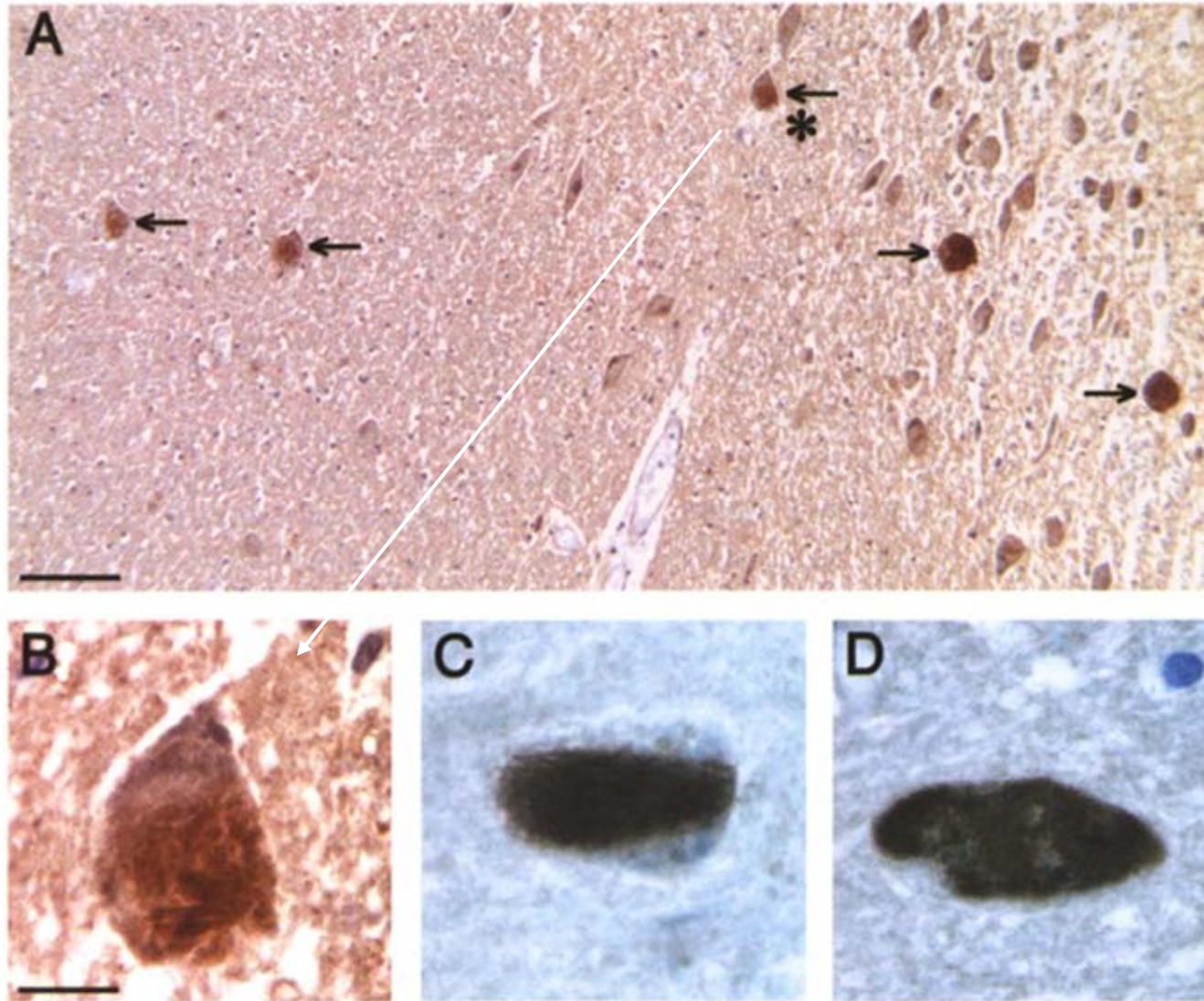
# Pathology in DYT1 dystonia:

Perinuclear inclusions in midbrain reticular formation and periaqueductal gray (including the PPN)





# Pathology in DYT1 dystonia: Tau/Ubiquitin staining in SNpc and LC

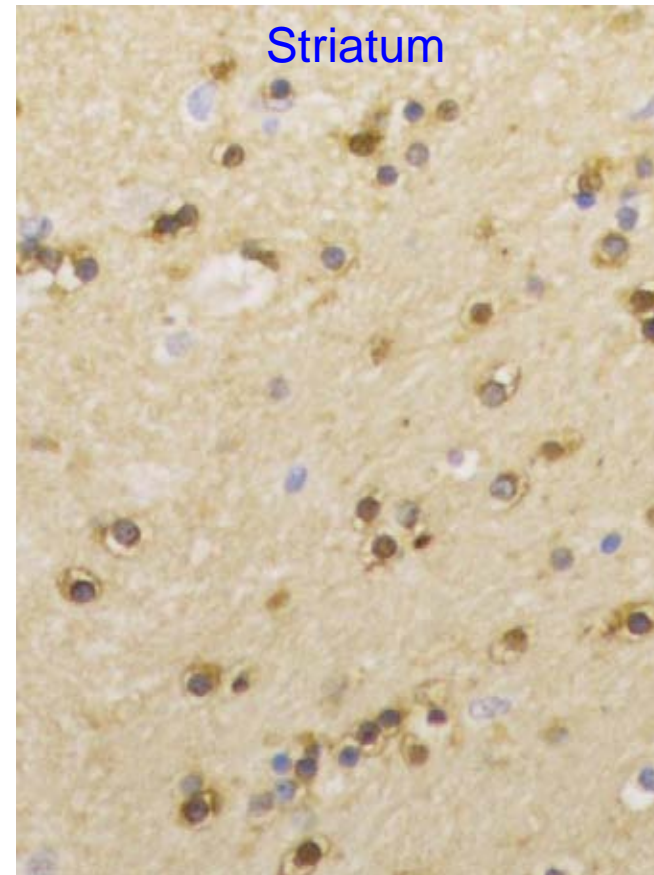
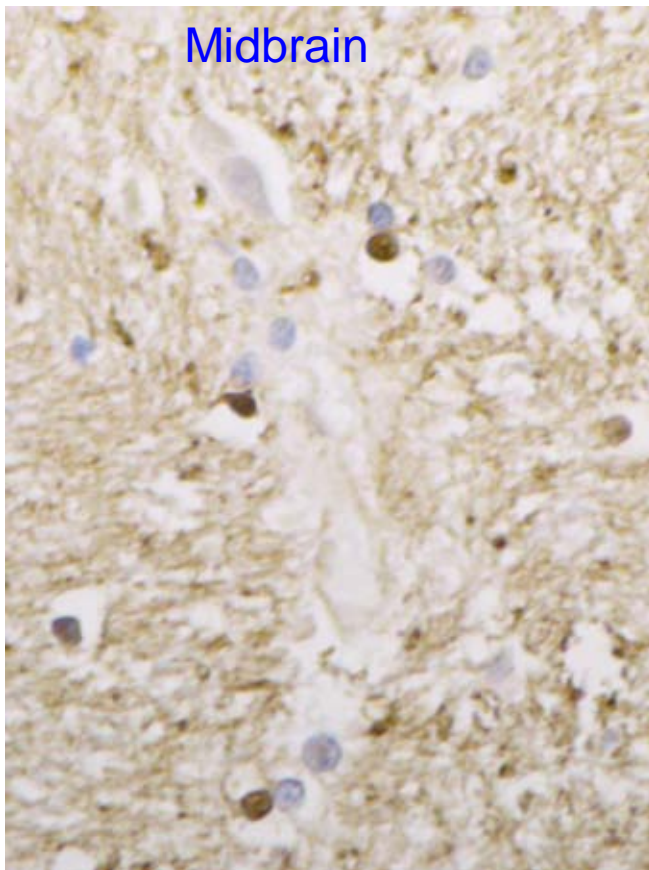


A-C is LC  
D is SNpc

A-B is ubiquitin  
staining

C-D is tau  
staining

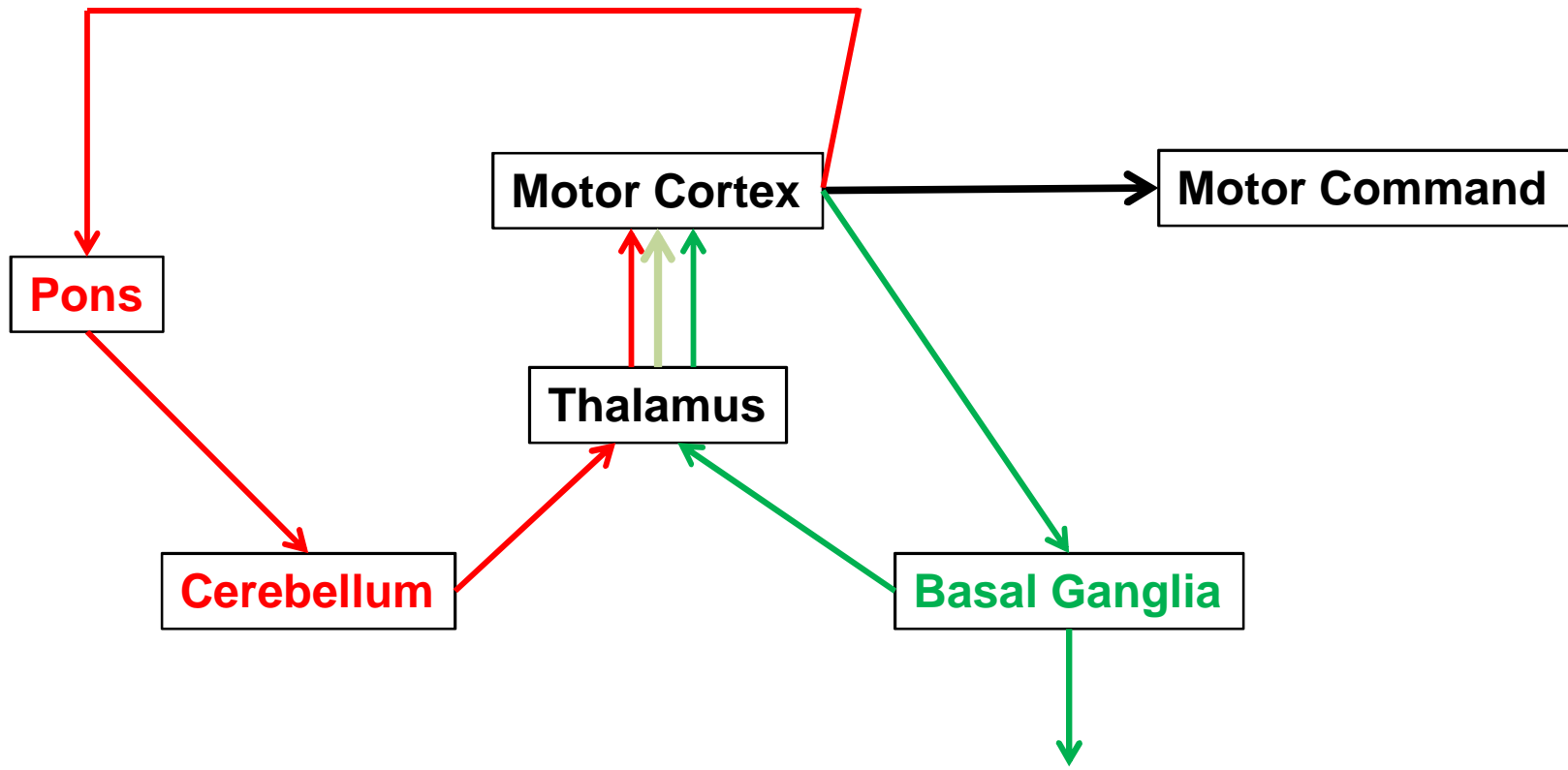
## Pathology in DYT1 dystonia: NIH work in progress

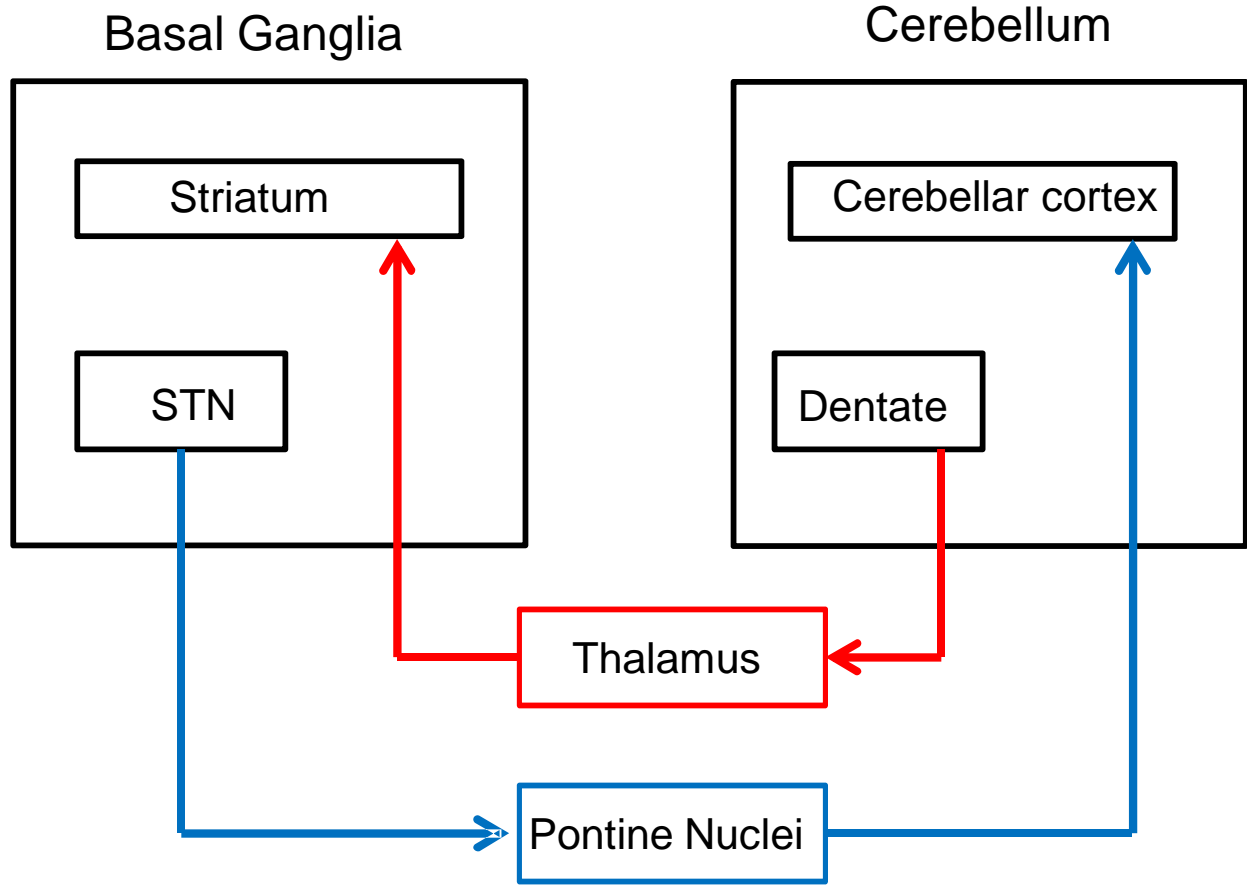


Ubiquitin protein conjugate staining of midbrain (3 of 5 cases) AND striatum (5 of 7 cases)  
Also some TorsinA staining in both regions...

Ray-Chaudhury, Rahimpour, Tinaz, Edwards, Hallett

# Subcortical Influences





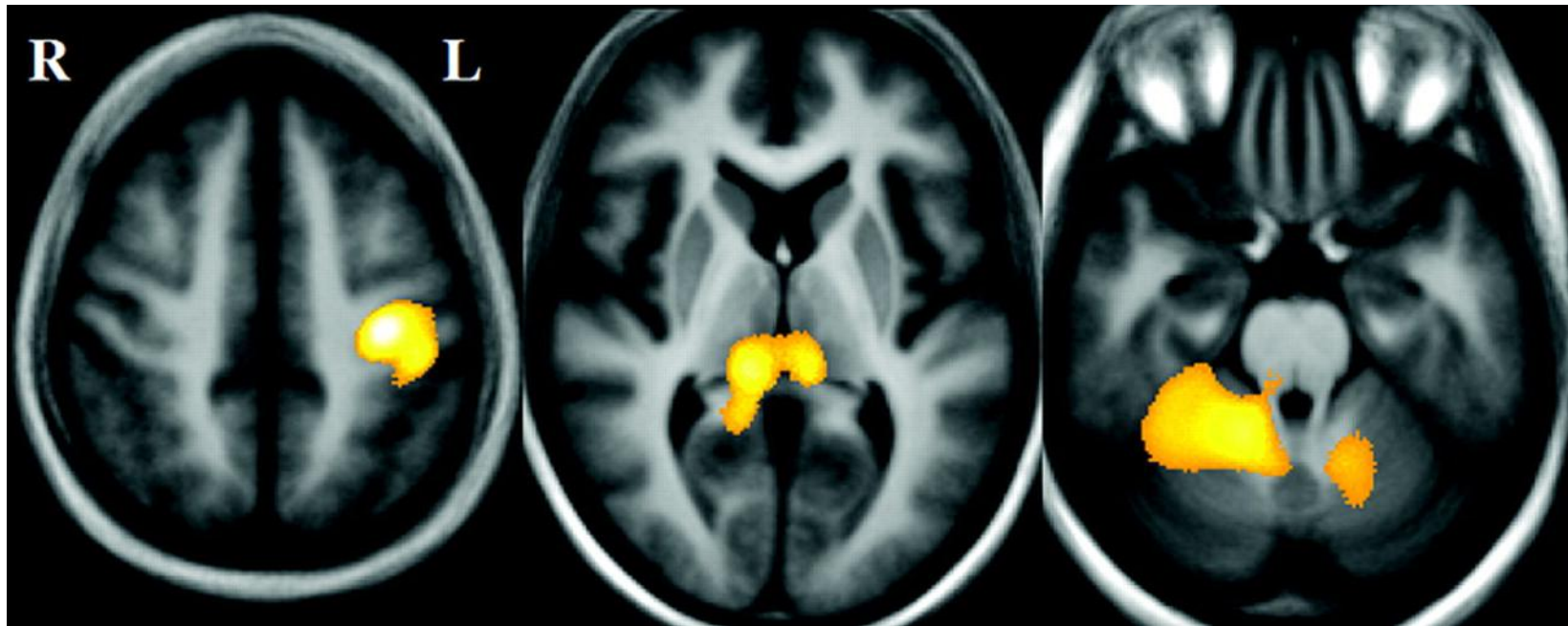
# Role of the Cerebellum in Dystonia

- Animal models
  - Calderon et al. *Nat Neurosci* 2011: model of DYT12
  - Raike et al. *Neurobiol Dis* 2012: limited Purkinje cell lesions produced focal dystonias
- TMS studies
  - Brighina et al. *Exp Brain Res* 2009: reduced cerebellar-motor cortex inhibition
- Cerebellar control of cortical plasticity
  - Hubsch et al. *Brain* 2013: reduced cerebellar influence on paired-associative stimulation in motor cortex
- Eye blink conditioning
  - Teo et al. *JNNP* 2009: reduced conditioning

# Role of the Cerebellum in Dystonia

- Imaging
  - Structural abnormalities
    - Delmaire et al. *Neurology* 2007: decreased gray matter
  - Activation abnormalities
    - Niethammer et al. *Neurobiol Dis* 2011: PET: increase in normal motor-related activation pattern (NMRP)
    - Several studies: fMRI: various (mild) abnormalities
  - Connectivity abnormalities
    - Argyelan et al. *J Neurosci* 2009
    - Gallea et al. In preparation

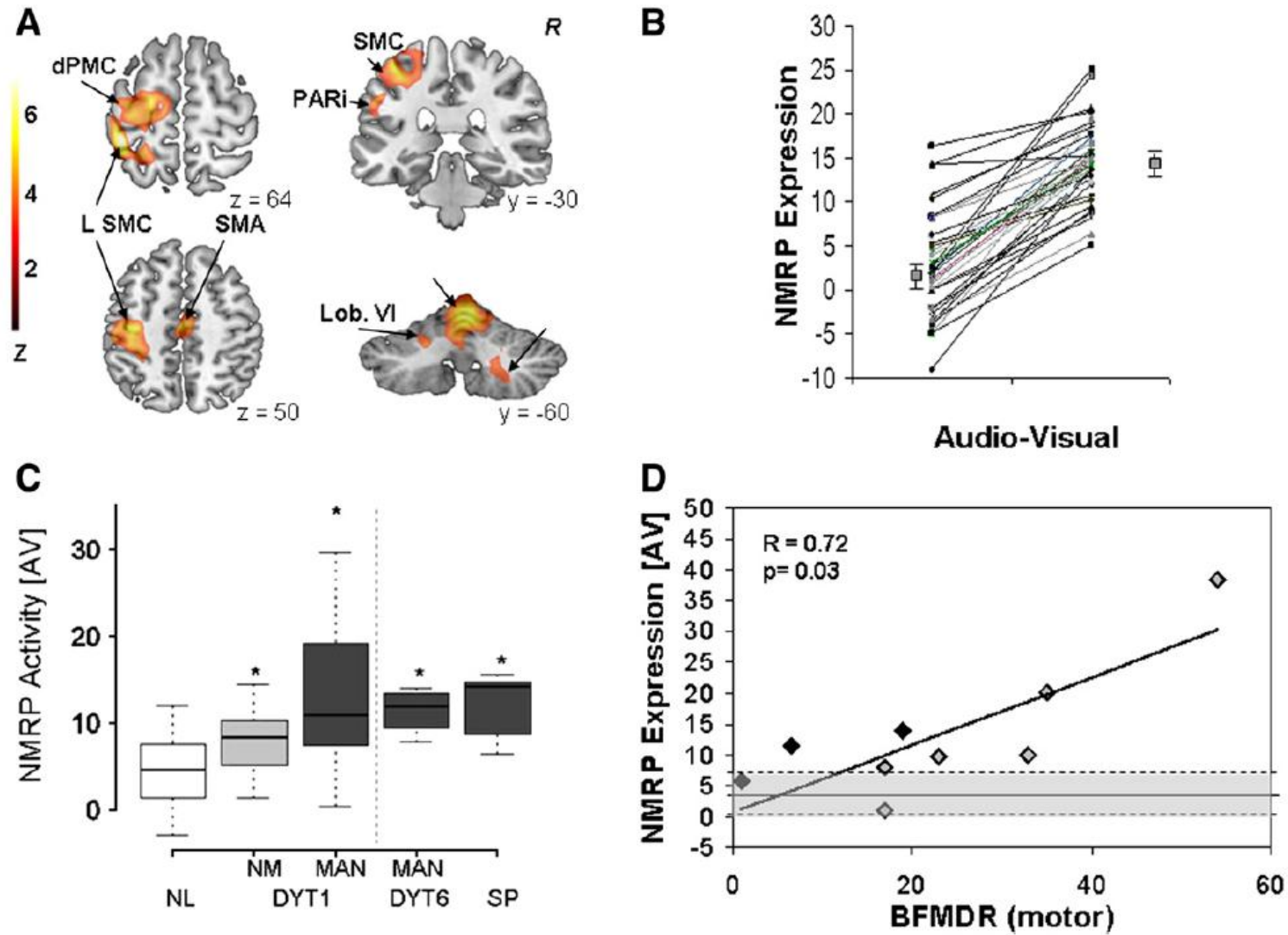
**Statistical parametric maps demonstrating structural decrease in gray matter between patients with focal hand dystonia and control subjects**



Delmaire C et al. Neurology 2007;69:376-380



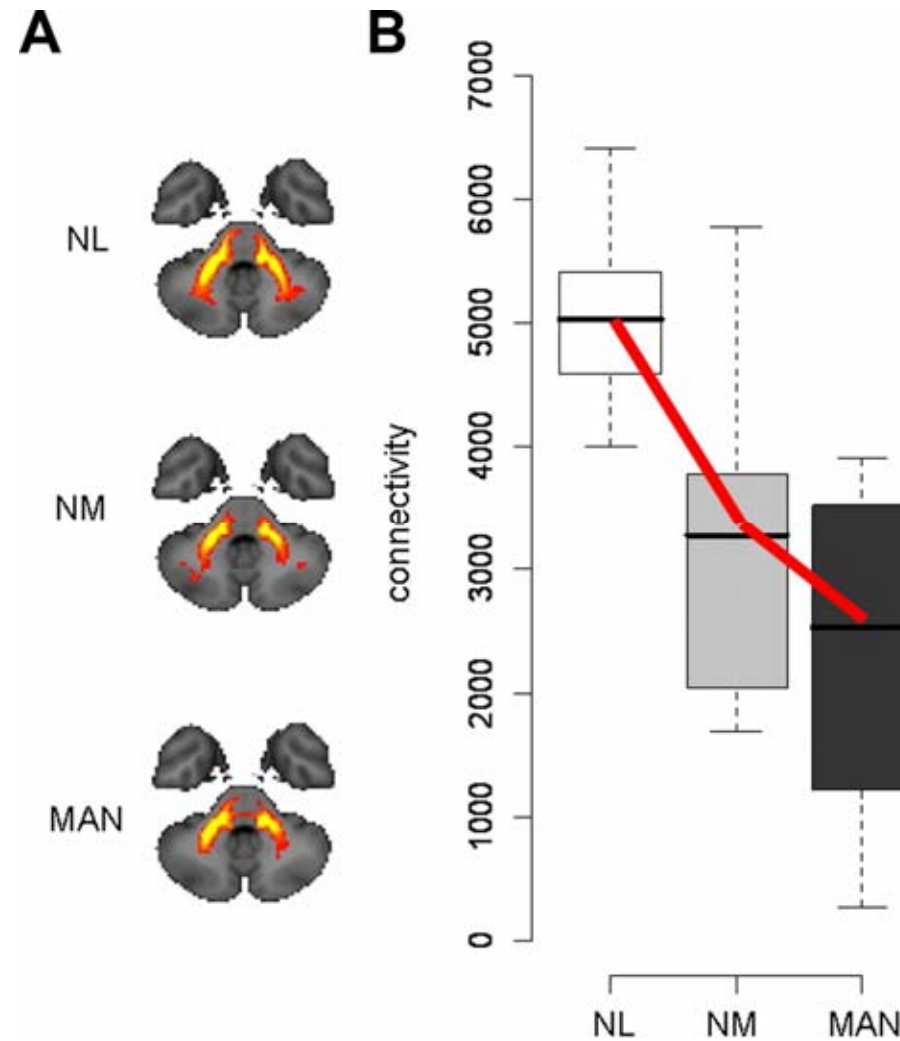
“Normal motor-related activation pattern” (NMRP) in DYT1



Martin Niethammer, Maren Carbon, Miklos Argyelan, David Eidelberg  
**Hereditary dystonia as a neurodevelopmental circuit disorder: Evidence from neuroimaging**  
 Neurobiology of Disease Volume 42, Issue 2 2011 202 - 209  
<http://dx.doi.org/10.1016/j.nbd.2010.10.010>



# Reduced dentatothalamic DTI in DYT1 gene carriers

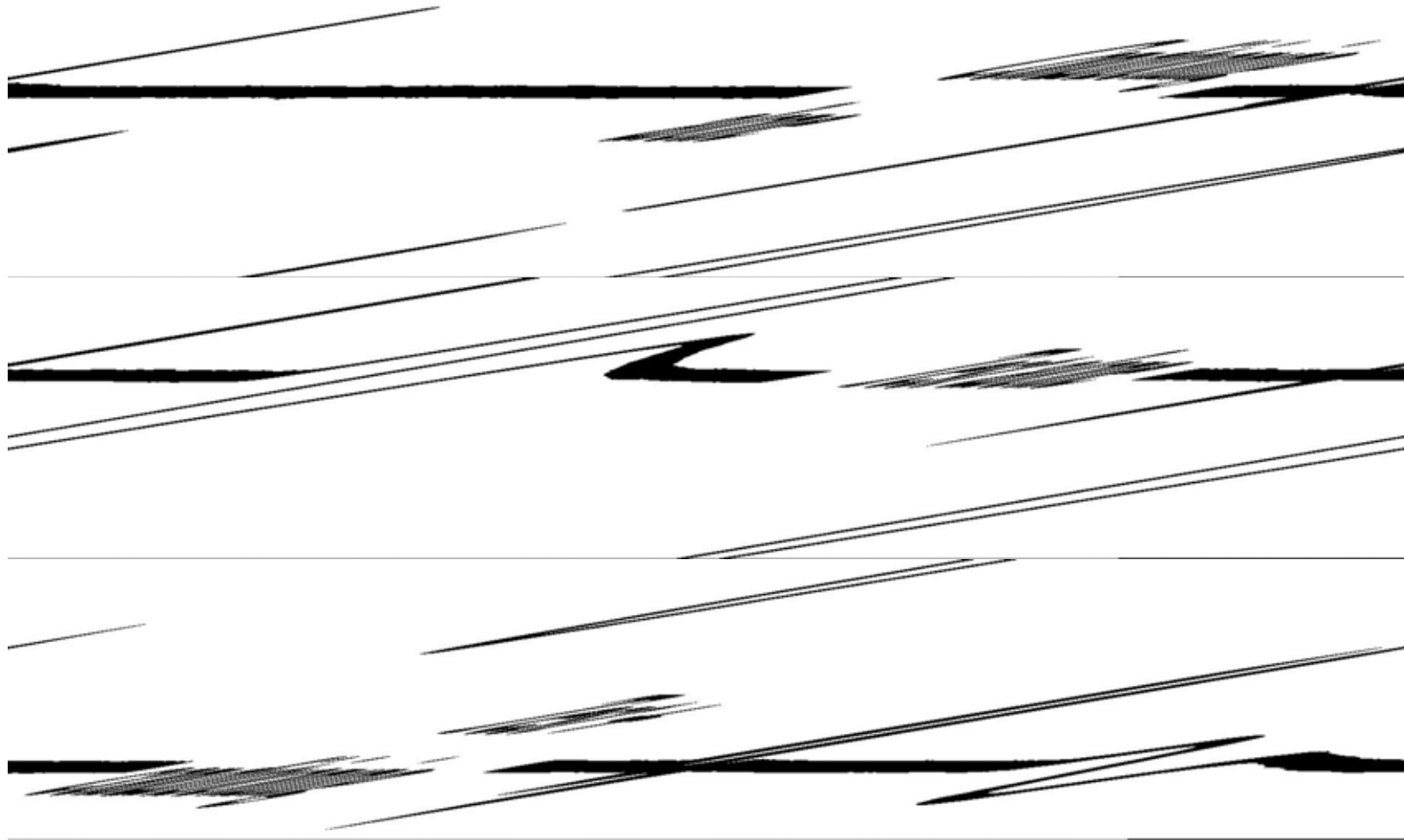


Argyelan M et al. J. Neurosci. 2009;29:9740-9747

# Pathophysiology

- Loss of inhibition
  - Demonstrated in many inhibitory networks at spinal, brainstem and cortical levels
  - Surround inhibition is specifically affected
- Sensory abnormalities
  - Subtle but definite effects in both spatial and temporal discrimination
- Abnormal plasticity
  - “Enhanced” but loss of homeostatic feature

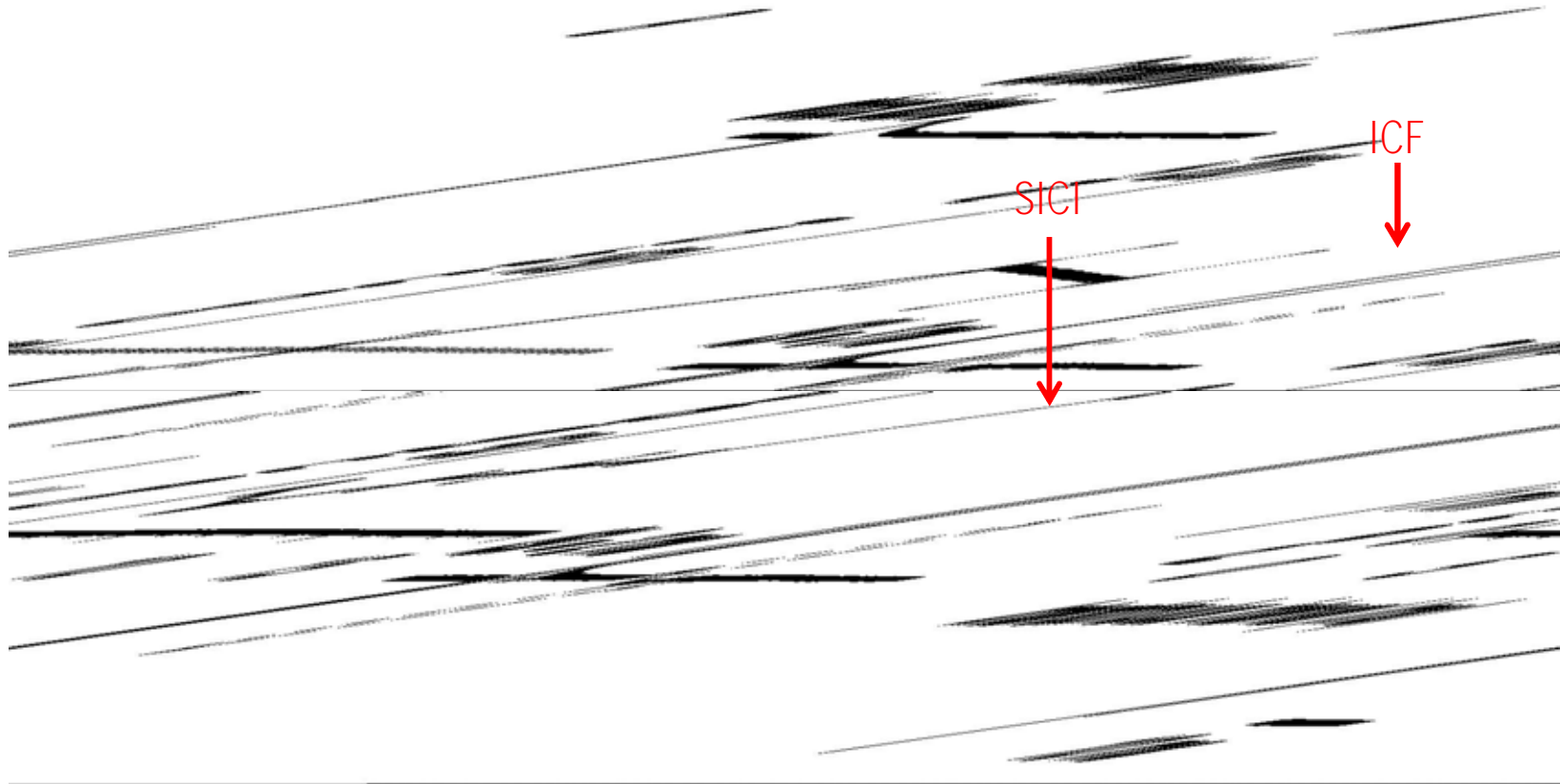
Technique of Paired-Pulse Stimulation  
To assess short intracortical inhibition, SICI  
(and intracortical facilitation, ICF)



2 ms ISI

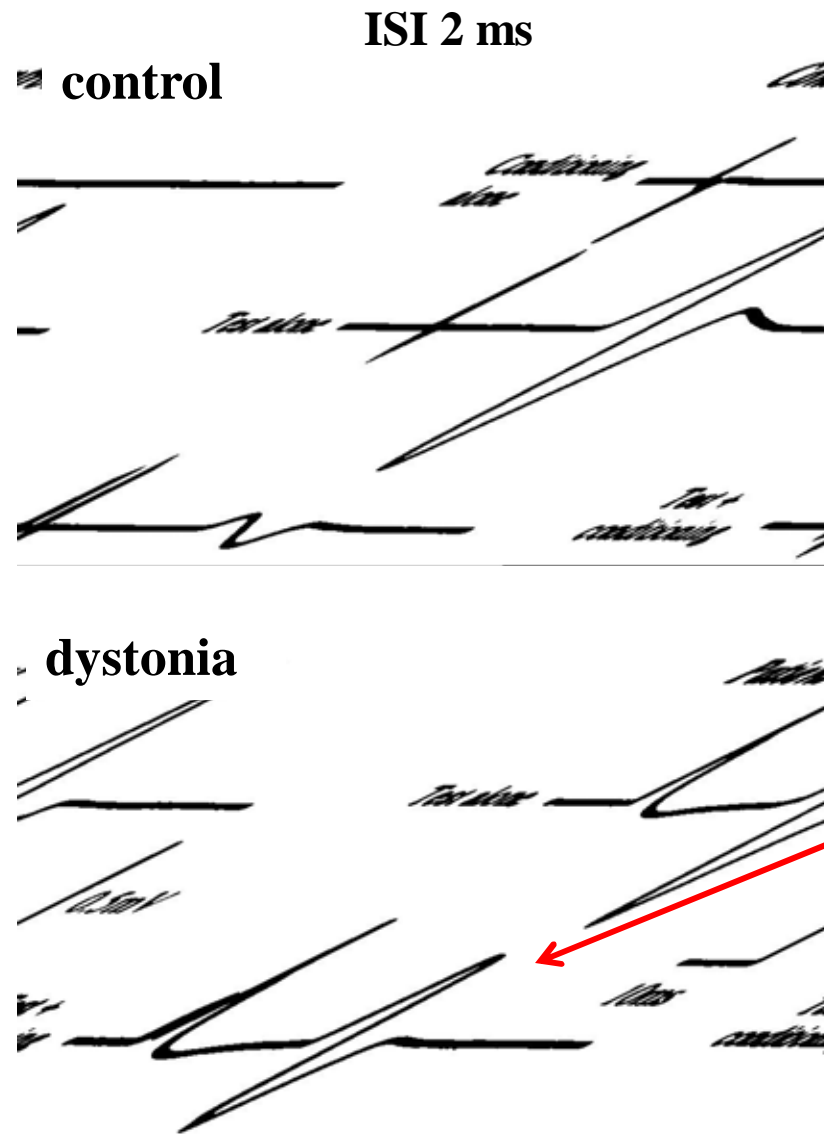
Kujirai et al. 1993

# Technique of Paired-Pulse Stimulation



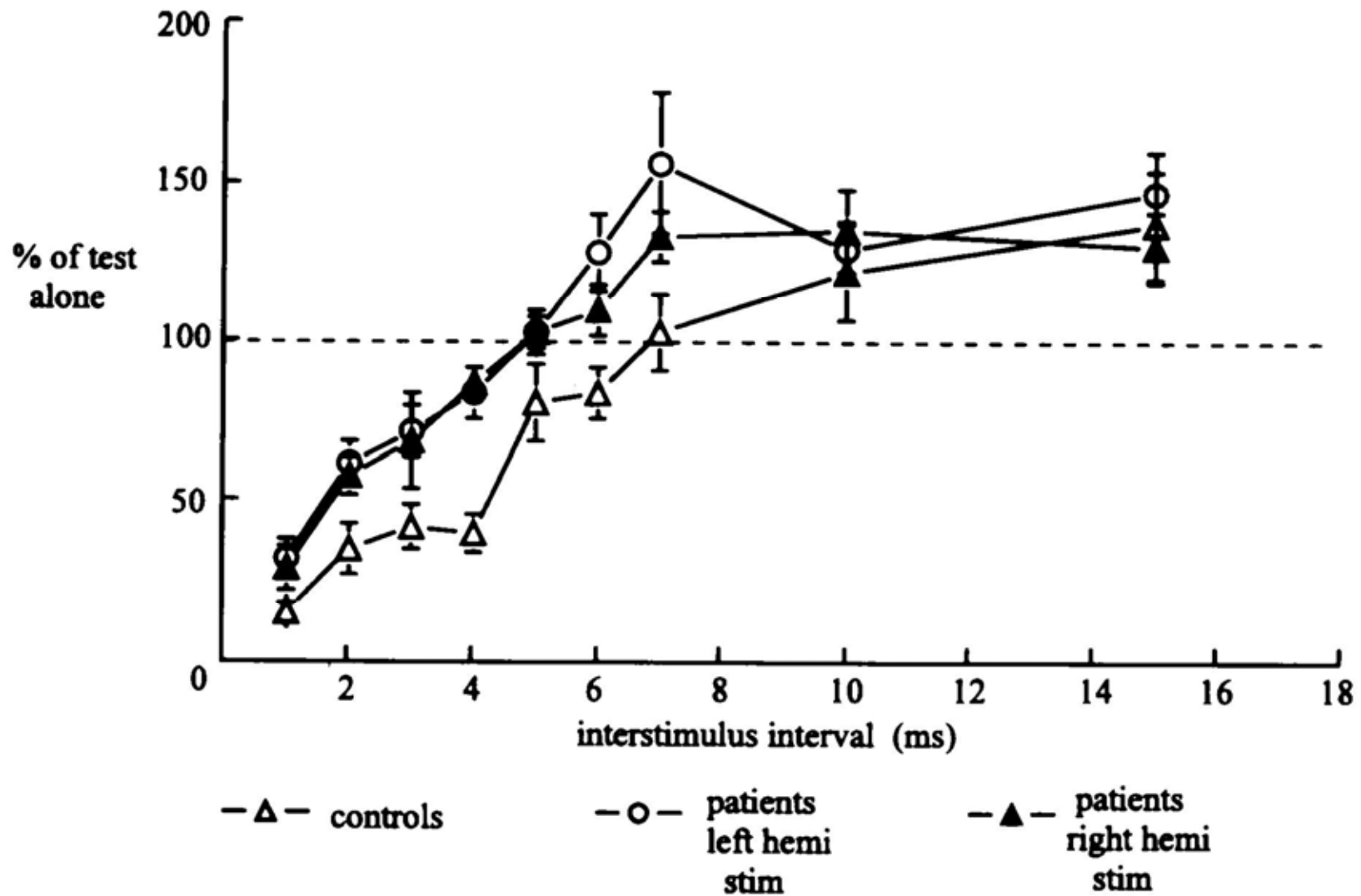
Kujirai et al. 1993

# Intracortical Inhibition In Dystonia



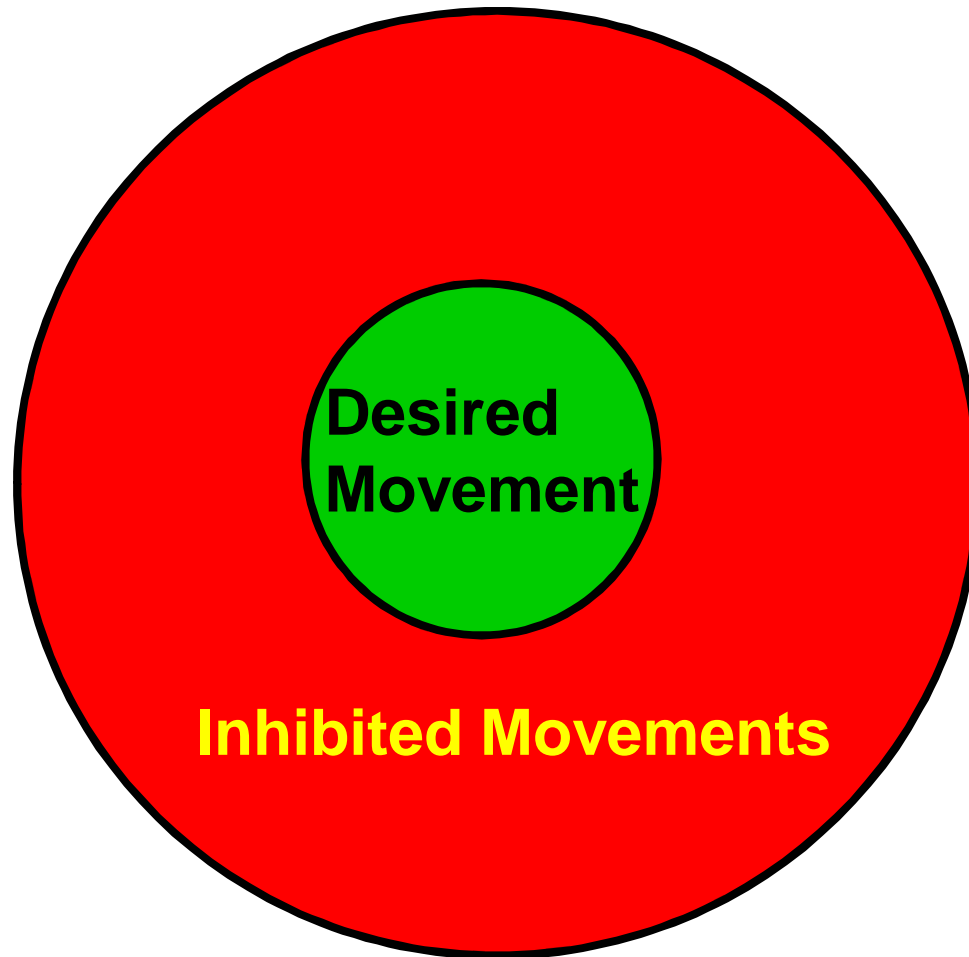
Ridding et al. 1995

# ICI and ICF in Dystonia

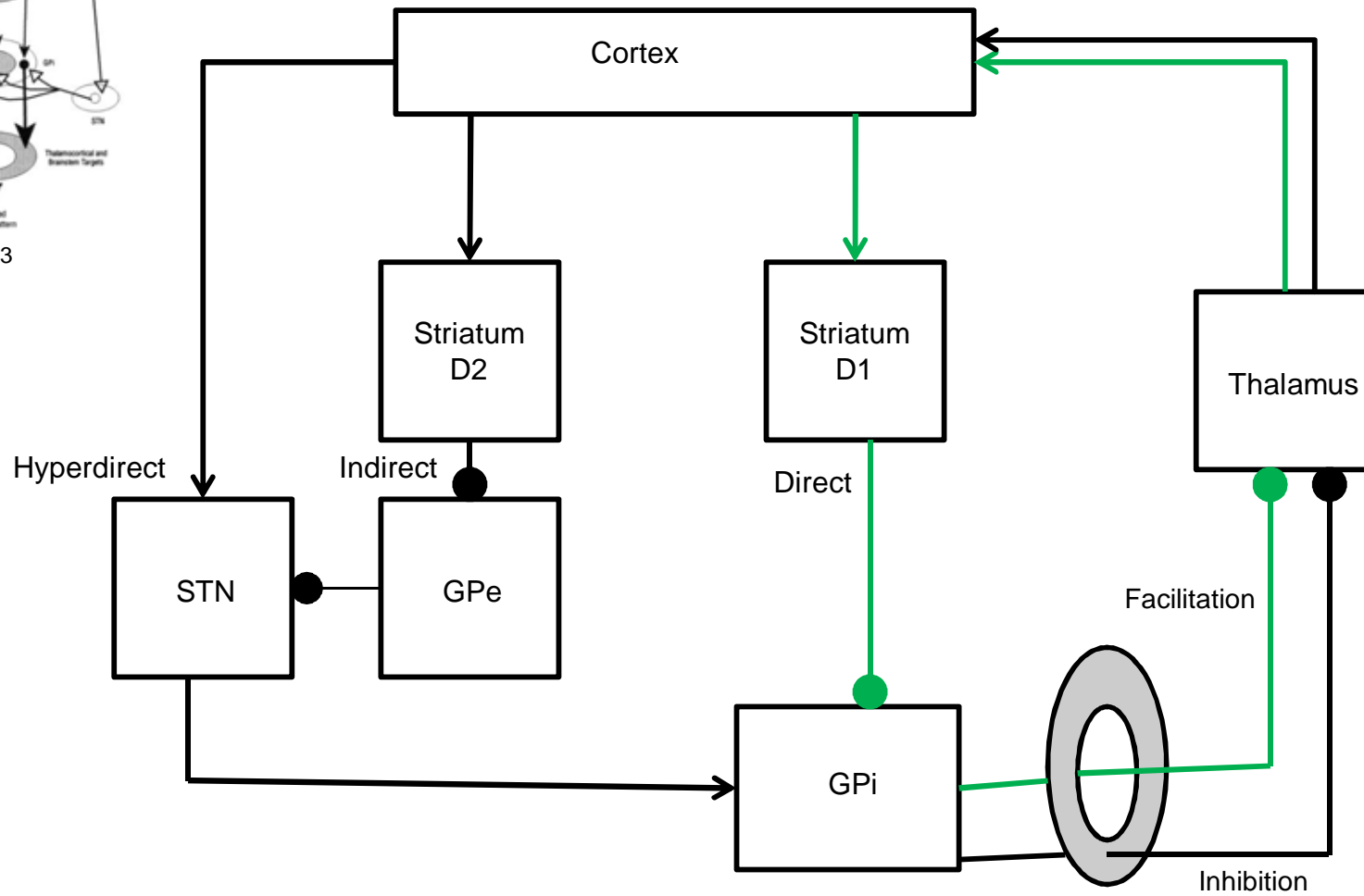
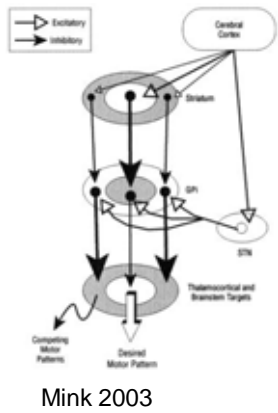


Ridding et al. 1995

# Physiology of making selective movement



Surround Inhibition

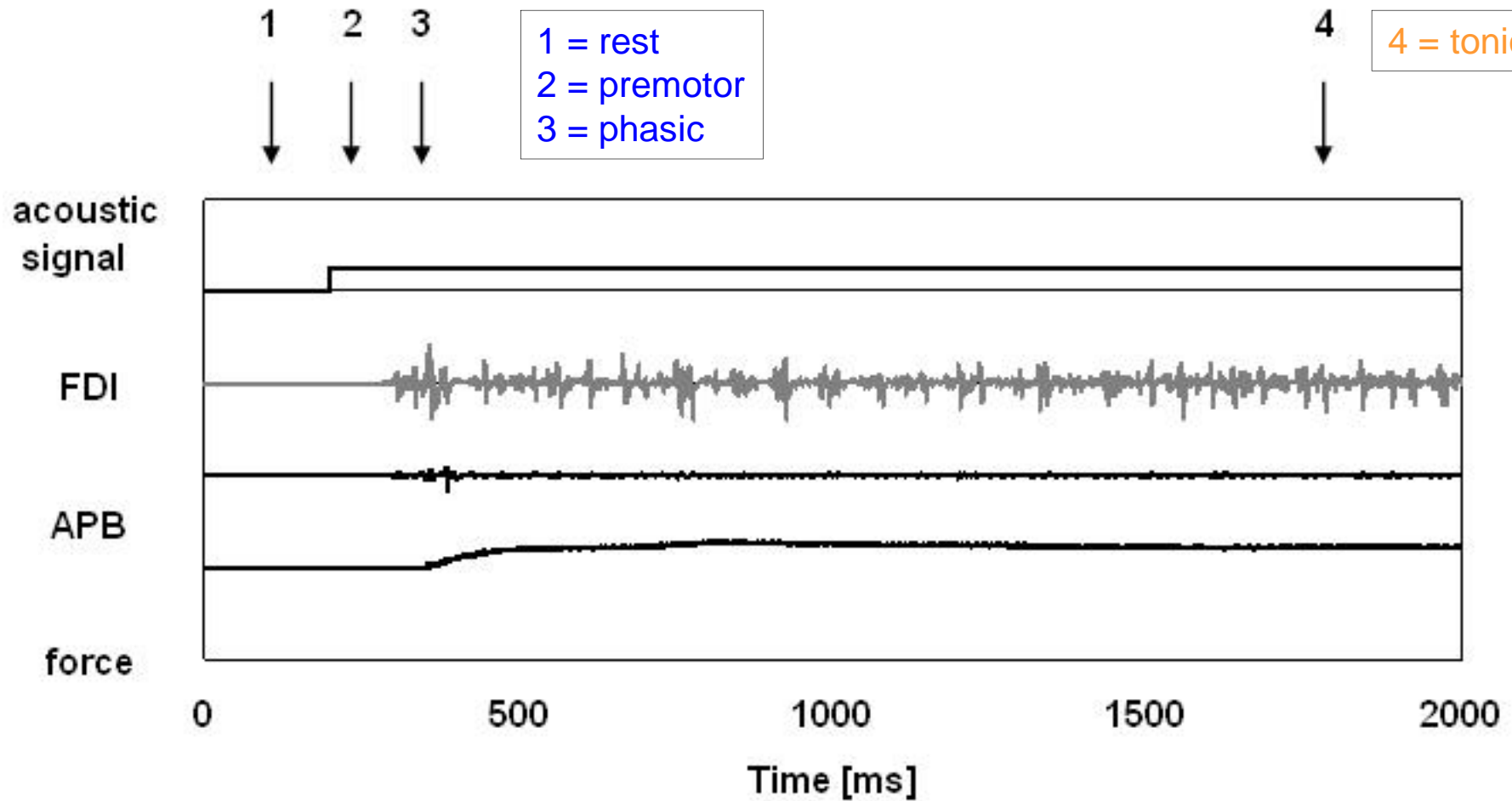


Facilitation occurs with reduction of GPi output  
 Inhibition occurs with increase in GPi output

A center-surround organization of GPi output can sharpen the motor command

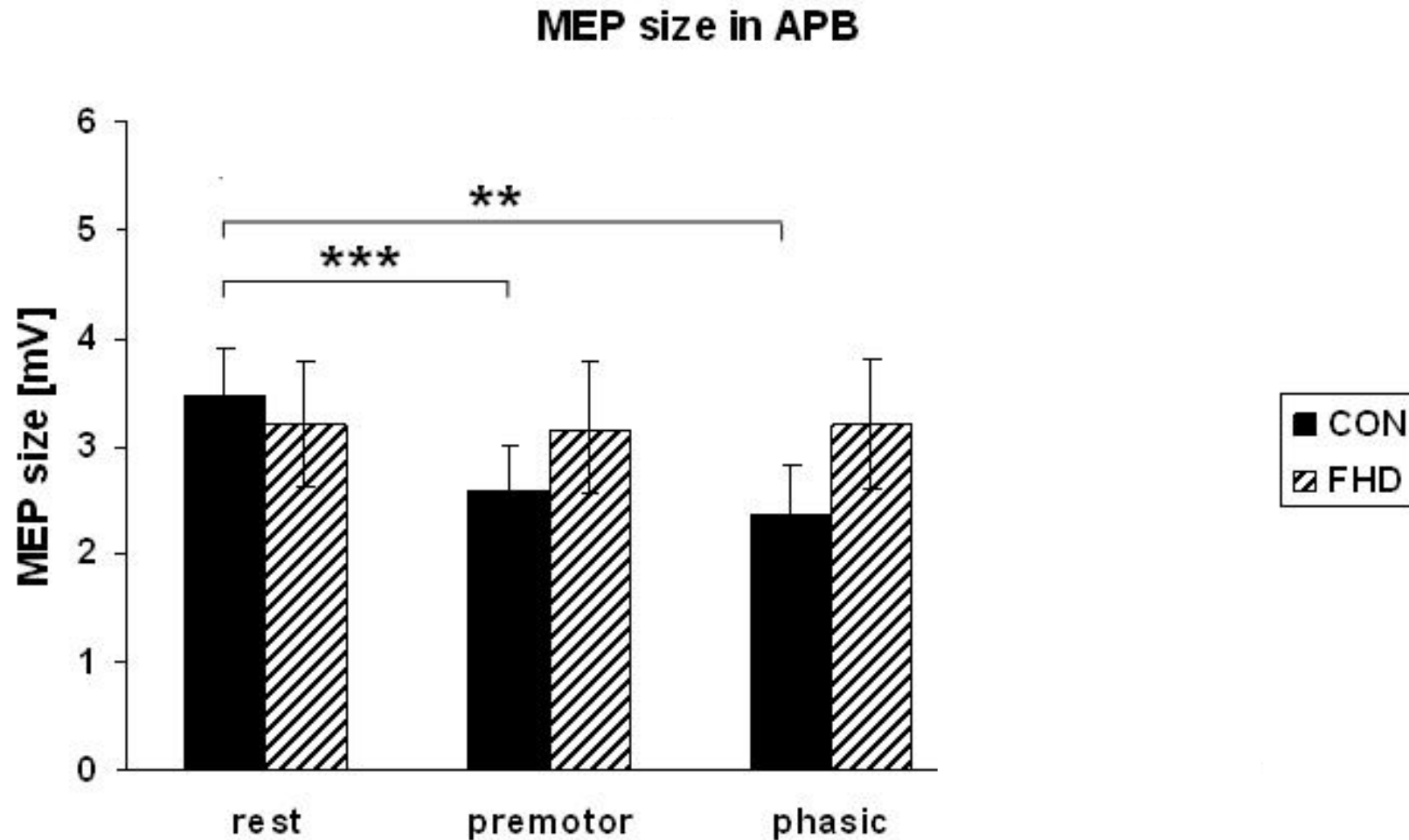


# Method for Studying Surround Inhibition



Beck et al. *J Neurosci* 2008;28:10363

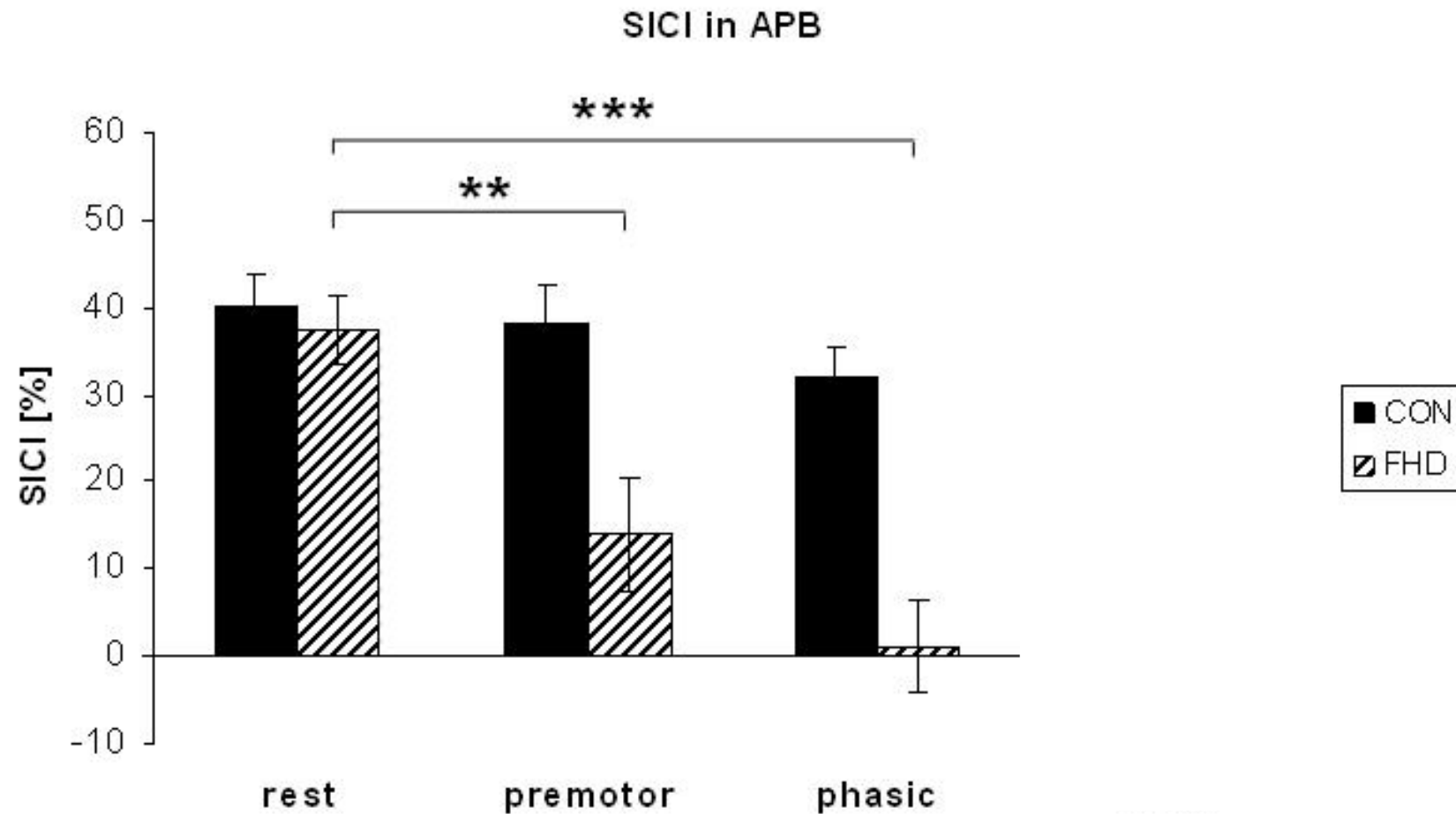
# Surround Inhibition is absent in Focal Hand Dystonia



Beck et al. *J Neurosci* 2008;28:10363

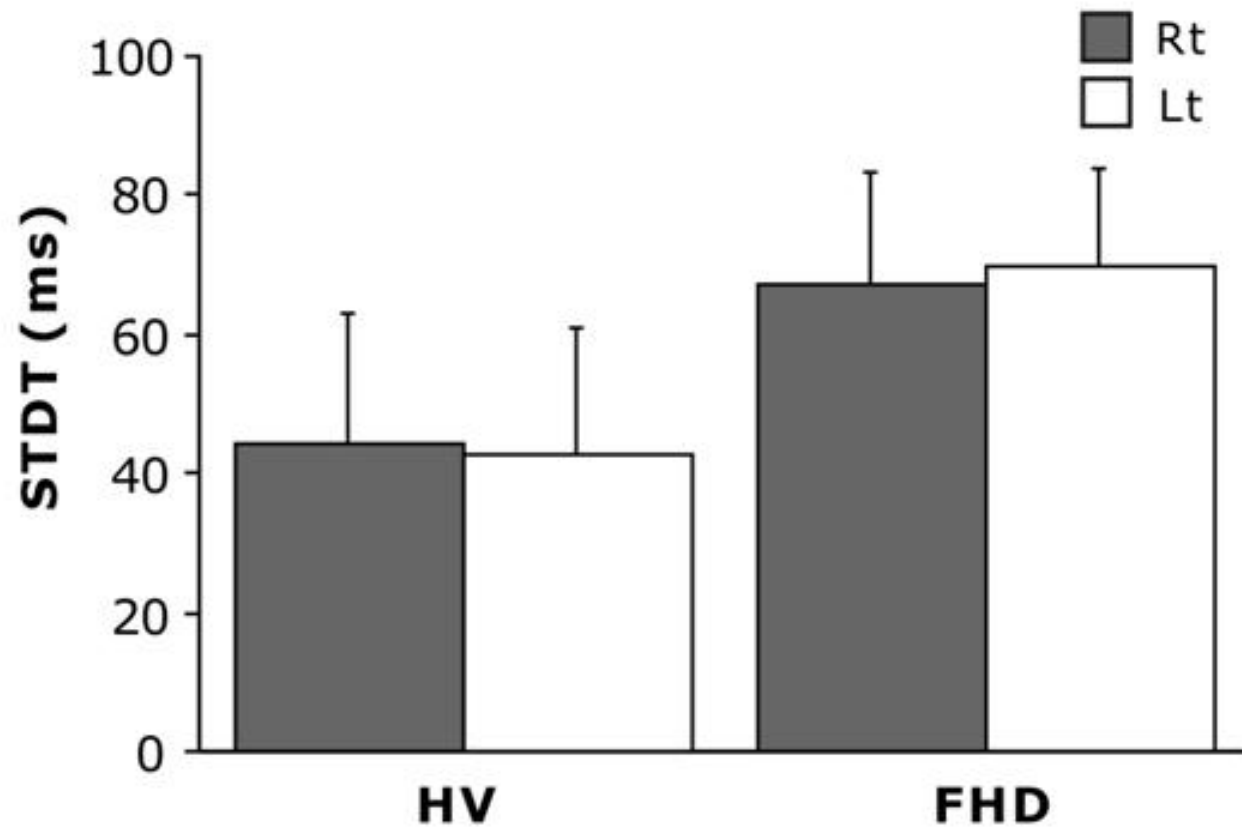
Conclude: Overflow seems due to loss of inhibition

SICI in normals is not a mechanism for SI,  
but it is abnormal in focal hand dystonia



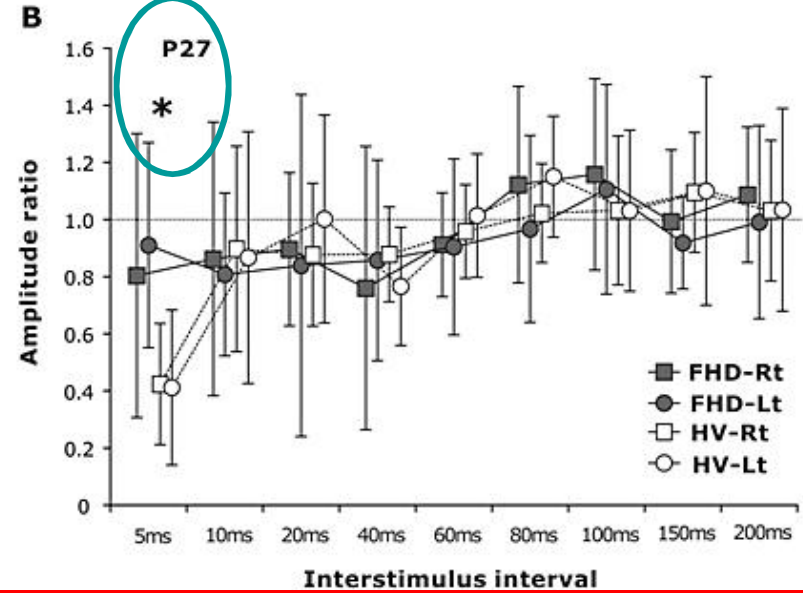
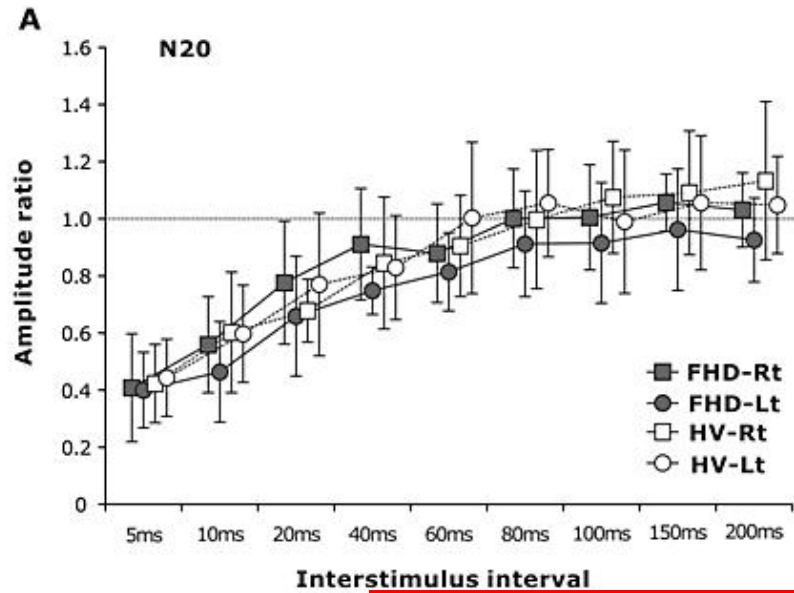
Beck et al. *J Neurosci* 2008;28:10363

# Temporal Discrimination

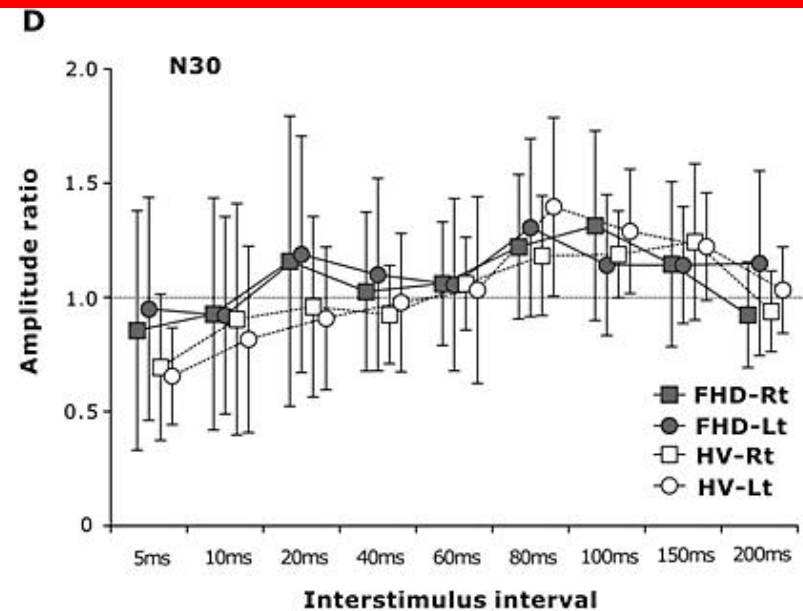
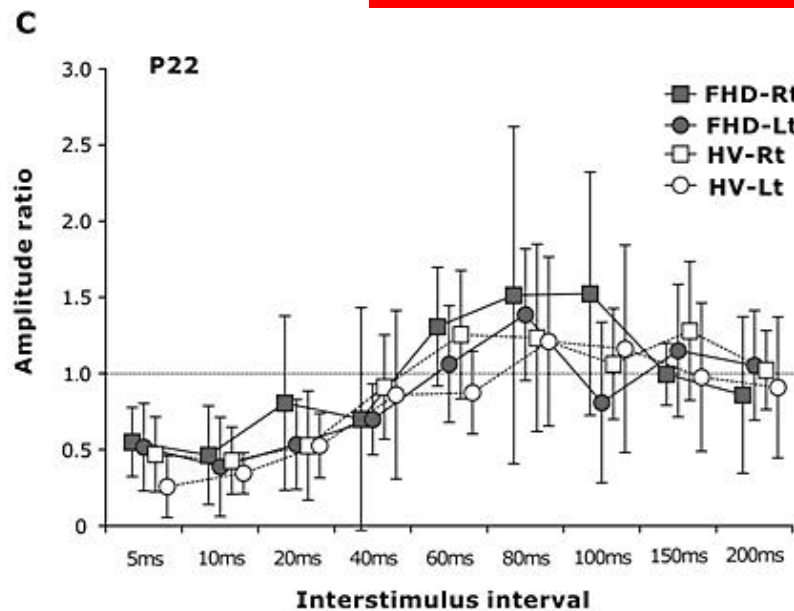


Tamura et al. *Mov Disord* 2008;23:558

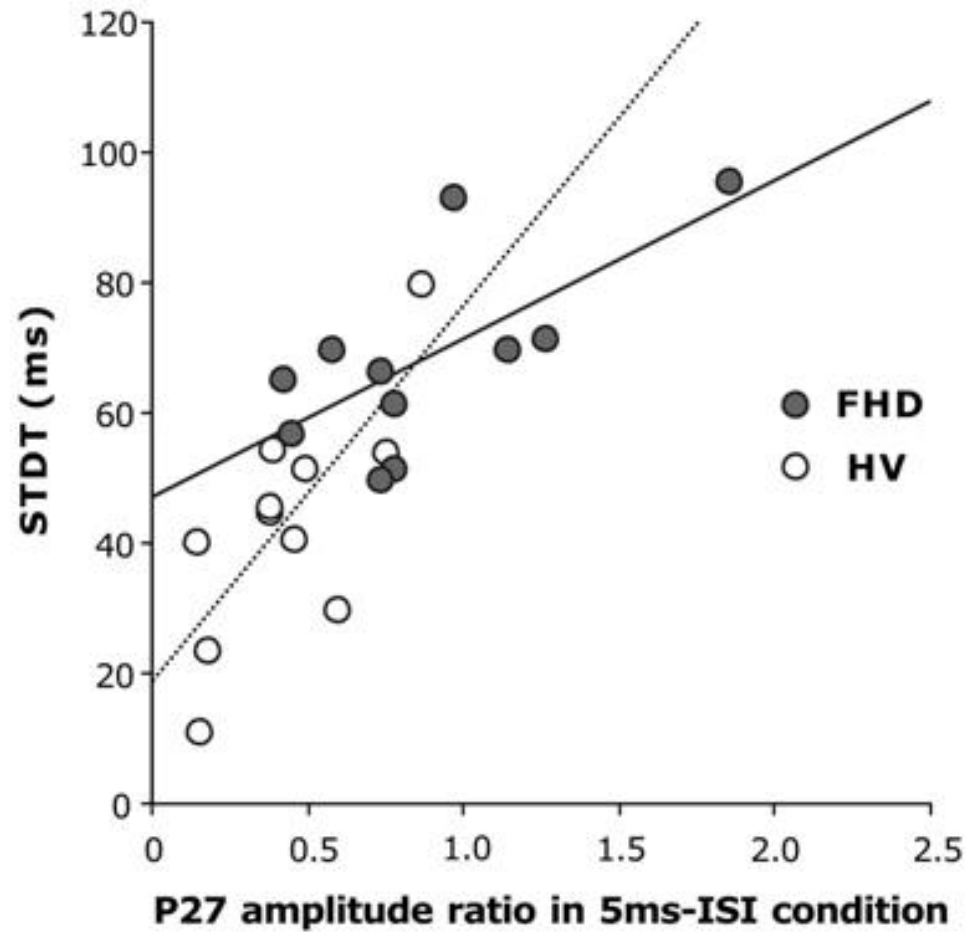
# Influence of a first SEP on a second SEP at various short intervals



\*Sensory dysfunction seems also due to loss of inhibition\*

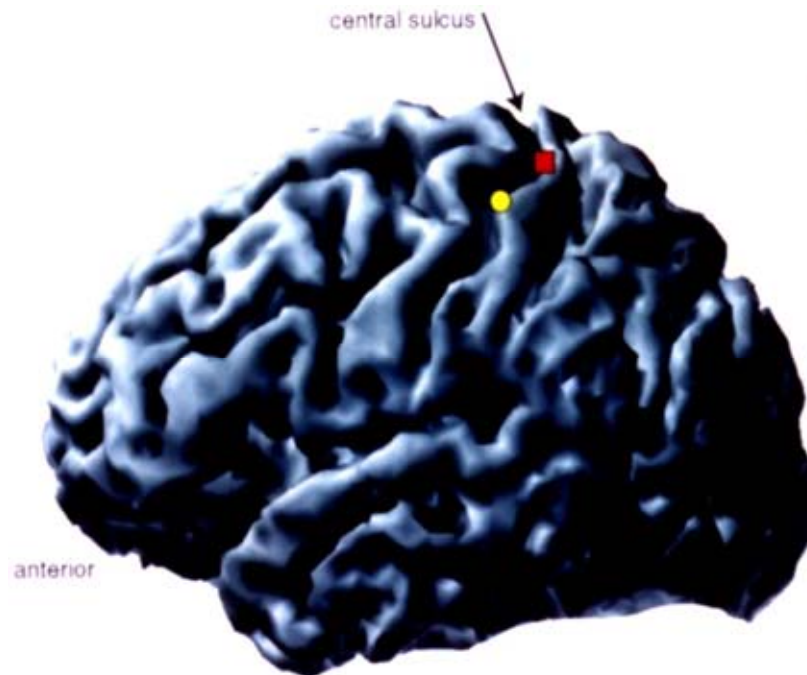


## Temporal Discrimination Correlates with Loss of Sensory Inhibition

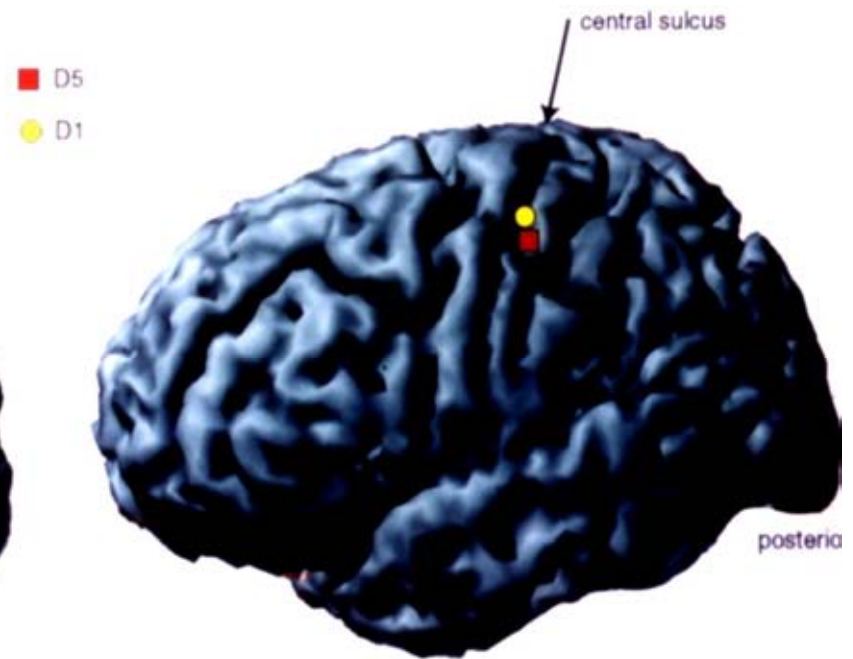


# SEP mapping of fingers

Normal



Dystonia



Bara et al. *Ann Neurol* 1998;44:828

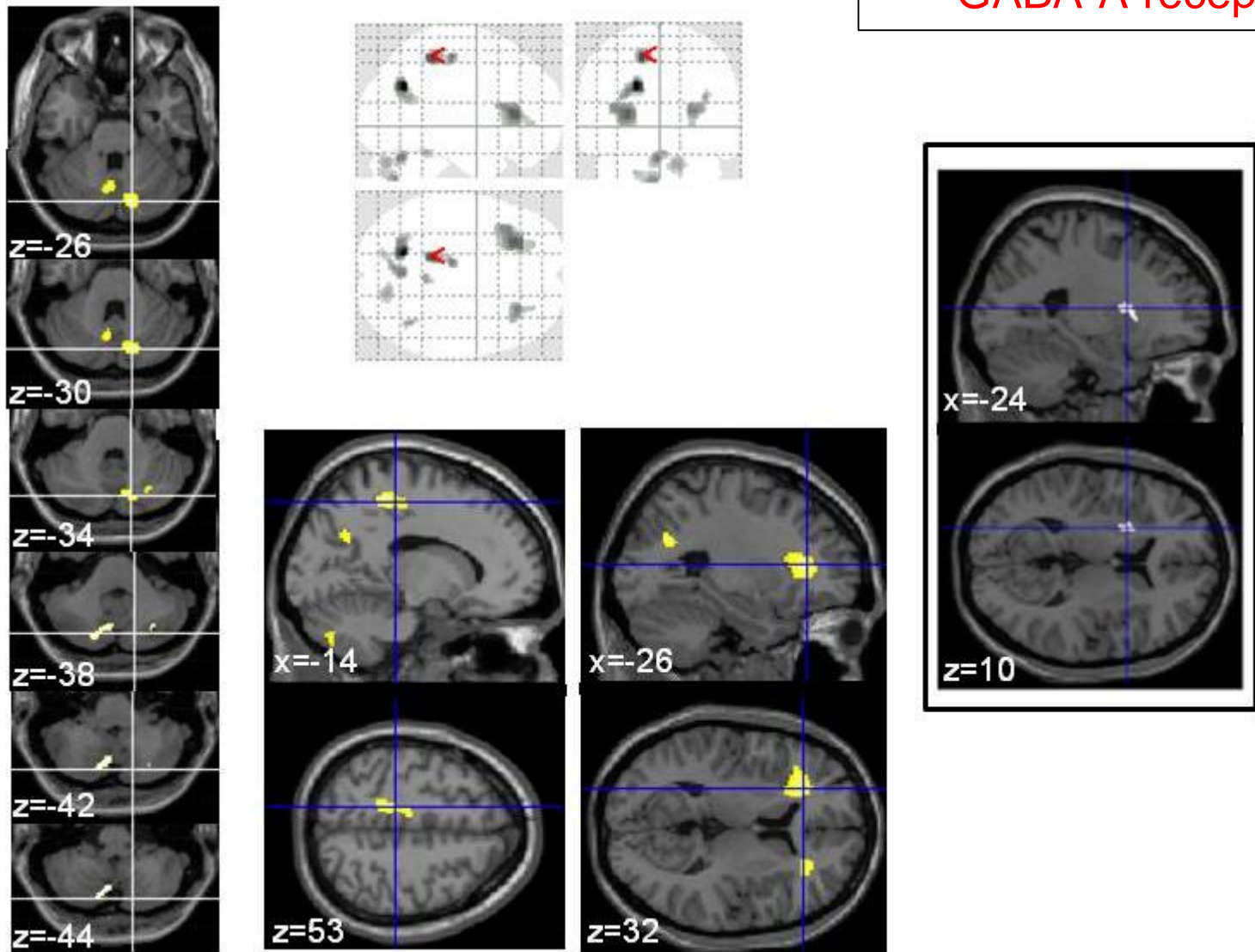
# Loss of GABA

- GABA MRS
  - Levy & Hallett 2002
  - Herath et al. 2010
- Flumazenil PET
  - Garibotto et al. 2011
  - Gallea et al. in preparation
    - M1, Putamen, Cerebellum



FMZ-BP  
Patients < Controls

Flumazenil binds to the  
GABA-A receptor



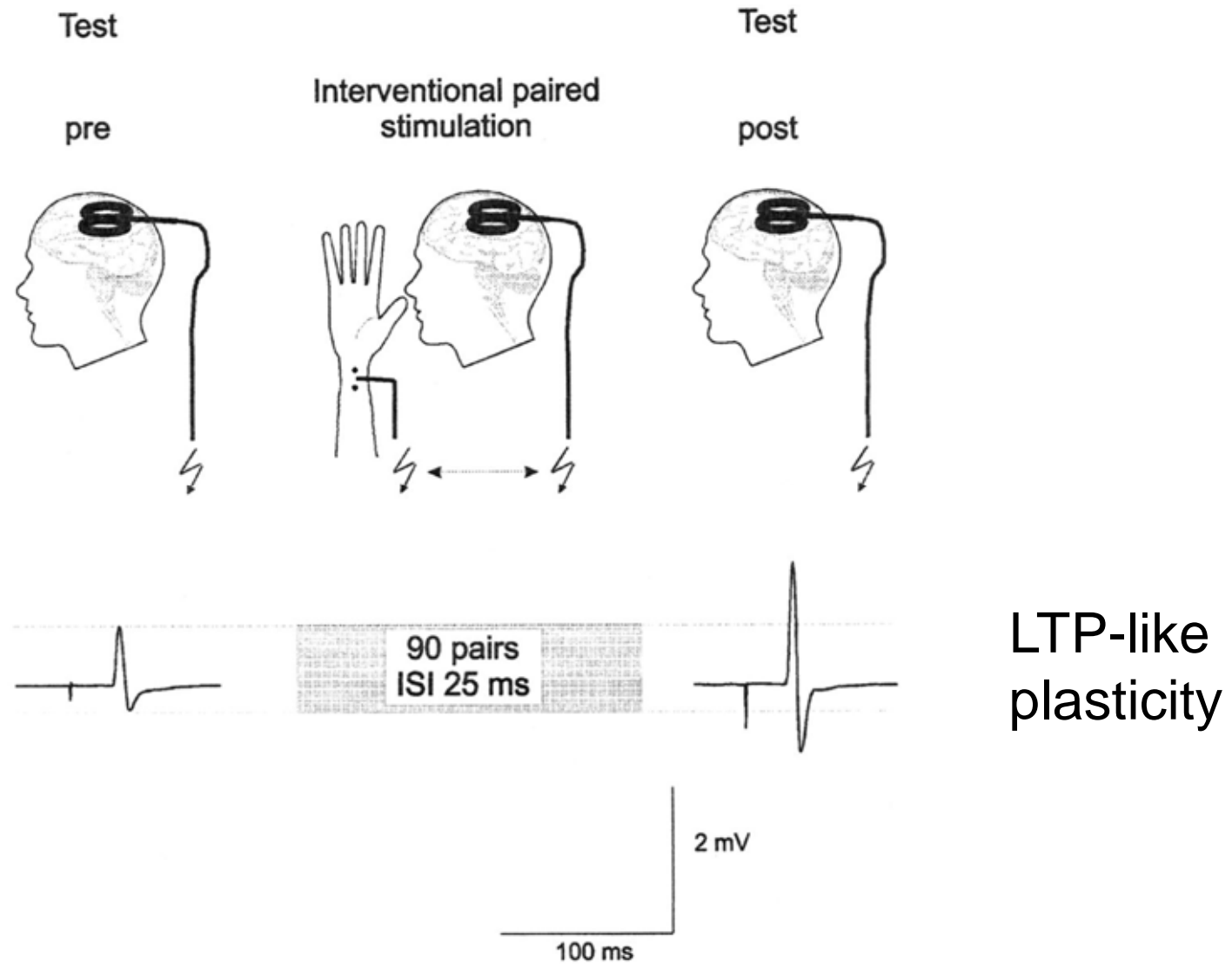
Lower Flumazenil Binding in FHD in right cerebellum, left sensorimotor cortex, bilateral anterior insula, left dorsal posterior putamen (Gallea et al in preparation).

# Translation

- Increasing inhibition with GABAergic agents can be useful therapy in a number of circumstances
- Increasing cortical inhibition with TMS techniques has also shown transient benefit

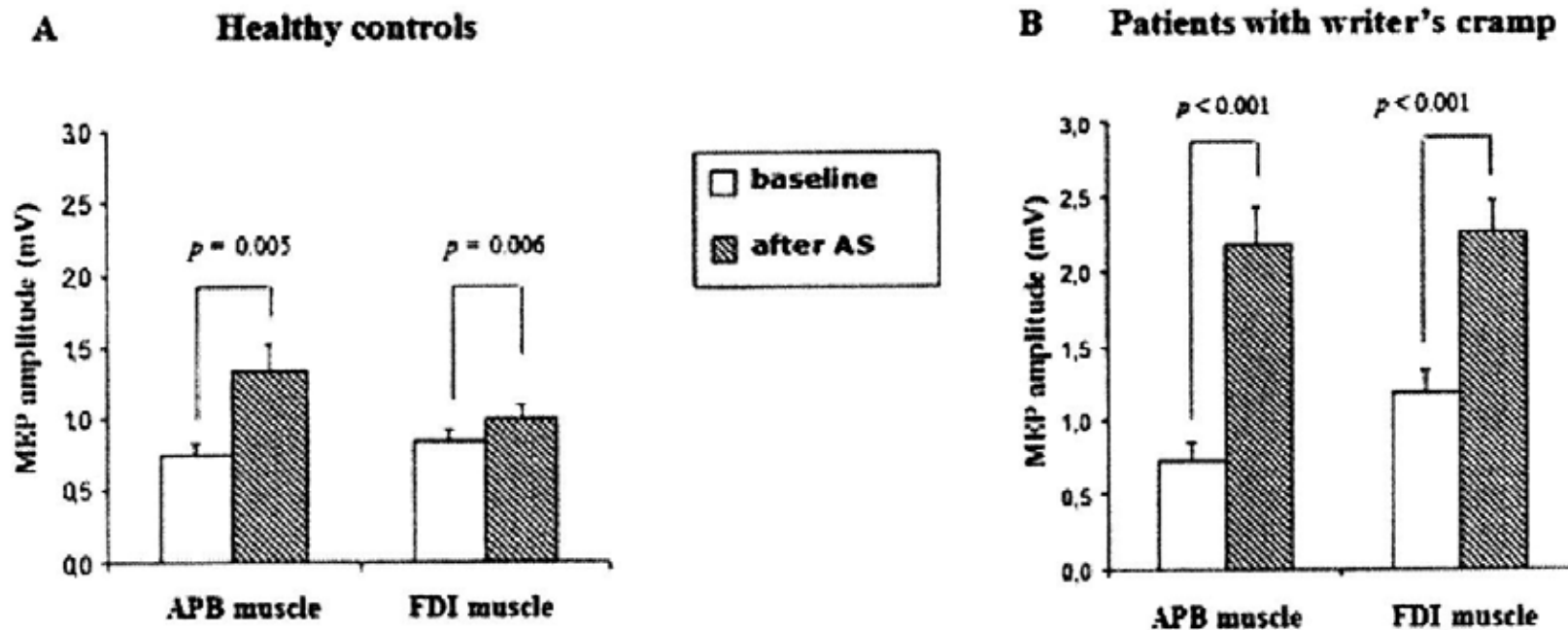
Increase of Plasticity

# Technique of Paired Associative Stimulation



Stefan et al. 2000 (Classen Laboratory)

# Increase in PAS in Dystonia



Quartarone et al 2003

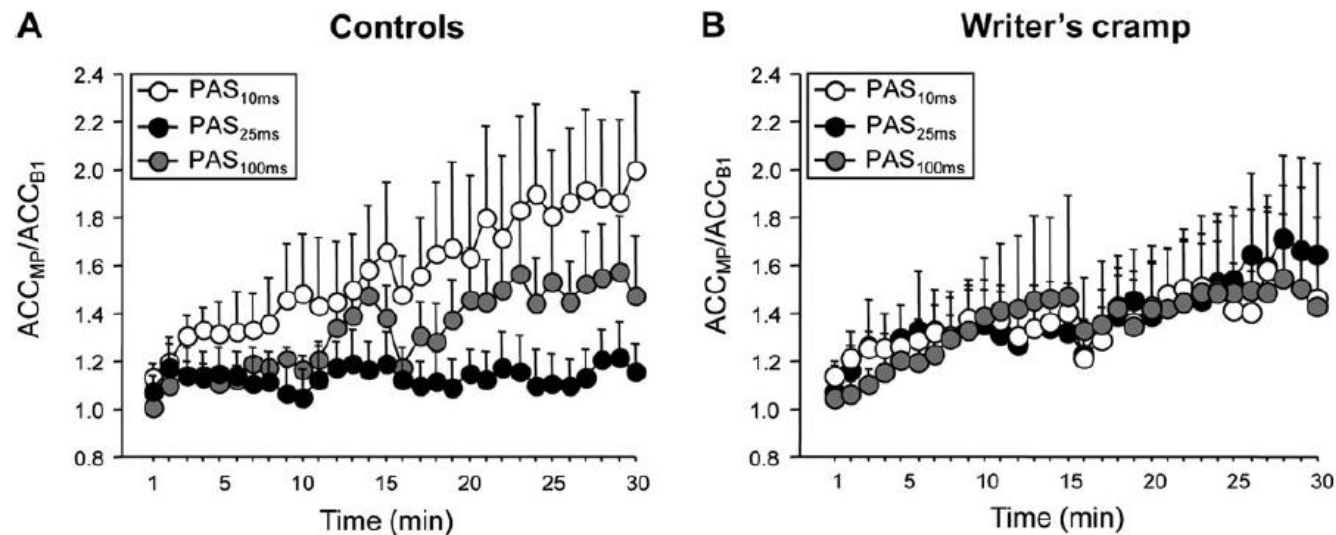
# Homeostatic property of motor cortex learning

- Demonstrated by interaction of learning and paired-associative stimulation (PAS)

Cerebral Cortex May 2011;21:1203-1212  
doi:10.1093/cercor/bhq204  
Advance Access publication October 25, 2010

## Deficient Homeostatic Regulation of Practice-Dependent Plasticity in Writer's Cramp

Jun-Suk Kang<sup>1</sup>, Carmen Terranova<sup>2</sup>, Rüdiger Hilker<sup>1</sup>, Angelo Quartarone<sup>2</sup> and Ulf Ziemann<sup>1</sup>



# Translation

- For hand dystonia, at least, it seems that aberrant plasticity triggers the disorder
- There is some evidence that certain types of motor and sensory training can improve the dystonia (at least transiently)

## How is it possible to have a task specific deficit in one hand?

- ∅ Basically the hand is fine since it can perform other tasks without difficulty.
- ∅ Basically the motor program is fine since it can be carried out by other limbs.
- ∅ The difficulty must be in the linkage of task and effector for the particular task.



## Signatures with Different Effectors

Right hand



Left hand



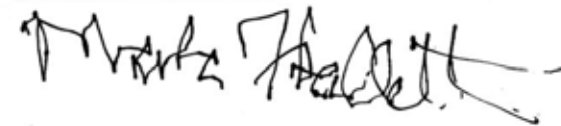
Right arm  
(large size on board)



Left arm  
(large size on board)



Mouth (moving head)



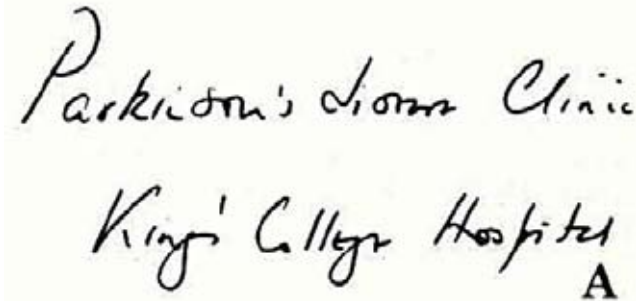
Right foot



## Writing with Different Effectors

C. David Marsden writing  
with right arm, using:

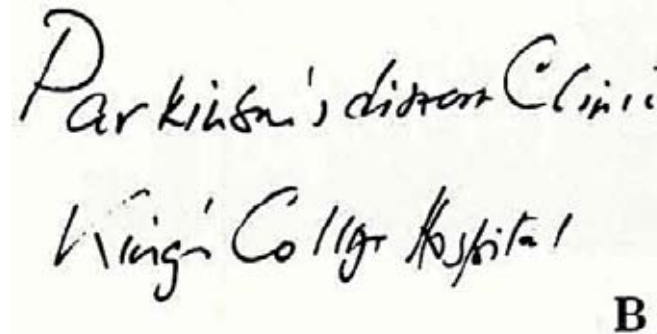
A. Fingers



Parkinson's Disease Clinic  
King's College Hospital **A**

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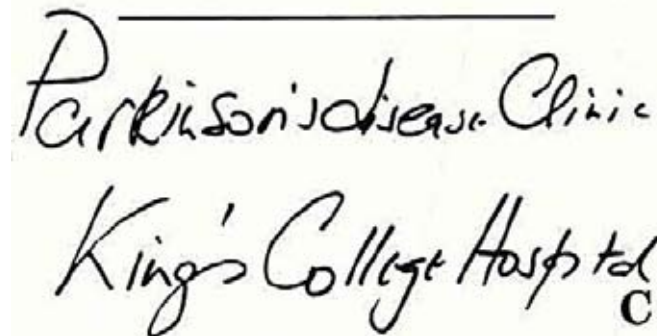
B. Forearm



Parkinson's Disease Clinic  
King's College Hospital **B**

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C. Shoulder

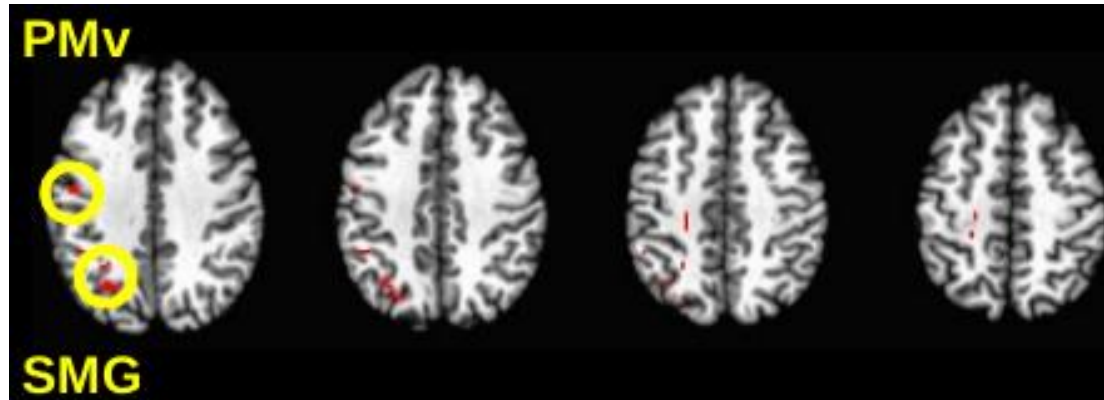
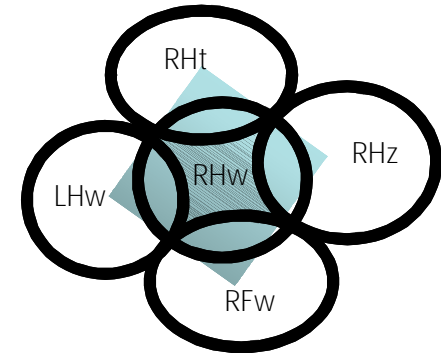


Parkinson's Disease Clinic  
King's College Hospital **C**

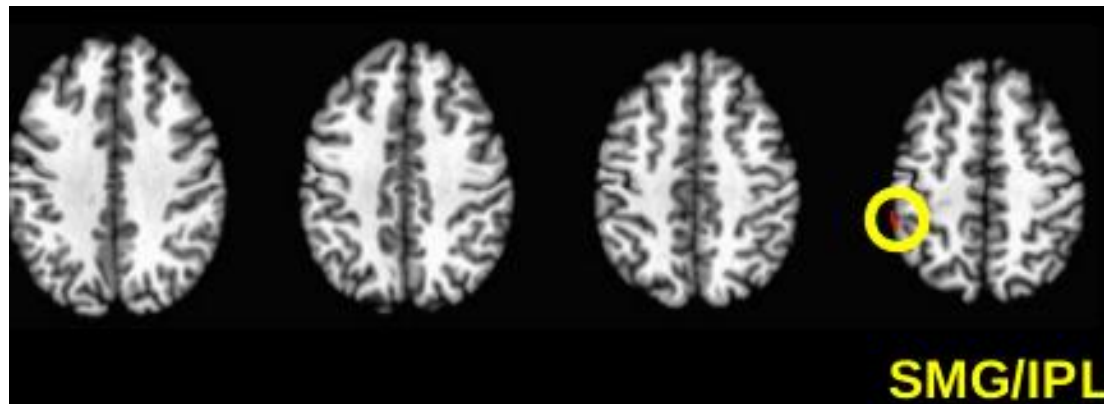
# fMRI Experiment

- Purpose: to identify activation relating to effector, activation due to task, and then to look at the combination
- Block design with 9 conditions:
  - 3 effectors: right hand, left hand, right foot
  - 3 tasks: writing, zigzagging, tapping
  - Each effector did each task
- Normal subjects and right handed patients with (right hand) writer's cramp

# Exclusive for Right Hand Writing

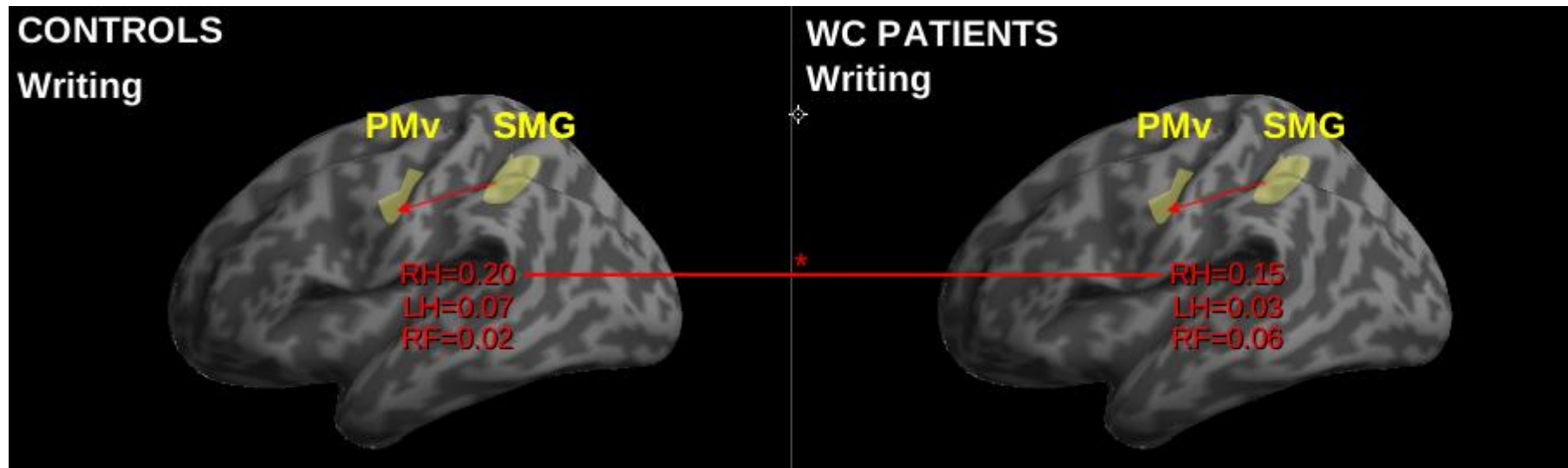


Control Subjects



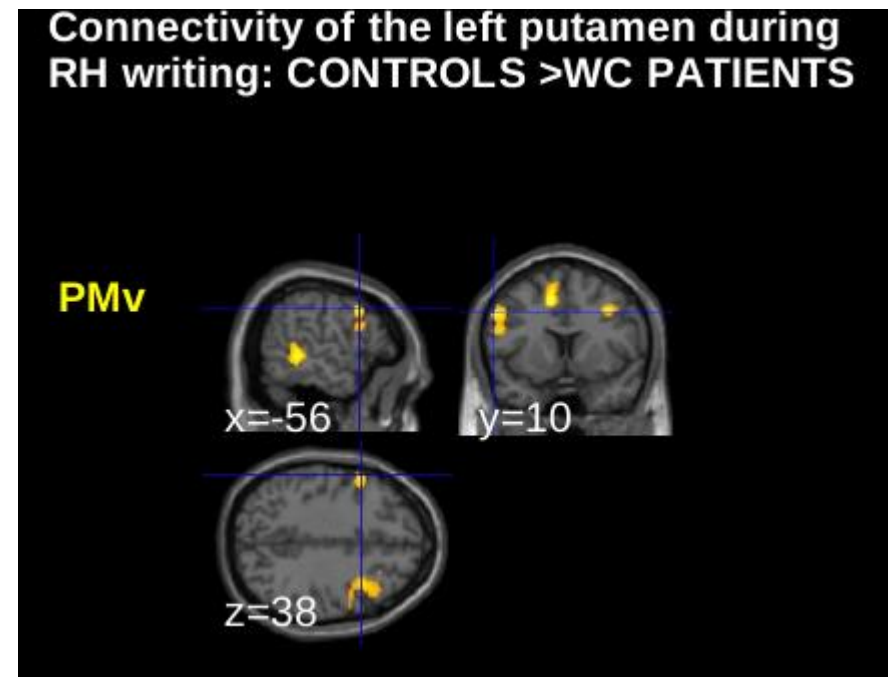
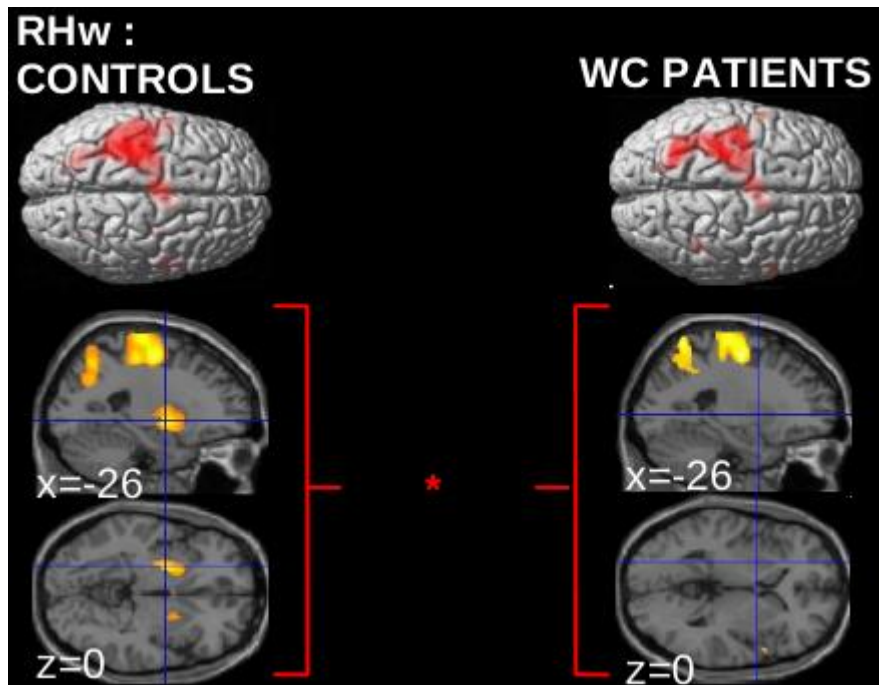
Patients with WC

There is also a specific deficit in the connectivity of the parietal-premotor pathway in FHD

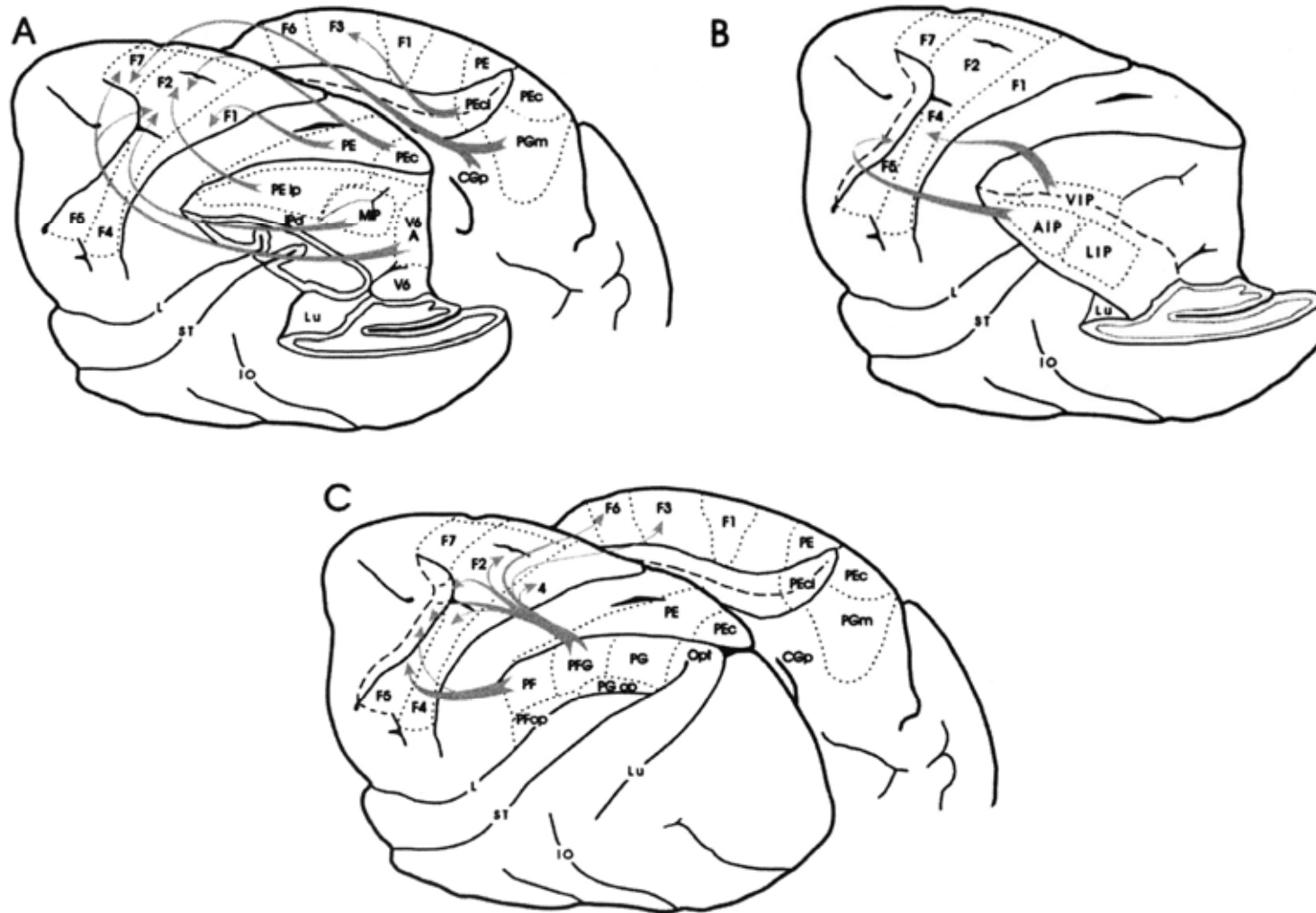


Gallea, Horovitz et al. In preparation

The left putamen is not significantly active with RHw in patients, and less connected to the PMv

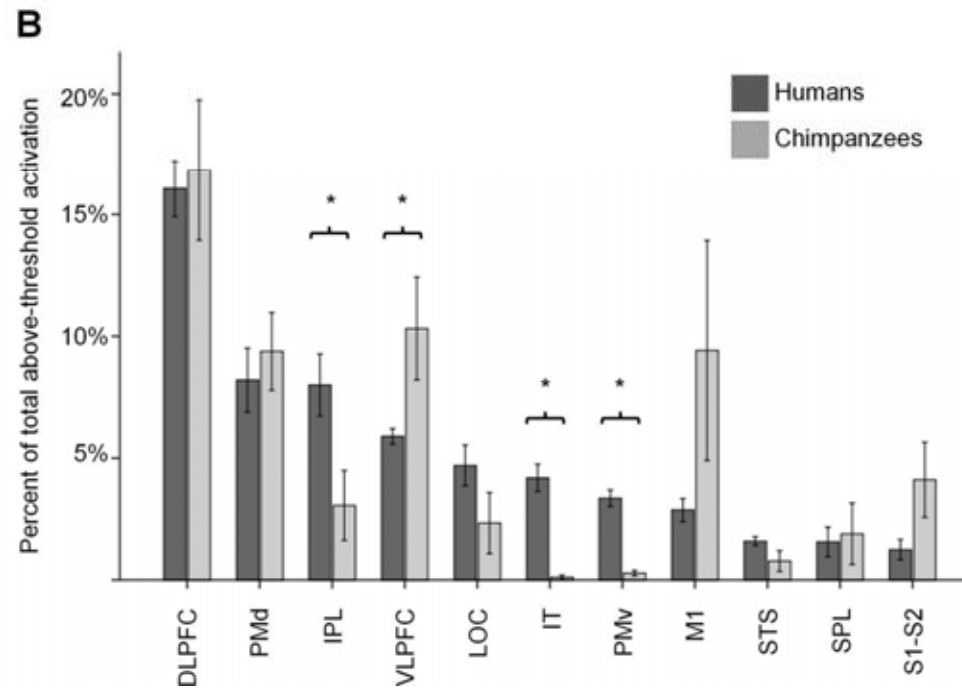
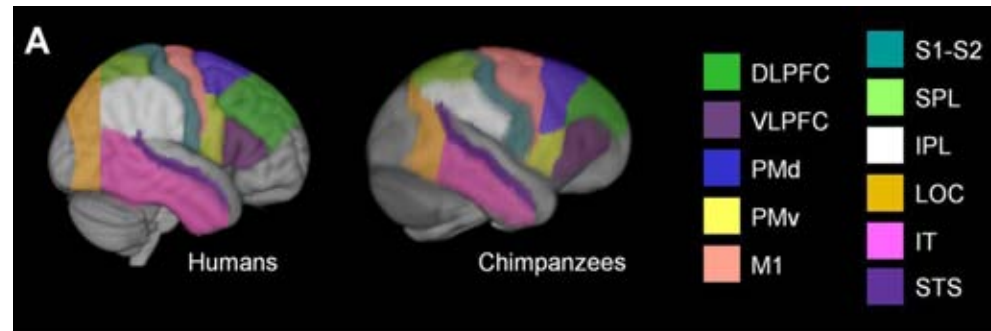


# Parietal-Premotor Connections



Rizzolatti et al. 1998

## Quantitative comparison of chimpanzee and human activation during transitive grasping observation





# Translation

- Dystonia, in the end, is produced by a network abnormality, and the efficacy of DBS in dystonia is likely due to alterations in network function

REVIEW

CME

## Nonmotor Manifestations of Dystonia: A Systematic Review

Daniel J. Kuyper, MD,<sup>1</sup> Veronica Parra,<sup>2</sup> Shanae Aerts,<sup>2</sup> Michael S. Okun, MD,<sup>3</sup> and Benzi M. Kluger, MD, MS<sup>2+</sup>

*Movement Disorders*, Vol. 26, No. 7, 2011 Page 1206

doi:10.1093/brain/awr224

Brain 2012; 135; 1668–1681 | 1668

# BRAIN

A JOURNAL OF NEUROLOGY

## REVIEW ARTICLE

# The non-motor syndrome of primary dystonia: clinical and pathophysiological implications

Maria Stamelou,<sup>1</sup> Mark J. Edwards,<sup>1</sup> Mark Hallett<sup>2</sup> and Kailash P. Bhatia<sup>1</sup>

# Non-motor Manifestations

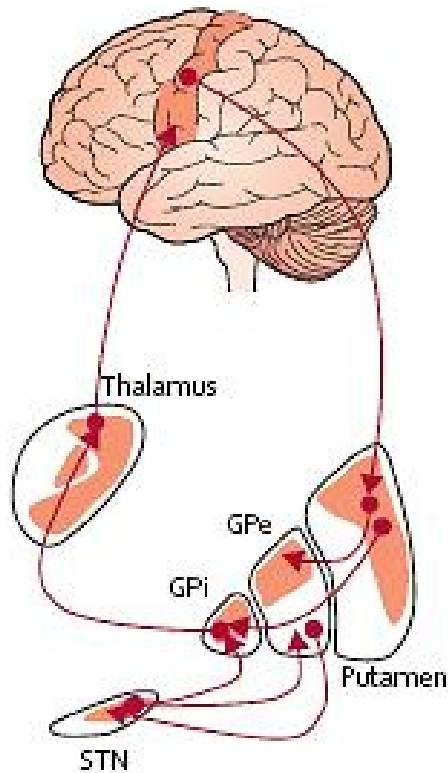
- Sensory abnormalities
  - Mild sensory deficits
  - Pain
- Depression
  - No strong evidence for anxiety
- Sleep impairment
  - Possibly related to depression
- (No cognitive or attention deficit)
- Reduced quality of life

# Depression

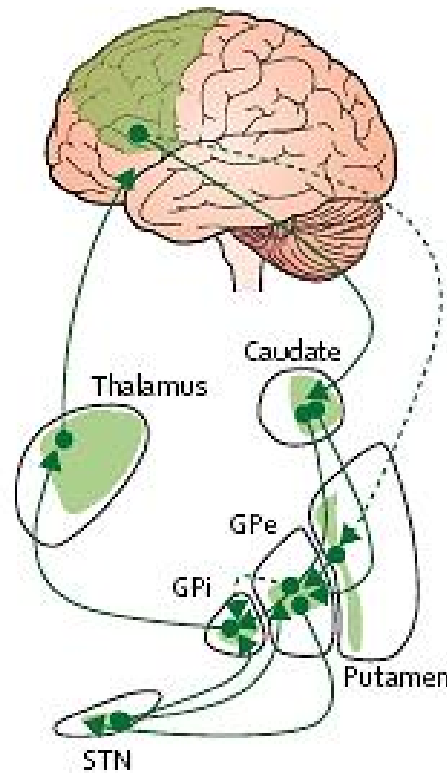
- Not related to severity of motor disorder
- Some component is likely to be secondary
  - Improvement of mood occurs with successful motor treatment
- Can start prior to motor disorder

# Separate basal ganglia loops may give rise to motor and non-motor symptoms

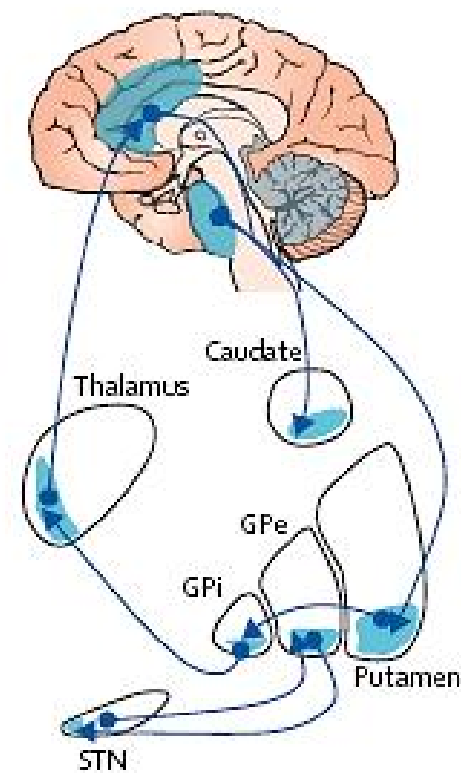
A Motor circuit



B Associative circuit



C Limbic circuit



Rodriguez-Oroz et al., Lancet Neurology 2009;8:1128

# Resting-state fcMRI

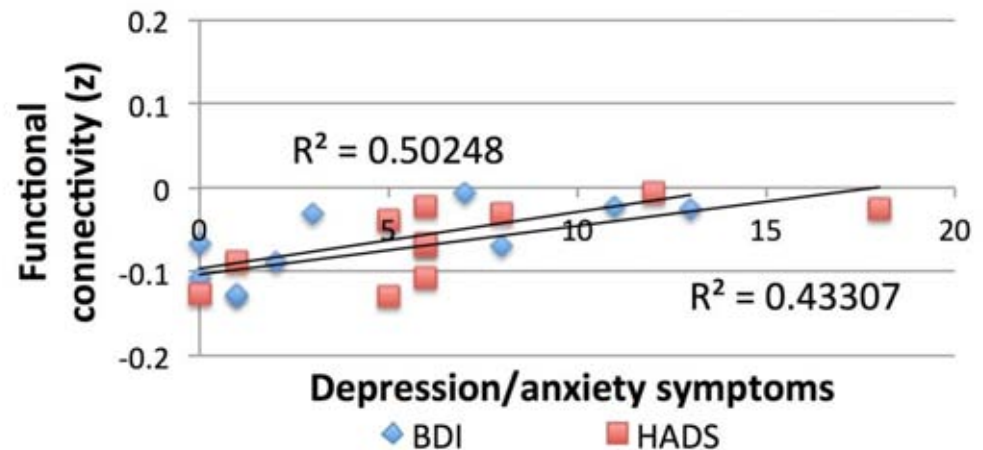
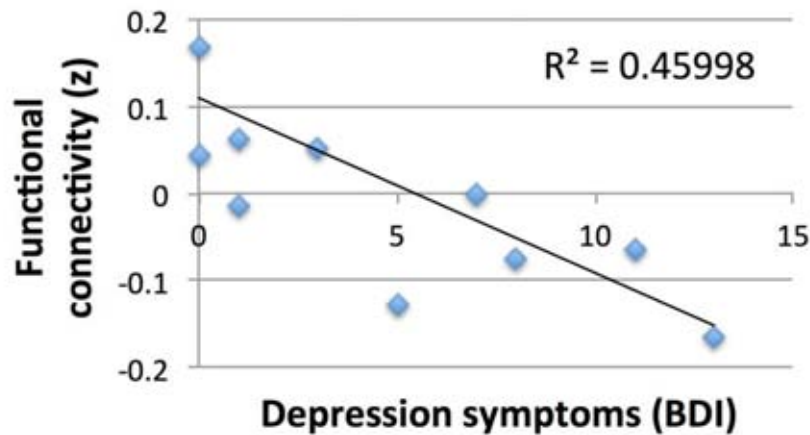
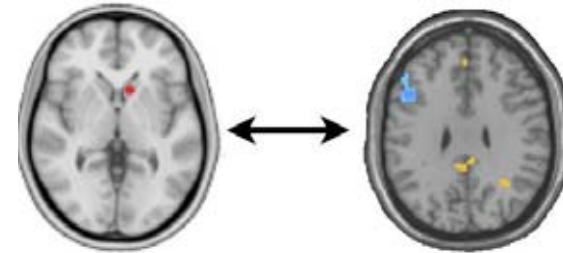
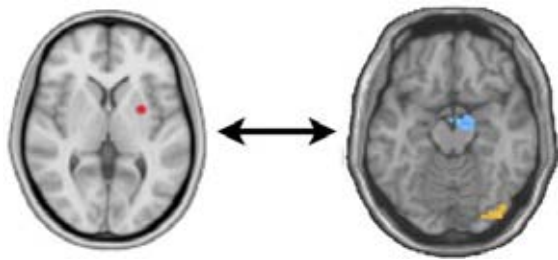
11 Primary Focal Dystonia vs. 10 normal controls

(8F; 63±6)

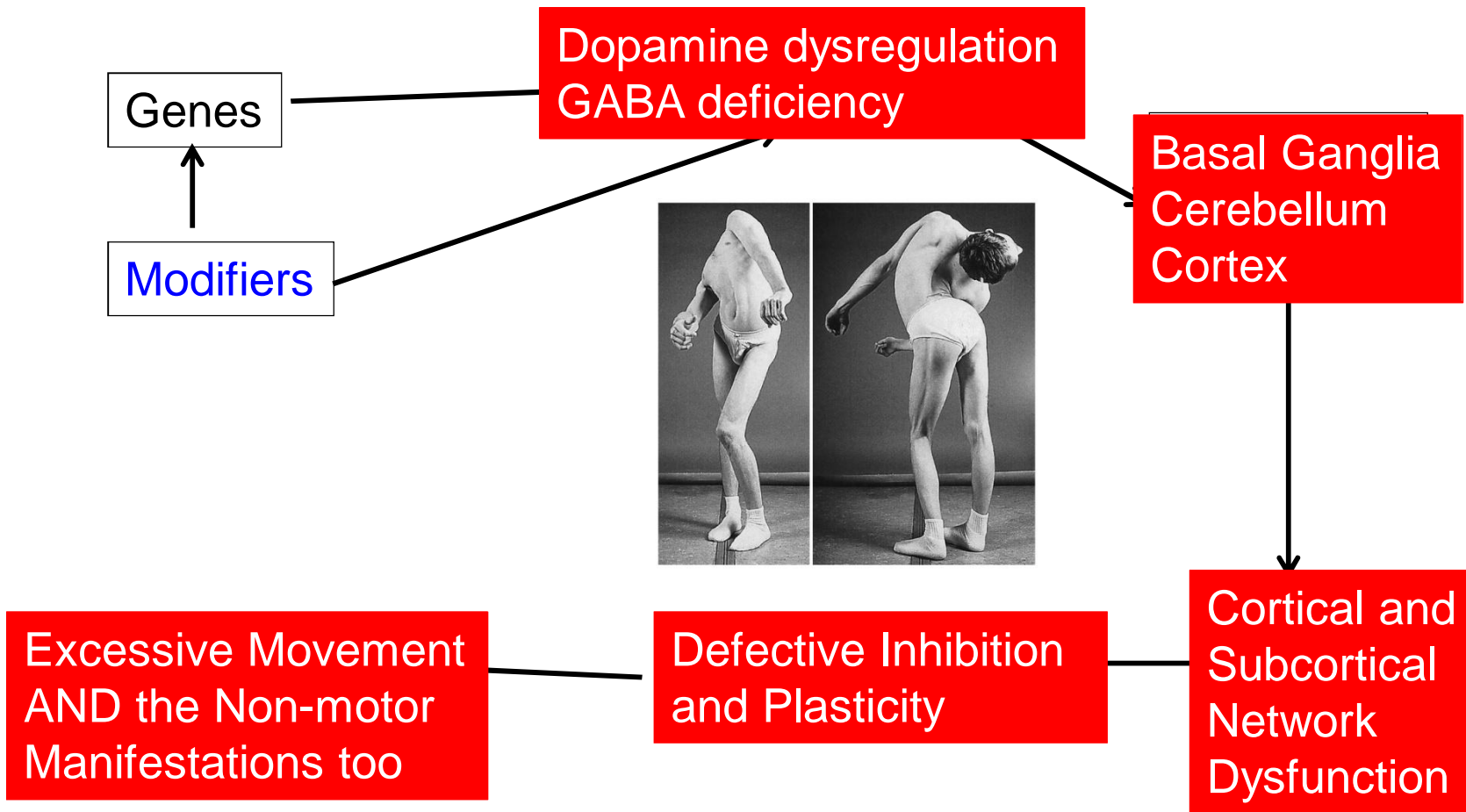
(5F; 62±6)

Increased FC between dorsal putamen and lingual gyrus ( $p=0.0002$ )

Decreased FC between ventral caudate and inferior frontal gyrus ( $p<0.00001$ )



# Understanding Dystonia



Save the date!

# 30th International Congress of Clinical Neurophysiology of the International Federation of Clinical Neurophysiology (IFCN)

**21–24 March 2014, Berlin/Germany**

58th Annual Meeting of the German Society for Clinical Neurophysiology and Functional Imaging (DGKN)  
20–23 March 2014, Berlin/Germany



Conveners  
Prof. Otto W. Witte, Jena/Germany  
Prof. Reinhard Dengler, Hannover/Germany

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