2013 WCN Advocacy Training Workshop

Advocacy Action Planning

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Action Planning: Getting Started

Advocacy Action Plan

Foundation of advocacy success

- Maps out the steps needed to accomplish an objective
- o Breaks down big ideas into smaller tasks



Action Planning: Getting Started

- Components:
 - \circ Issue
 - \circ Objective
 - \circ Reason
 - o Actions to Take
 - Target Audience
 - \circ Resources
 - Completion Date
 - \circ Success Measures



Action Planning: Issue

- First Step: Identify your advocacy Issue
- What challenge or problem do you, your patients, and/or their caregivers face?
- Which of these issues can you personally have a role in changing?
- Which of these issues do you feel strongest about?
 - § This will keep you motivated!



Action Planning: Objective

- <u>Step 2</u>: Define your Objective(s)
- What do you hope to accomplish by taking on this Issue?
- Objectives should be SMART
 - S = Specific
 - M = Measurable
 - A = Attainable
 - R = Realistic
 - S T = Timely



Action Planning: Reason

- Step 3: Describe why you chose this Issue
- Should be a succinct statement of what motivated you to select this Issue?
- Why do you want to achieve your objective, who will benefit?



Action Planning: Actions To Take

- <u>Step 4</u>: Identify all the Actions you will need to take to accomplish your Objective
- Look at your Objective(s). What are <u>all</u> the steps you will need to take to achieve them?
- Actions should also be S.M.A.R.T.
- Add as many as you need remember, your Action Plan is a roadmap



Action Planning: Target Audience

Step 5: Identify the Target Audience for each Action

- Look at each Action individually. Whose attention will you need to accomplish that Action?
- If you identify more than one group of people, which group is your primary Audience?
- Consider who needs to hear your message for your Action to be successful

§ Legislators, key decision makers, public, etc.



Action Planning: Resources Needed

- <u>Step 6</u>: Determine what Resources you will need to accomplish your Action
- For each individual Action, determine:
 - § What information you need
 - § Who you need to contact
 - § If you need to compile materials or data
 - § The assets you already have available
 - § What will help you to be successful?



Action Planning: Success Measures

- <u>Step 7</u>: Decide which measures will determine Success for your Action
- Success Measures keep your Action or Objective from being overwhelming
- Success Measure may be:
 - \$ Simple
 - \S Obvious
 - § Reiterate smaller steps in your individual Action



Action Planning: Target Dates

- <u>Final Step</u>: Set Target Dates for completion of each Action
- Set a deadline for each individual Action
 - § Be realistic
 - § Consider other factors that might affect your ability to complete your Action (work and family schedules, etc.)
- If you have trouble meeting your Target Dates, it might be a sign that your Action is too complex
 - § Break into smaller Actions



- Brainstorm First
 - § There is only 1 neurologist for a population of 1 million
 - § Approximately 25% of population living in poverty
 ?aHard for individuals to afford medical care & medicine
 - § Proper treatment of neurological disease is rare due to factors above
- <u>Issue</u>: There are not enough neurologists to adequately treat neurological disea

- <u>Objectives</u>:
 - § 1. Increase neurology residency training programs in medical colleges
 - § 2. Increase provision of neurology services in non-teaching district hospitals
- <u>Reason</u>: To improve citizen's access to neurological care



- <u>Action</u>: Meet with the directors of the neurology residency training program
- <u>Target Audience</u>: Residency Program Directors
- <u>Resources Needed:</u>
 - § Research on how new residency training programs get granted
 - § Familiarity with recent requests for new programs as well as reasoning if they were not granted
 - § Investigate medical student interest in neurology



- <u>Resources Needed (cont.)</u>
 - § Research current statistics on trained neurologists and population needs
 - § Compile all findings and data into report
 - § Recruit other interested peers
 - § Find out the best way to request a meeting
 - § Assess all assets



- <u>Success Measures</u>:
 - 1. Finish preliminary research
 - 2. Write comprehensive report of findings
 - 3. Recruit peers interested in same objective
 - 4. Schedule meeting with Directors of Residency Training
 - 5. Successfully meet with Directors of Residency Training



- Target Dates: Hold Meeting in 1 year
 - § Complete research in 6 months
 - § Write report in 4 months
 - § Recruit peers within 1 month
 - § Schedule meeting within 1 month



Action Planning: Summary

- Action Plans help you map out the steps needed to reach your advocacy goals
- Time invested into Action Planning is worthwhile
- A good Action Plan increases your chance for success
- Action Plans are your toolkit for strategic advocacy

Action Plans Work!

