



# Neuroepidemiological issues in Africa (*sub-saharan Africa*)

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- ü Africa: a huge continent
- ü Methodological challenges
- ü Global burden of diseases
- ü Focus on some diseases
- ü Conclusion

# The African continent

*World's second-largest and second-most-populous continent*

**Area:** 54 countries in 30 221 532 km<sup>2</sup>

## Population:

1,075,615,883 (15% of World population)

829,000,000 in 48 Sub-Saharan countries

42 % < 15 yrs old

Life expectancy: 53 yrs

Infantile mortality rate: 85 ‰



**Economy:** GNP per capita: \$ 100 to 5,000 (RSA)  
(vs \$ 65,000 Luxembourg)

## Focus on sub-saharan Africa



### Environment

- specific climate (tropical or sub-)
- resource-poor è poor sanitation/hygiene/housing
- specific environmental factors (*infections...*)

### Means

- low access to health care with inequalities in geographic distribution
- poverty: limited health means
- low number of trained staff



## Population

- specific sociocultural factors
- young with low life expectancy
- rapid, uncontrolled growth of urban centers
- inadequate health/sanitation facilities

## “Political” issues

- rare stability
- few specific programs for neurological diseases
- health policy issues

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# Methodological challenges

Definition of the population

Migrations

Sampling strategy: availability of census...

Validity of demographic data? (age...)

Refusals or subjects impossible to join



⇒ some solutions

- cluster sampling
- official documents...or specific methods (*age: time milestones*)
- sensitization of the local authorities and population
- well defined procedures +++

# Methodological challenges

Ascertainment of cases

Difficulties in follow-up

Lack of trained specialists

Lack of neuroimaging devices (MRI, CT scan)

Operational difficulties

Ethnic diversity à many dialects and behaviours

Stigma...and then “hidden” cases?

## ⇒ some solutions

- use of multiple sources of information ( $\pm$  capture-recapture)
- use of standardized tools and definitions
- trained interviewers and interpreters
- make profit of demographic surveillance systems





# Neuro Staff and means of diagnosis

## One Neurologist for

250,000 people in the North and South (RSA)

600,000 to 6,000,000 people in the intertropical zone

## Means of diagnosis

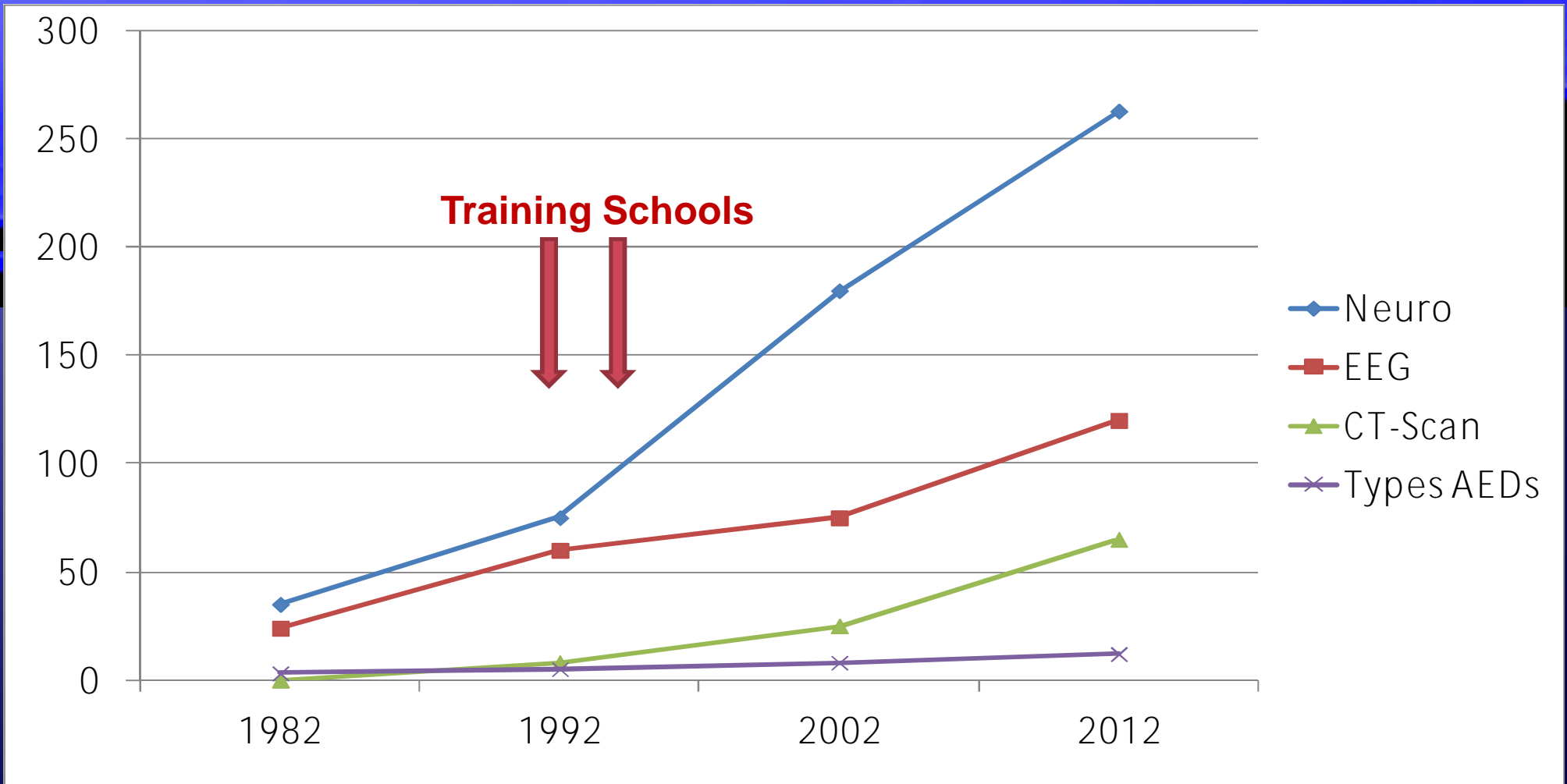
>200 EEG; >200 CT: for 205,000,000 North inhabitants

>150 EEG; >250 CT: for 60,000,000 South Afr. inhabitants

100-120 EEG; 70 CT: for 800,000,000 intertropical zone

Very limited number of MRI

## Evolution of Neuro-Staff, EEG and AEDs 1982-2012 in Sub-Saharan Africa (excl. Maghreb and RSA)



# Languages

11

In total, **3000 languages** are spoken in Africa  
but 12 languages spoken by 75% of Africans

**86 ethnic groups** (with population > 10 million) in Africa

è *Importance of good translations and back-translations of the tools*

*Regardless of the difficulties,  
standards of methodology should  
be applied everywhere*

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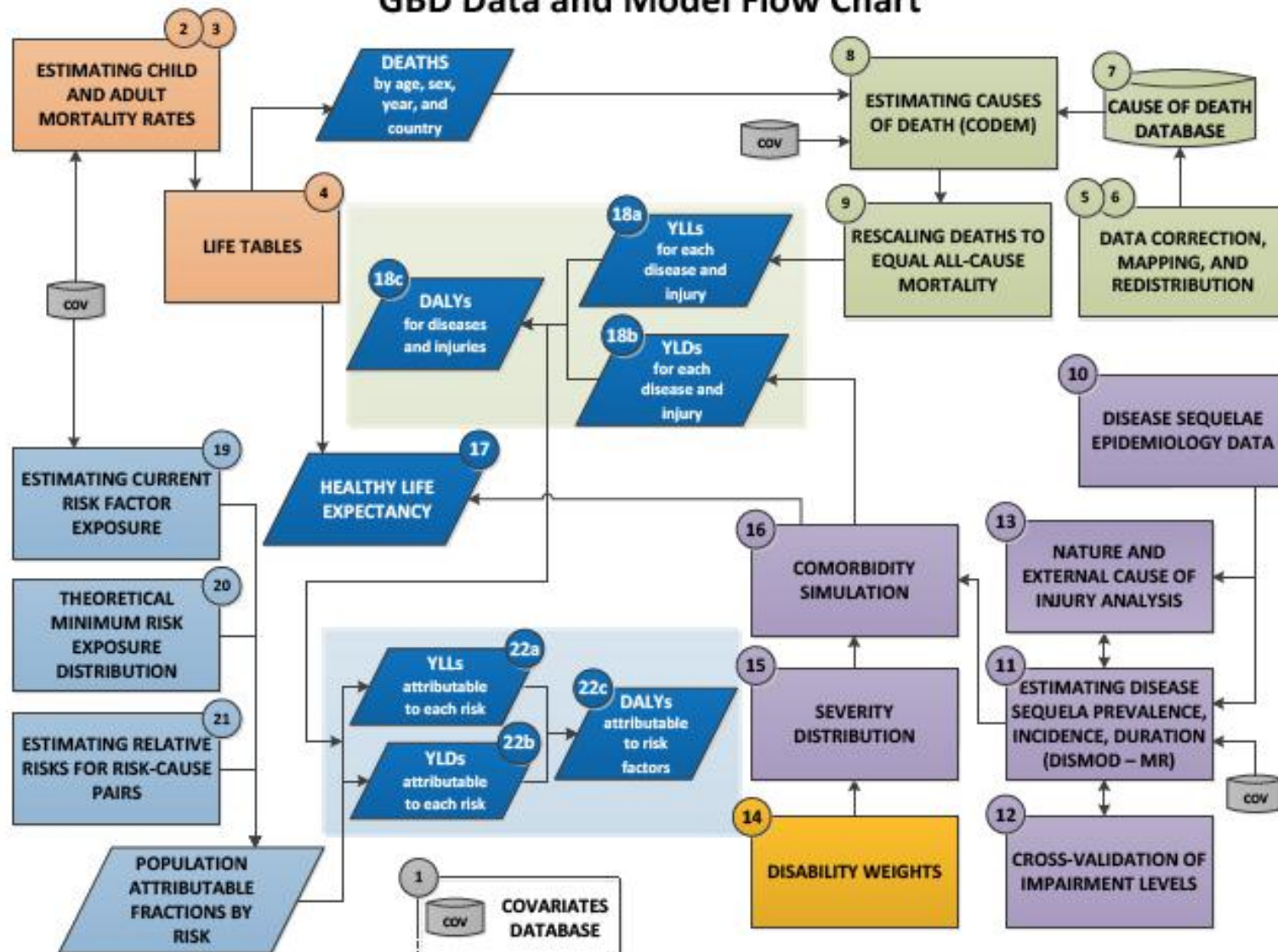
# **THE GLOBAL BURDEN OF DISEASE: GENERATING EVIDENCE, GUIDING POLICY**

## **SUB-SAHARAN AFRICA REGIONAL EDITION**

INSTITUTE FOR HEALTH METRICS AND EVALUATION  
UNIVERSITY OF WASHINGTON

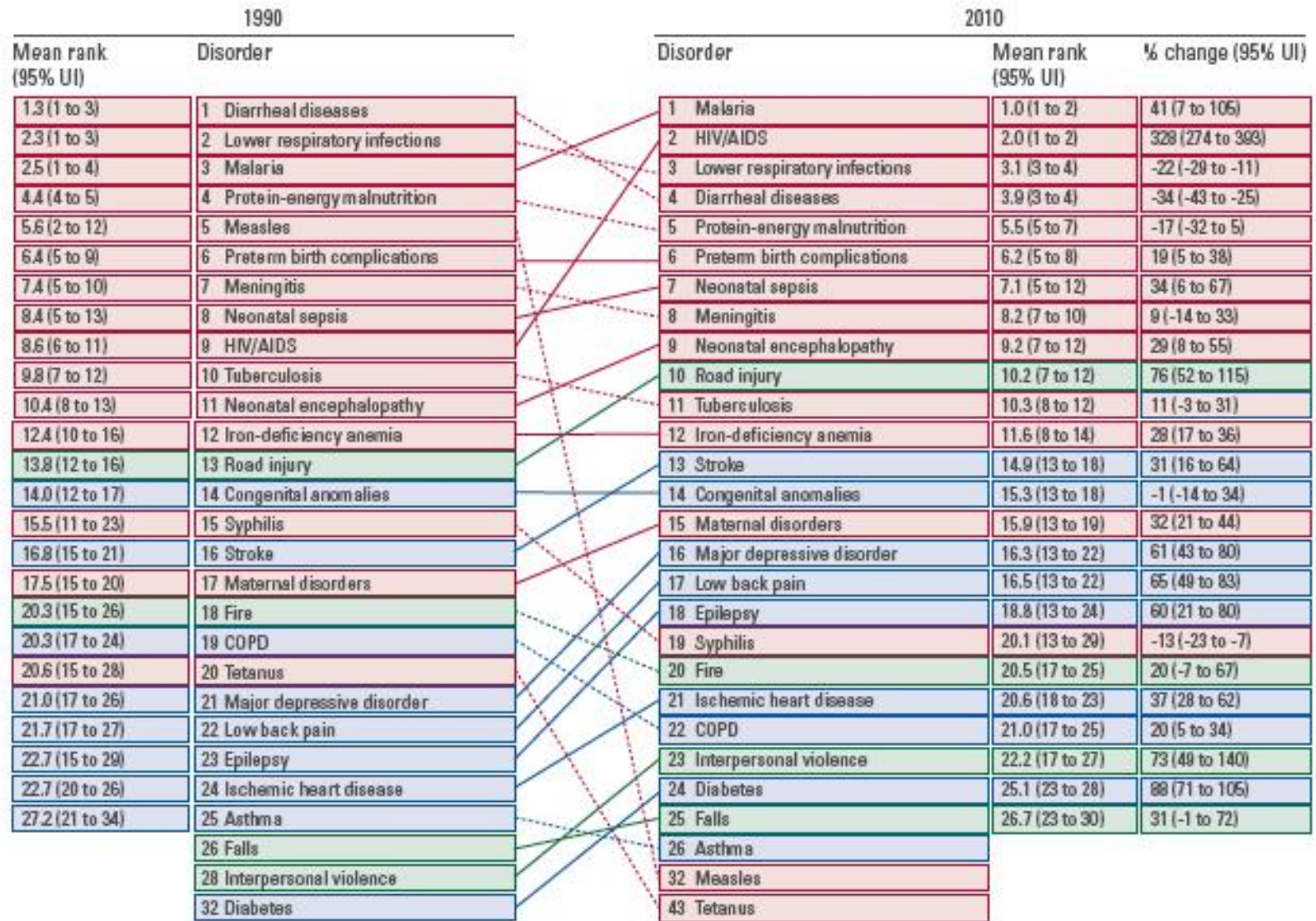
HUMAN DEVELOPMENT NETWORK  
THE WORLD BANK

## GBD Data and Model Flow Chart



# DALY, GBD, 2010

**Figure 2: Disability-adjusted life year ranks, top 25 causes, and percentage change in sub-Saharan Africa, 1990-2010**

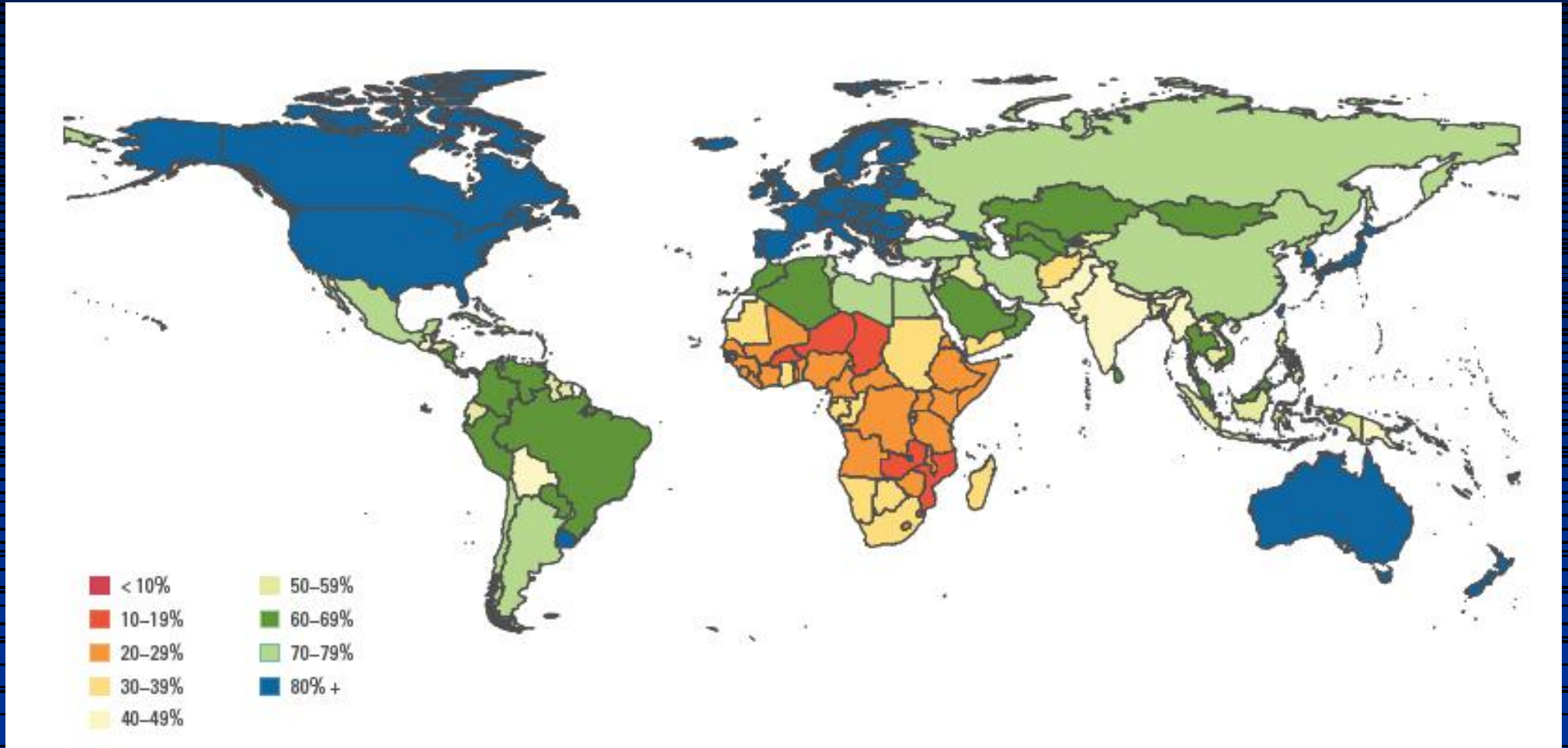


■ Communicable, newborn, nutritional, and maternal  
■ Non-communicable  
■ Injuries

— Ascending order in rank  
 ---- Descending order in rank

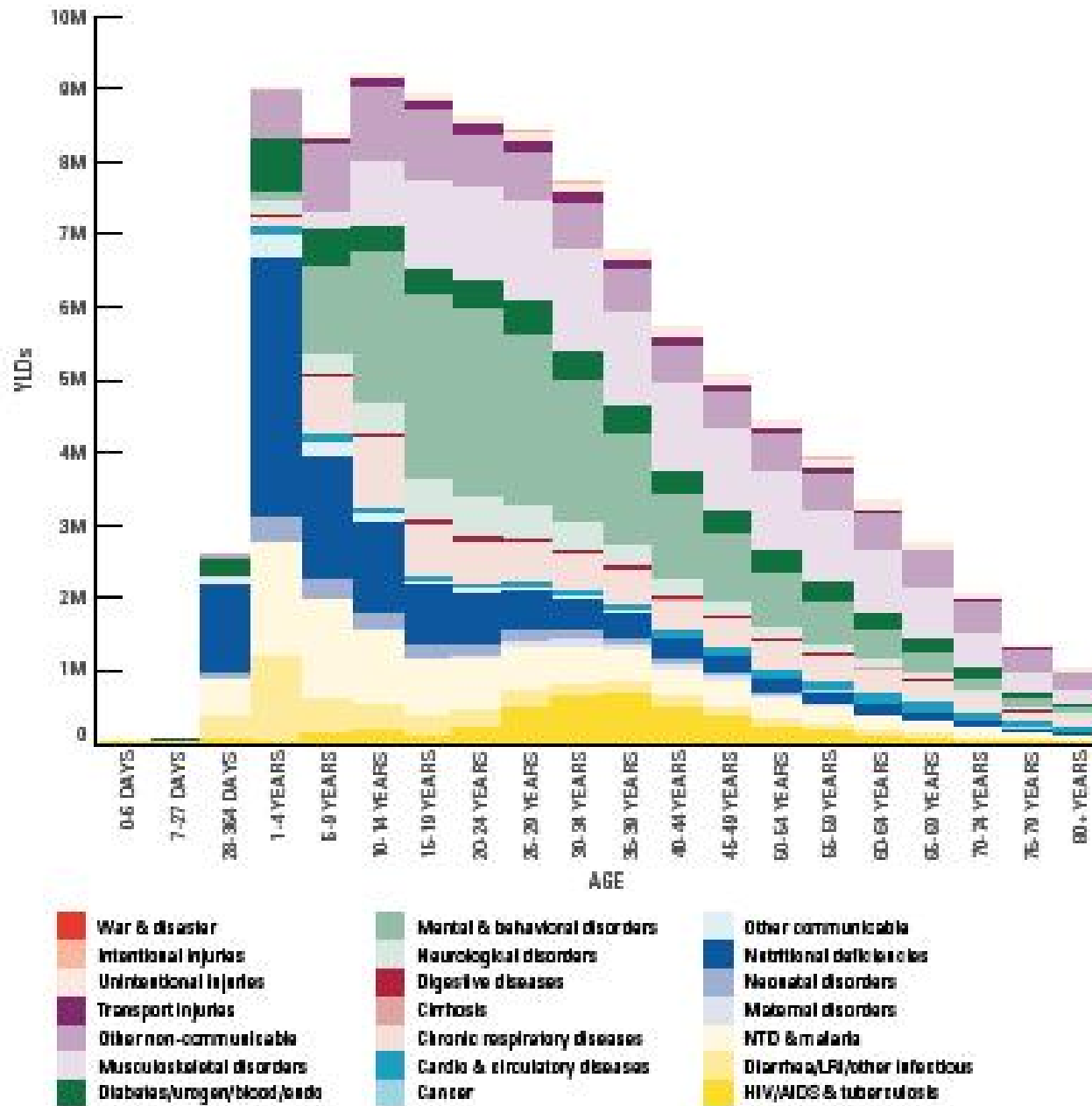


# Percentage of DALY due to NCD, GBD 2010



# DALY, GBD, 2010

Figure 14: Disability patterns by broad cause group and age in sub-Saharan Africa, 2010



# DALY, GBD, 2010

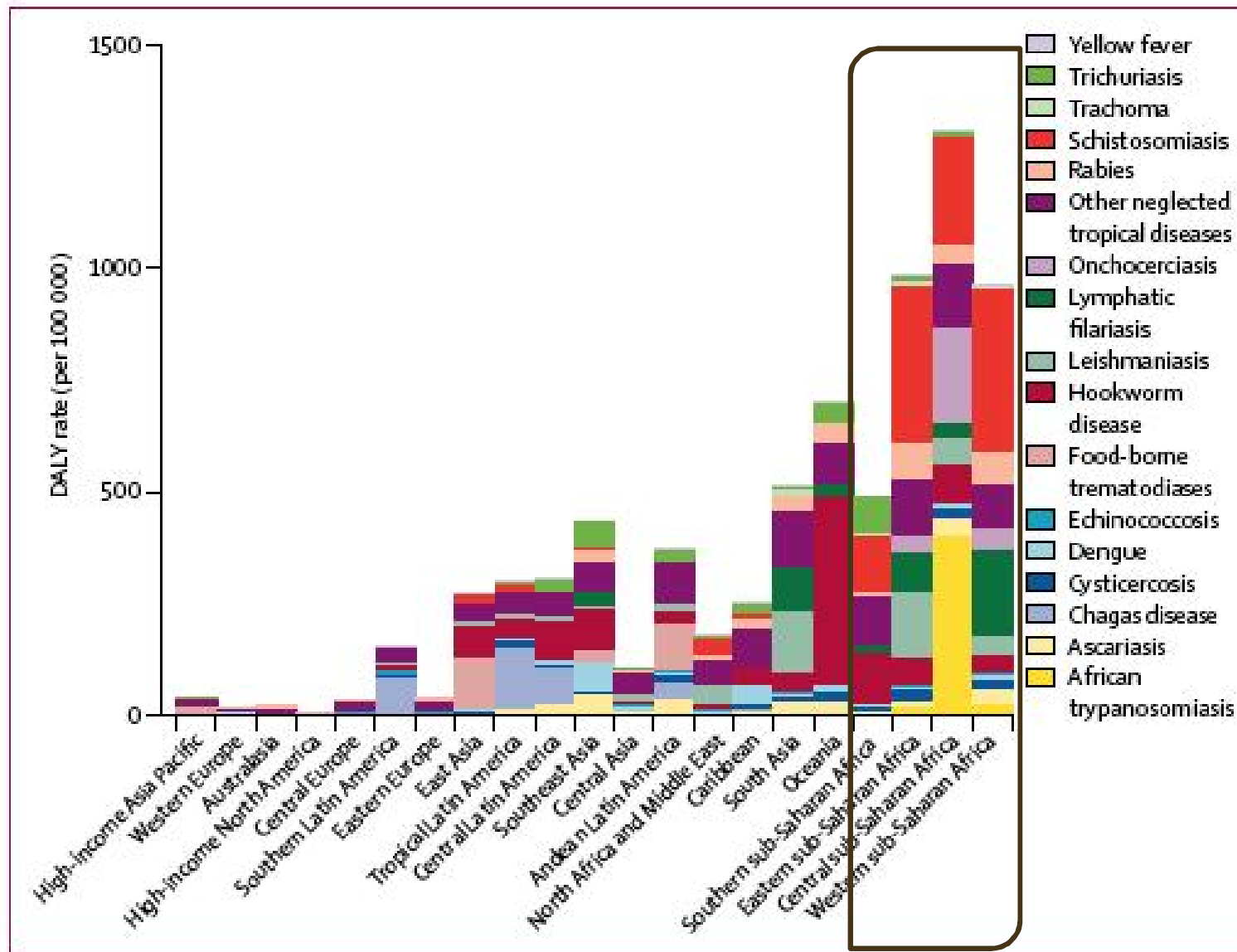
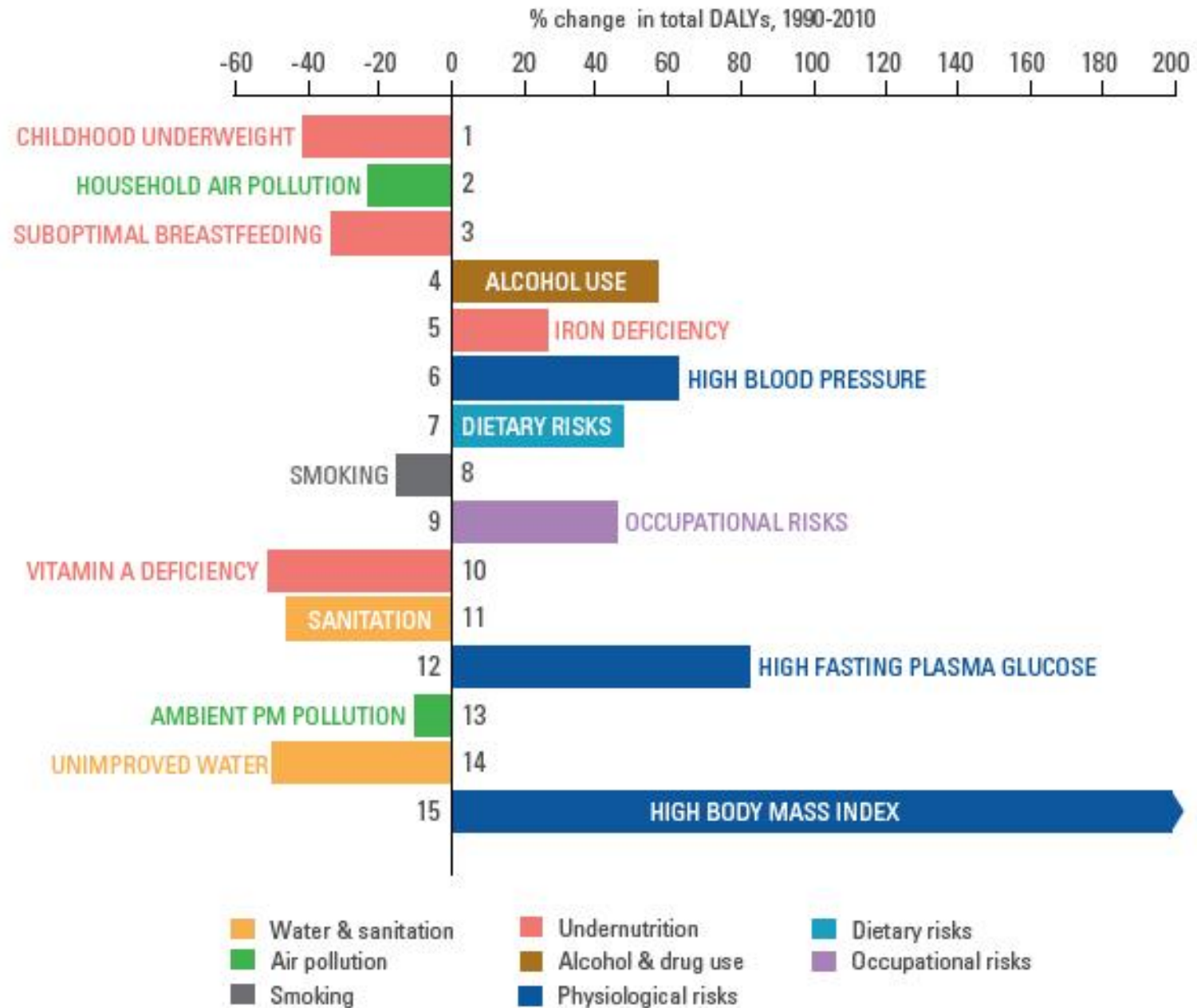


Figure 9: Neglected tropical disease disability-adjusted life year rates by cause and region in 2010

This figure excludes malaria.

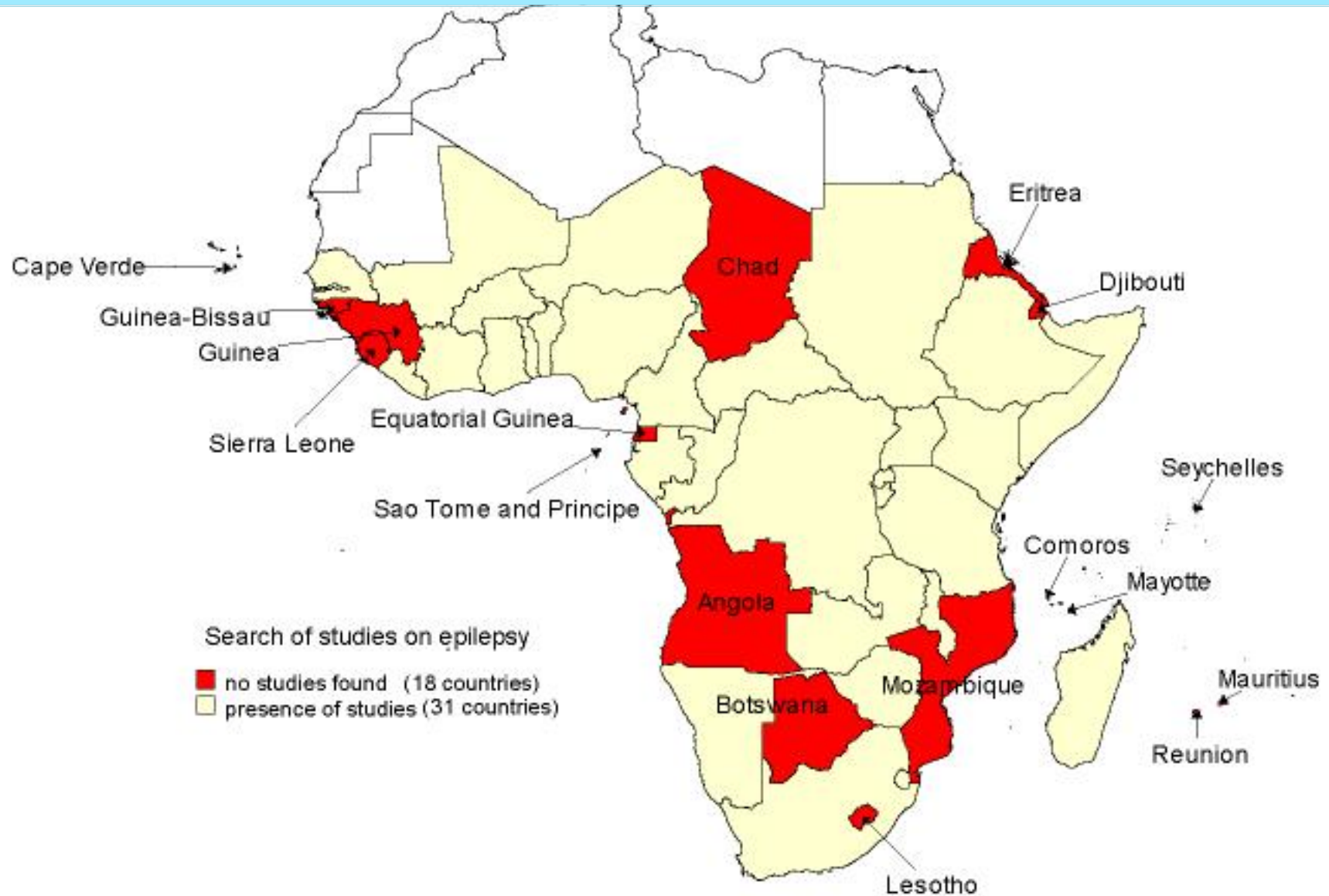
# DALY, GBD, 2010

Figure 17: Shifts in rankings of DALYs in sub-Saharan Africa for top 15 risk factors, 1990-2010



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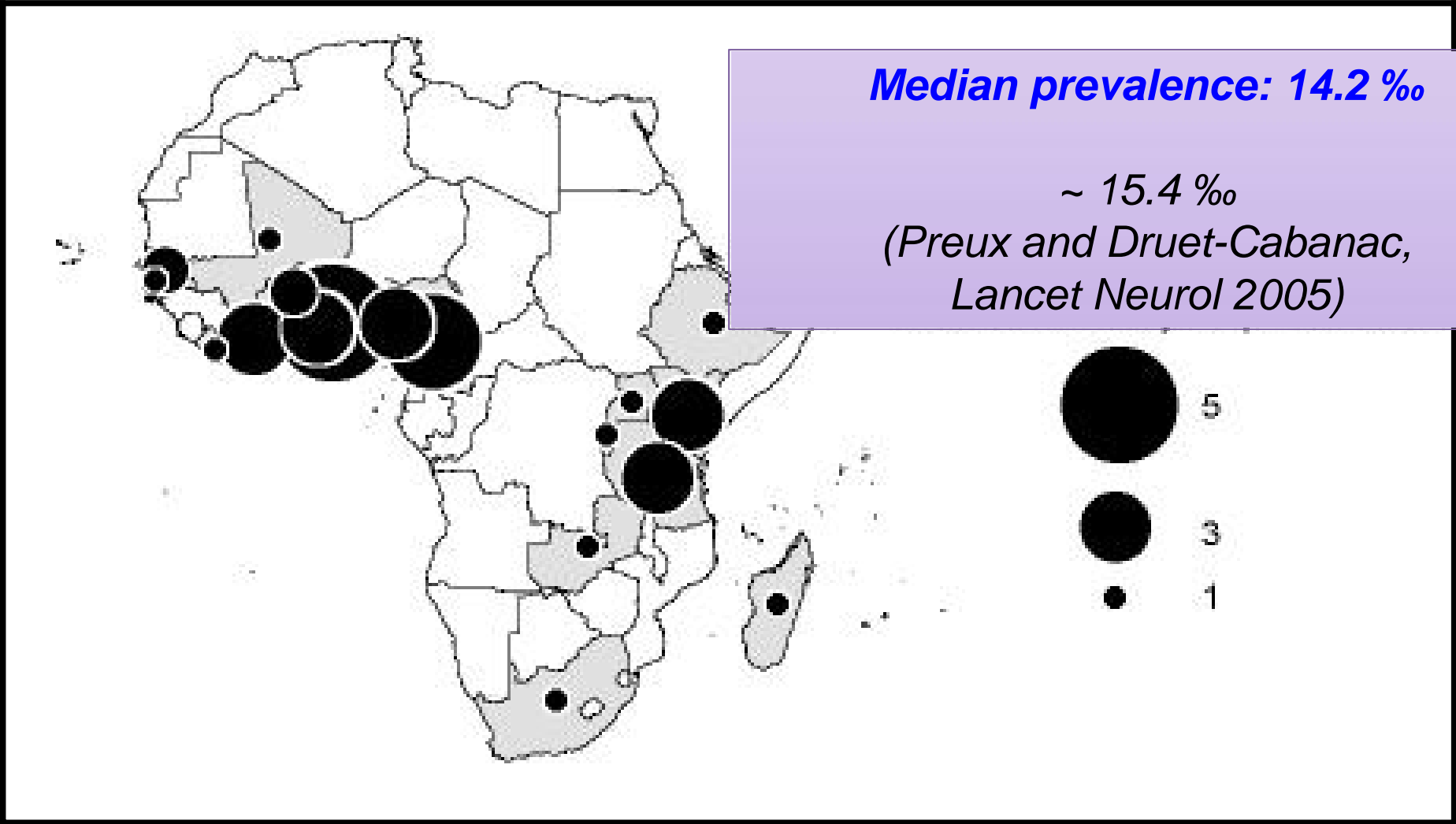
No publication found in 18 (36%) countries!



*Awa Ba Diop & PM Preux, personal data*

# RECENT REVIEW OF EPILEPSY IN SUB-SAHARAN AFRICA

Number of study on epilepsy prevalence in sub-Saharan Africa **Prevalence: 38 studies**



Annual incidence (per 100 000)  
only 7 estimates published in 6 countries

Ethiopia	64.0 (1997)
<b>Benin</b>	<b>69.4 (2012)</b>
Tanzania	73.3 (1992)
<b>Tanzania</b>	<b>81.0 (2009)</b>
Burkina Faso	83.0 (1993)
Uganda	156.0 (1998)
<b>Kenya</b>	<b>187.0 (2008)</b>







## Risk factors

Very few well-conducted analytical studies exist, in particular case-control studies or (historical) cohort studies...

Problems: only prevalence cases, not representative, too few controls, no neuroimaging, all the potential risk factors not studied, no information on the latency between the first acute symptomatic seizure and the onset of epilepsy ...

Countries	Year	N Epilepsy cases	N Controls	Multivariate analysis	OR Febrile seizures	OR familial history	OR head trauma	OR perinatal disorder	OR prior infection	OR Parasitosis onchocerciasis	OR Parasitosis cysticercosis
Nigeria	1989	155	155	No	11.0		13.0				
Burundi	1997	103	72	No							4.6
Burundi	1997	110	82	No						1.4	
CAR	1999	187	374	No						NS	NS
Mali	2000	70	140	No						NS	NS
Tanzania	2001	174	174	Yes	2.9	3.6		4.5	3.8		
Burundi	2003	324	648	Yes		3.3		1.9			4.1

*Case-control studies in subsaharan Africa; OR: odds ratio; NS: factor studied but not significant*



# Cysticercosis

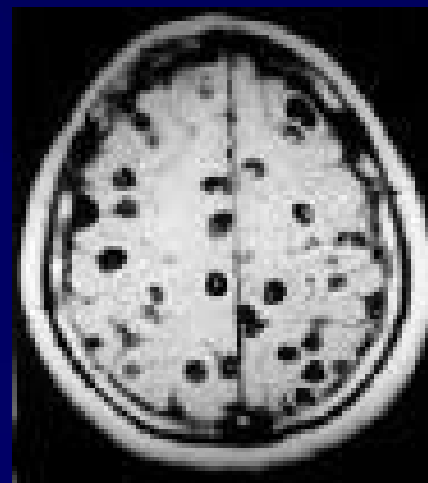
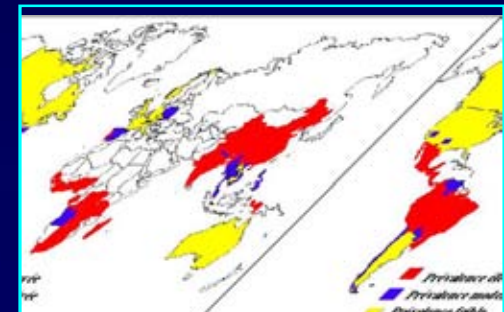
Infestation by the larval form of *Taenia solium*

Pork = intermediate host

Encystation in the central nervous system

Very frequent acute seizures (~50%; up to 92%!)

First cause of late-onset epilepsy in endemic areas?



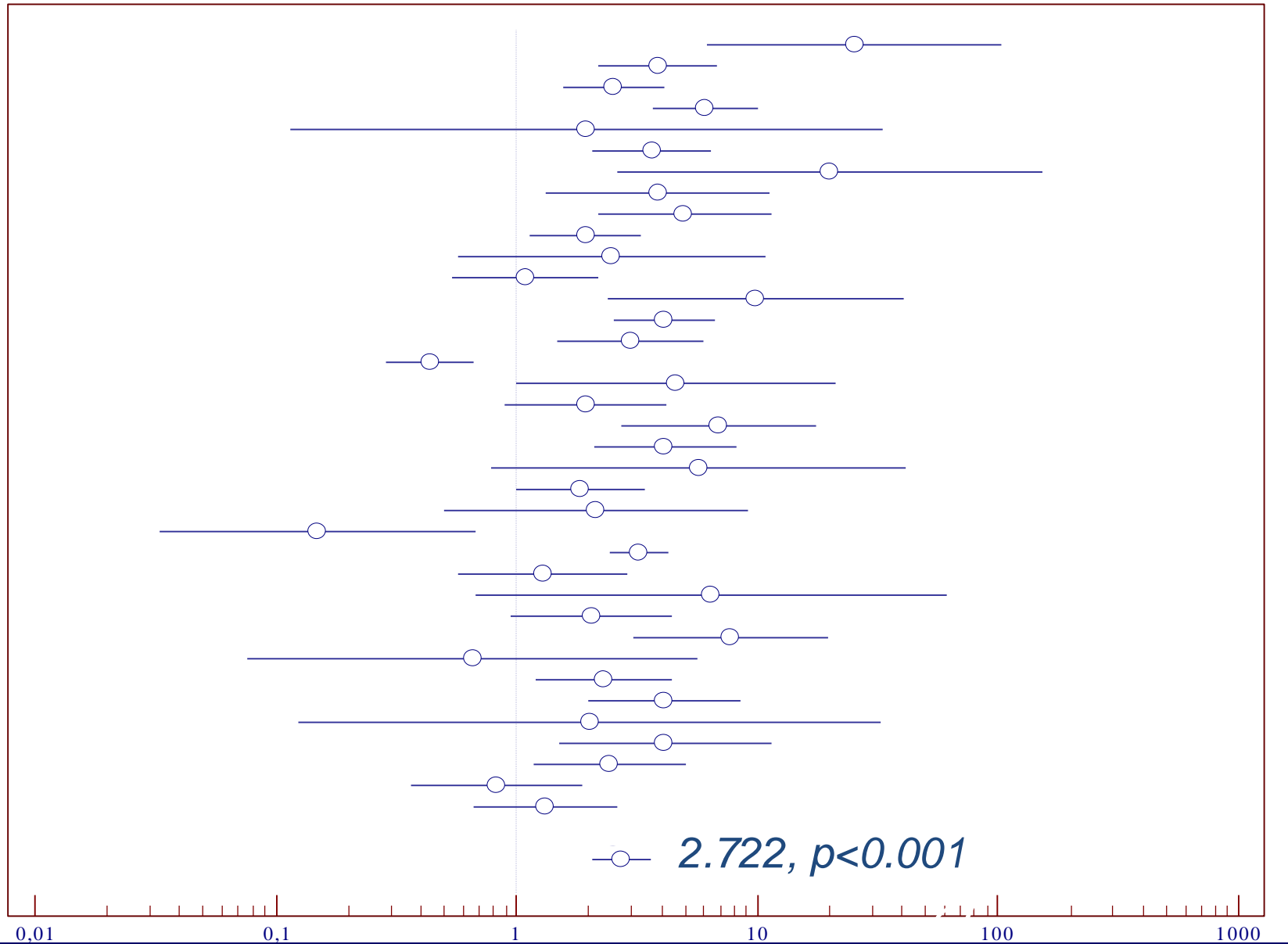
# Worldwide meta-analysis cysticercosis - epilepsy

*Debacq et Preux, personal data*

- Chopra 1981
- Maldonado 1986
- Mignard 1986
- Dumas 1989
- Gracia 1990
- Dansey 1992
- Nzisabira 1992
- Sarti 1992
- Garcia 1993
- Kong 1993
- Bouteille 1994
- Theis 1994
- Aranda-Alvarez 1995
- Grill 1996
- Andriantsimahavandy 1997
- Handali 1997
- Newell 1997
- Corréa 1999
- Cruz 1999
- Balogou 2000
- Mittal 2000
- Nicoletti 2002
- Macharia 2002
- Rakatobe 2002
- Nsengiyumva 2003
- Dongmo 2004
- Del Brutto 2005
- Montano 2005
- Li 2006
- Tran 2007
- Prasad 2008
- Winkler 2009
- Secka 2010
- Nitiéma 2012
- Singh 2012
- Elliott 2013
- Ngugi 2013

Total

Rapport de cotes



# Cerebral malaria

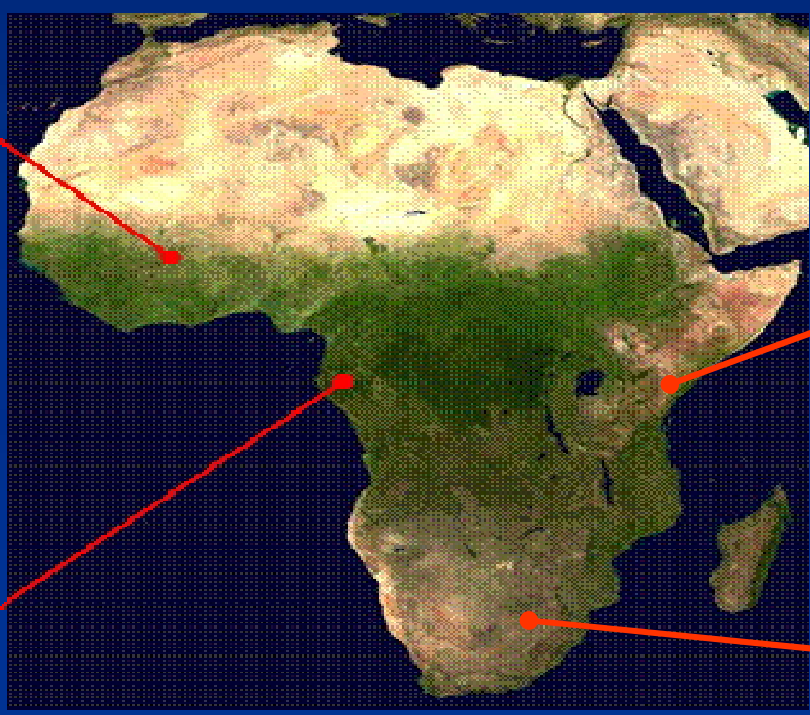
## Several recent epidemiological studies in sub-Saharan Africa



*Ngoungou et al.,  
Epilepsia 2006; 47:2147-53.*



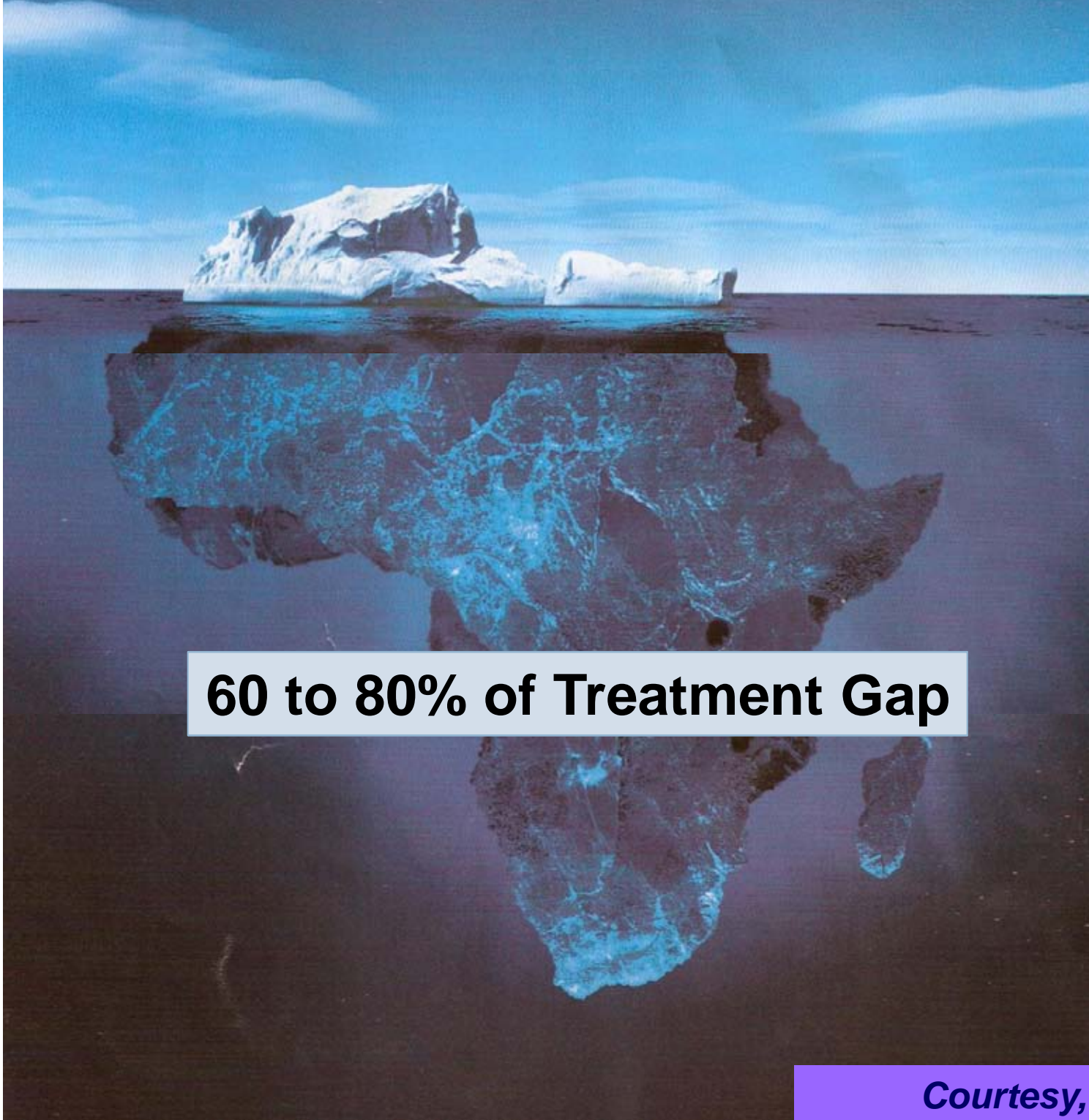
*Ngoungou et al.,  
Epilepsia 2006; 47: 873-9.*



*Carter et al.,  
Epilepsia 2004; 45: 978-81.*



*Birbeck et al.,  
Lancet Neurol 2010; 9: 1173-81.*



**60 to 80% of Treatment Gap**

# Causes of treatment gap

## Causes of a « diagnostic » treatment gap

Mistakes

No paraclinical examinations or trained staff

No access to health system (distance and/or cost)

Deny of the disease

Misbeliefs

## Causes of the treatment gap

No availability of the drug(s)

No money to buy the drug(s)

Low quality of the drug(s)

Prescription mistake

Choice to undergo only a traditional treatment



## Cultural context



- ? áSupernatural (punishment)
- ? áDevil action or “bad eyes”
- ? áUntreatable
- ? áContagious:
  - saliva, blood, sweat, urines, breath
  - breast feeding
  - chicken feces
  - contact with dogs...

## Very severe prognosis

- high frequency of seizures  
( $> 90\%$  **active epilepsies**)
- injuries, drownings, burns into open fire
- status epilepticus
- undernutrition
- high mortality





# Prevalence and incidence of stroke in Africa

## Prevalence studies

- South Africa: 300 / 100,000
- Tanzania: 200 / 100,000
- Nigeria: 114 / 100,000
- Nigeria: 58 / 100,000

## Incidence-studies

- Nigeria: 15 / 100,000 / yr
- Zimbabwe: 30 / 100,000 / yr

# Prevalence of stroke in Cotonou, Benin

Age group years	Total population		Males		Females	
	stroke prevalence n/1,000	number of strokes/ population size	stroke prevalence n/1,000	number of strokes/ population size	stroke prevalence n/1,000	number of strokes/ population size
15–44	0.3	4/12,580	0.6	3/5,300	0.1	1/7,279
45–54	14.0	17/1,212	20.3	9/443	10.4	8/769
55–64	23.8	19/799	29.1	9/309	20.4	10/490
65–74	51.7	18/348	62.9	10/159	42.3	8/189
75–84	74.6	10/134	120.0	6/50	74.1	4/84
85+	66.7	2/30	111.1	1/9	47.6	1/21
Total	4.6	70/15,103*	6.1	38/6,270	3.6	32/8,832

\* Total population: 15,155; population size by age: 15,103, with 52 missing.

## Incidence of ischemic cardiopathies and stroke in East Africa

Model parameter		Age groups in AfrE (years)				
		30–44	45–59	60–69	70–79	≥80
<b>Disease incidence (per 1000 population)</b>						
Ischaemic heart disease	Men	0.31	2.08	4.55	6.02	8.20
	Women	0.14	1.02	2.53	3.34	4.72
Cerebrovascular disease	Men	0.87	2.93	6.86	13.0	20.1
	Women	0.91	3.33	5.74	12.3	22.5

# Stroke mortality rates

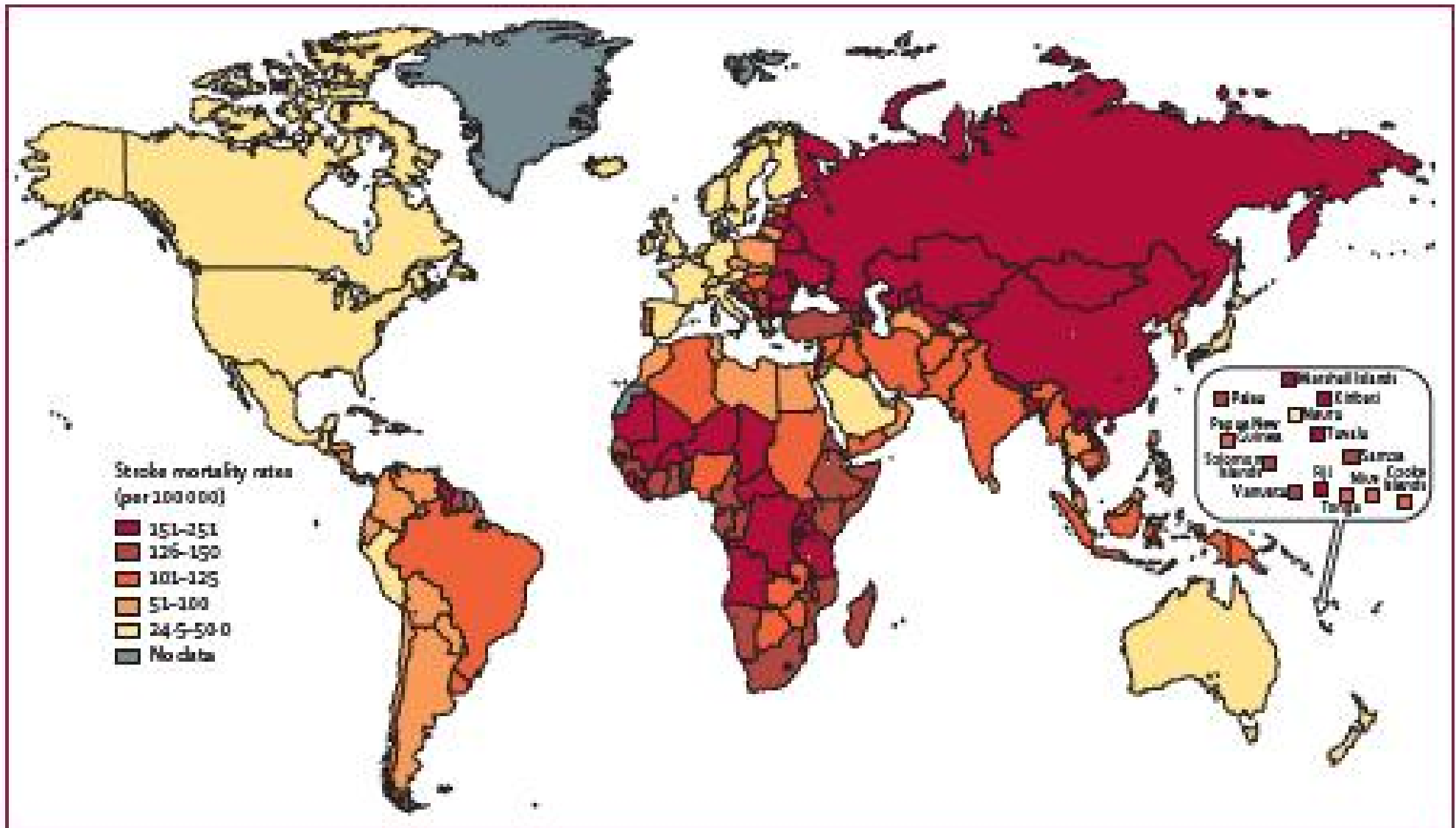
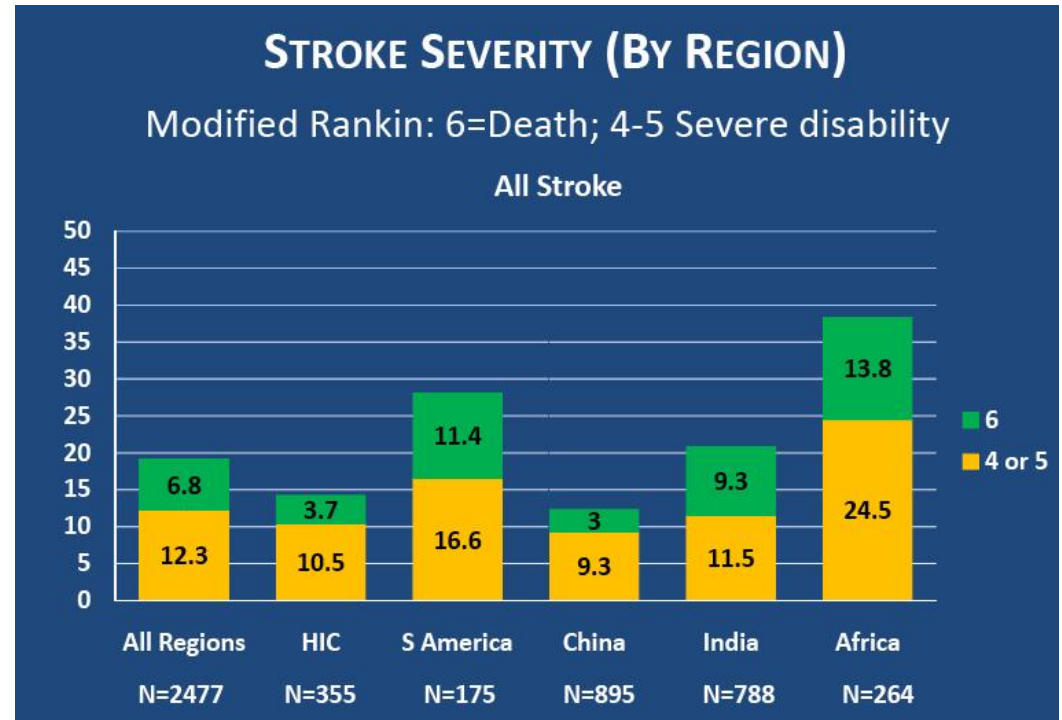
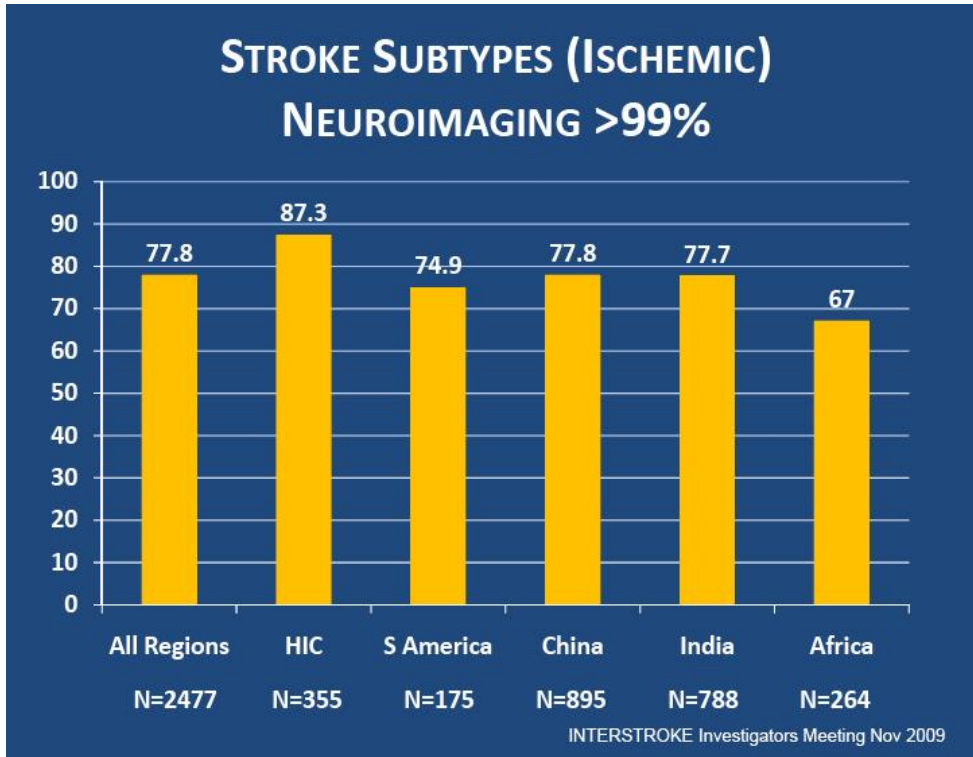


Figure 1: Age-adjusted and sex-adjusted stroke mortality rates  
Rates are highest in eastern Europe, north Asia, central Africa, and the south Pacific.

## Mortality from stroke, compared to myocardial infarction

Countries	Mortality / stroke per 100 000 / yr (% of global mortality)	Mortality / myocardial infarction per 100 000 / yr (% of global mortality)
Benin	143 (8.8)	113 (7.0)
Senegal	143 (9.2)	120 (7.7)
Congo	123 (7.8)	102 (6.5)
Gabon	120 (8.5)	103 (7.2)
France	28 (6.1)	38 (8.3)

- Africa
  - Mozambique, Nigeria, South Africa, Sudan, Uganda



# Neurology®

## **Stroke in Sub-Saharan Africa: An Urgent Call For Prevention**

Jerome H. Chin

*Neurology* 2012;78:1007-1008

DOI 10.1212/WNL.0b013e318248df95

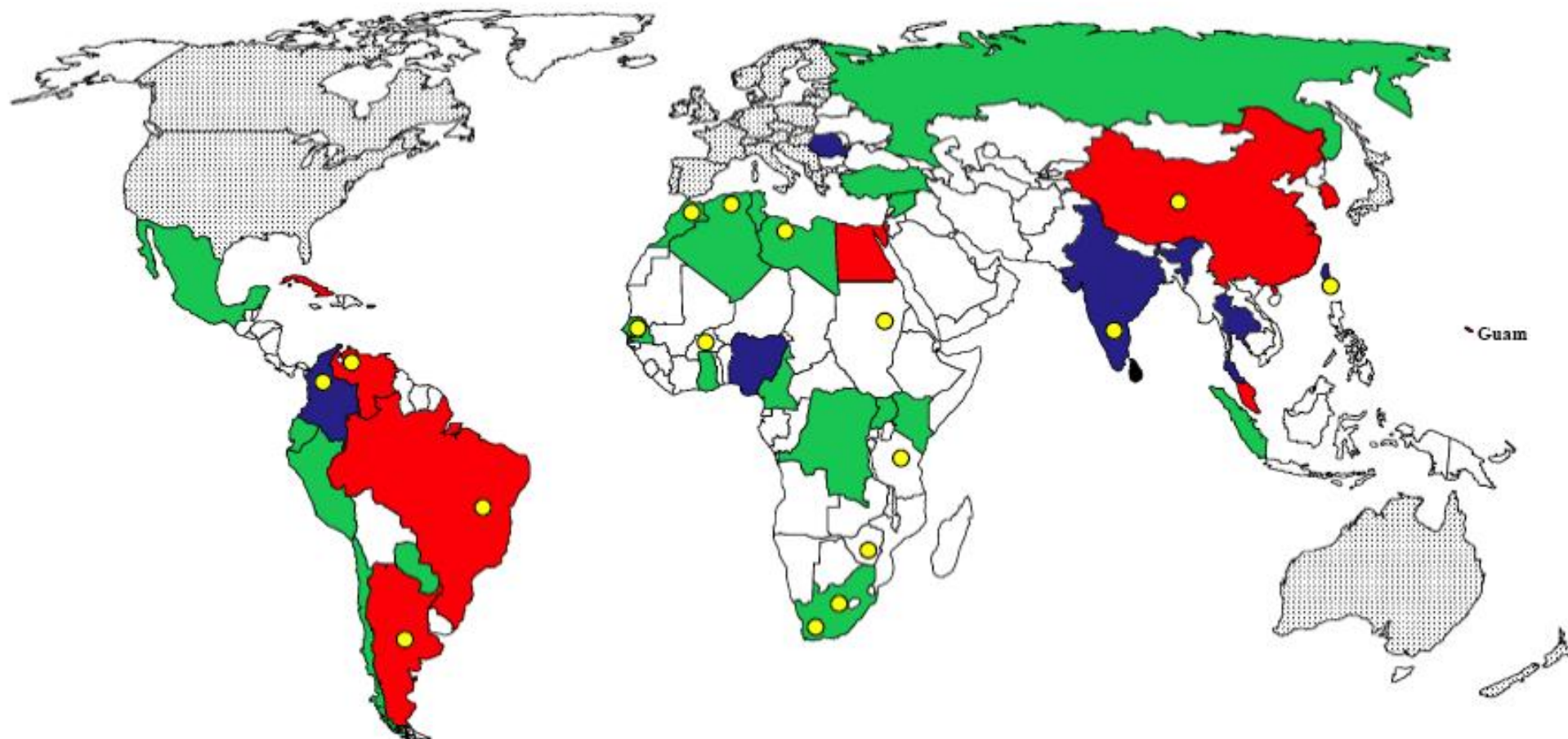
# NIGERIA : Ibadan / USA : Indianapolis Dementia Project

*Ethnic group: Yorubas, + de 65 ans*

<b>Prevalences</b>	<i>Dementia</i>	<i>AD</i>
<b>Ibadan, Nigeria</b>	2.3%	1.4%
<b>Indianapolis, USA</b>	8.2%	6.2%



# Dementia



- Prevalence or incidence comparable to developed countries
- Associated factors studied but no prevalence data
- Low prevalence <3%
- Clinical cases reported

# Africa

Countries		Prevalence of dementia (% & CI 95% )
Mali	Bamako ( <i>Traoré et al., 2002</i> )	AD = 1.2
	Koulikouro ( <i>Gunito et al., 2004</i> )	AD possible = 1.8 AD probable = 6.6
Nigeria	Ibadan ( <i>Hendrie et al., 1995</i> )	2.3 (1.2-3.4)
	Jos ( <i>Ochayi et al., 2006</i> )	6.4 (3.8-9.9)
Tanzania ( <i>Longdon et al., 2012</i> )		?á70 yrs: 6.4 (4.9-7.9)

# Our studies in SSA (IENT, UMR1094 NET, Limoges)

## Benin, CAR, Congo

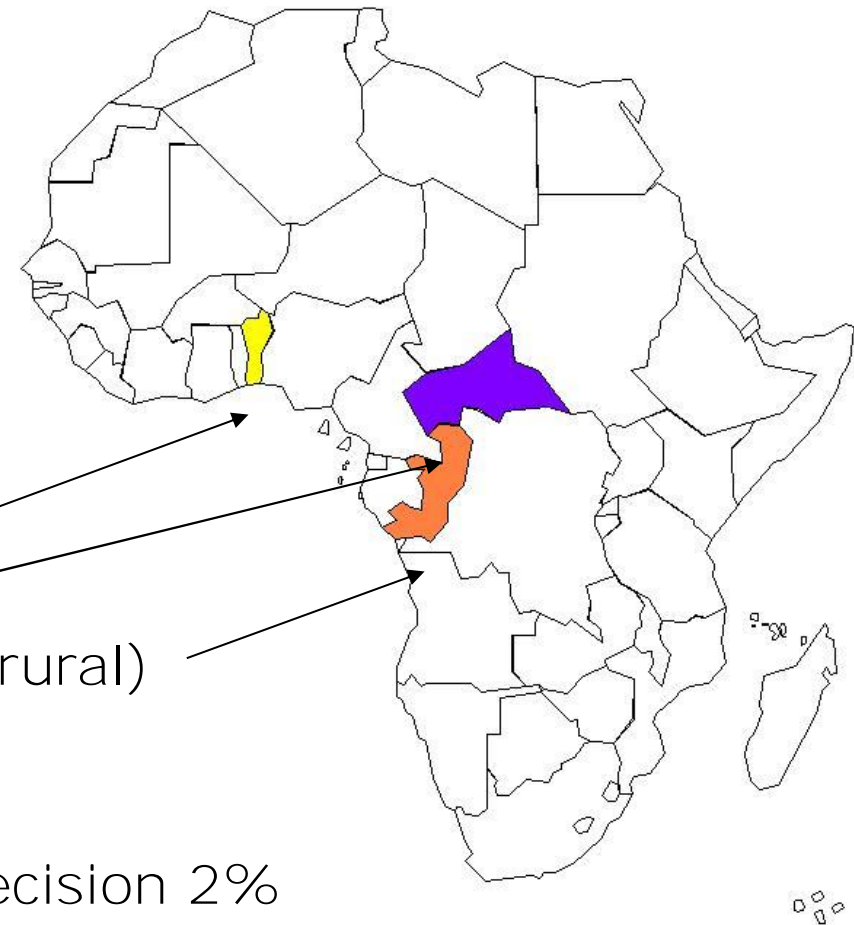
- Cross-sectional DTD population-based surveys  $\geq 65$  yrs

- Locations:

- Benin: Cotonou (urban), Djidja (rural)
- CAR: Bangui (urban), Nola (rural)
- Congo: Brazzaville (urban), Gamboma (rural)

- Number of needed subjects:

Based on expected prevalence 5%; precision 2%  
= 456 subjects  $\geq 65$  yrs  
è 500 subjects per site



*Funded by  
French Ministry of Foreign Affairs  
French National agency for research,  
AXA Research fund*

Our results (IENT, UMR1094 NET, Limoges)



Countries		Crude prevalence of dementia (CI 95%)	Crude prevalence of AD (CI 95%) (% AD in dementia)
Benin	Djidja ( <i>Guerchet et al., 2009</i> )	2.6 (1.1-3.8)	2.2 (1.1-3.9) (84.6%)
	Cotonou ( <i>Paraiso et al., 2011</i> )	3.7 (2.6-4.8)	2.8 (1.9-3.9) (75.7%)
CAR	Bangui EDAC ( <i>Guerchet et al., 2010</i> )	8.1 (5.8-10.8)	6.6 (4.6-9.2) (81.4%)
	Bangui ANR Epidemca*	6.4 (4.4-8.9)	4.4 (2.8-6.6) (68.7%)
	Nola ANR Epidemca*	8.5 (6.1-11.3)	7.8 (5.6-10.6) (91.7%)
Congo	Brazzaville EDAC ( <i>Guerchet et al., 2010</i> )	6.7 (4.7-9.2)	4.6 (3.0-6.8) (68.6%)
	Brazzaville ANR Epidemca*	6.6 (4.6-9.0)	4.2 (2.6-6.3) (63.6%)
	Gamboma ANR Epidemca*	5.7 (3.8-8.0)	4.3 (2.8-6.4) (75.4%)

\* UMR1094, data 2013, not published

## Mortality – Central Africa

- 93.4% of subjects followed-up (n=371/397)
- **Mortality after 2 yrs of follow-up:**

	Dementia (n=75)	<i>p</i>	CIND (n=222)	<i>p</i>	Controls (n=105)
Bangui	32.5% [CI95% : 18.6-49.1]	<i>p</i> =0.016	12.1% [CI95% : 6.9-19.2]	<i>p</i> =0.486	16.4% [CI95% : 8.1-28.1]
Brazzaville	40.0% [CI95% : 23.9-57.9]	<i>p</i> =0.009	13.3% [CI95% : 7.2-21.6]	<i>p</i> =0.467	6.8% [CI95% : 1.4-18.6]

*Dementia vs Controls: Bangui:  $p=0.059$  / Brazzaville:  $p=0.004$*

*No difference between towns*

## Genetic factors in dementia in SSA:

### ApoE, no link??

**Benin** (*Guerchet et al., 2009*)

- ü No influence of ApoE epsilon 4

- ü ApoE epsilon 2: OR=0.12 (CI95%=[0.02-0.89]), p=0.038

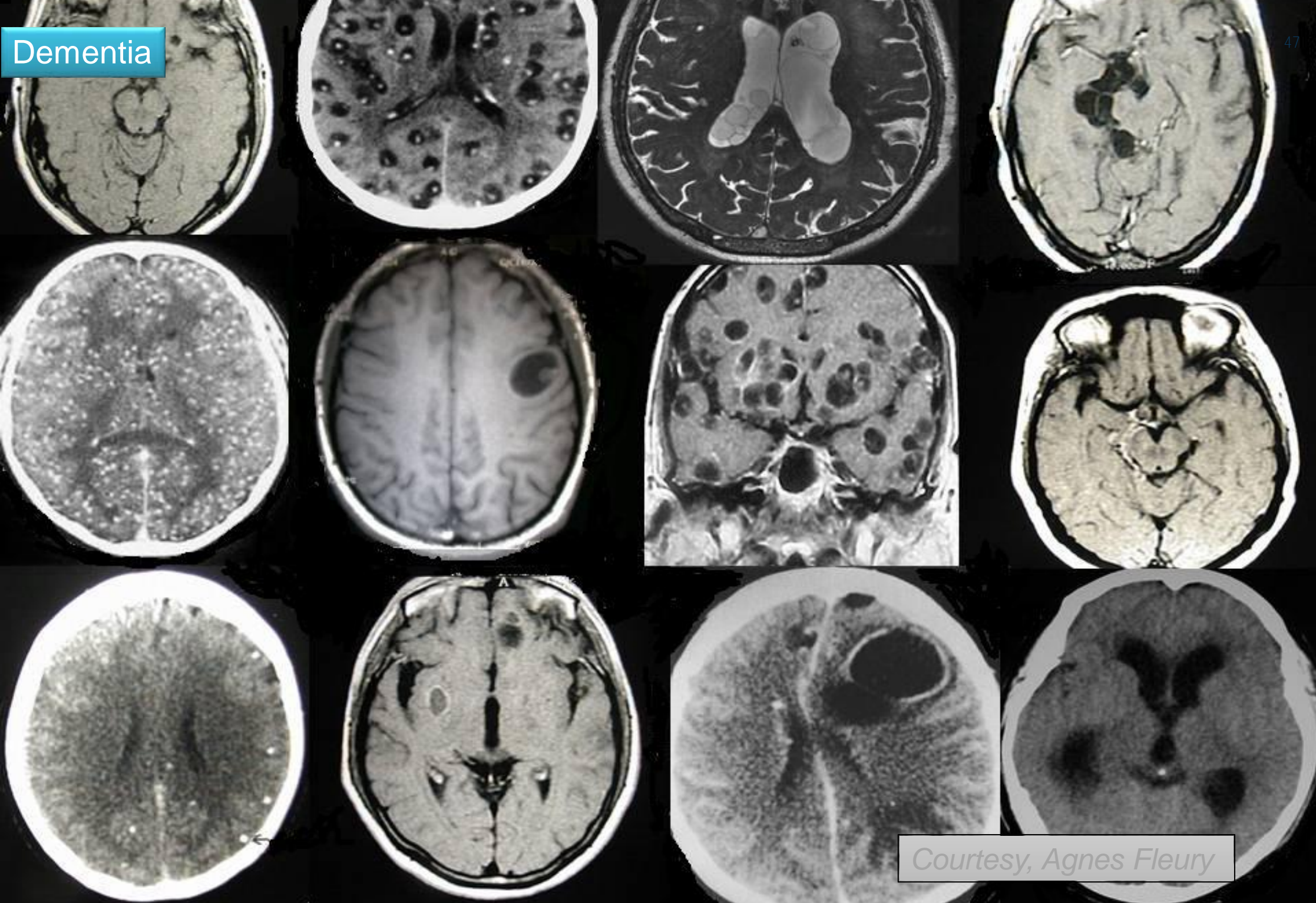
**Kenya** (*Chen et al., 2010*)

**Nigeria** (*Gureje et al., 2006 ; Hall et al., 2006*)

**Tanzania** (*Sayi et al., 1997*)

- ü No influence of ApoE epsilon 4

Dementia



Courtesy, Agnes Fleury

# Parkinson Disease

Only few community – based studies (*Ethiopia, Nigeria, Tanzania, Togo*):

*Movement Disorders*  
Vol. 21, No. 12, 2006, pp. 2150–2156  
© 2006 Movement Disorder Society

## Parkinson’s Disease in Africa: A Systematic Review of Epidemiologic and Genetic Studies

Njideka U. Okubadejo, MD,<sup>1,2</sup> James H. Bower, MD,<sup>1\*</sup> Walter A. Rocca, MD, MPH,<sup>1,3</sup>  
and Demetrius M. Maraganore, MD<sup>1</sup>

**TABLE 2.** *Prevalence studies of Parkinsonism and Parkinson’s disease in Africa*

Country <sup>a</sup>	Year (study duration)	Population size	Crude prevalence <sup>b</sup> (per 100,000)	Prevalence in specified age range <sup>b</sup>	Diagnostic criteria or protocol
Nigeria <sup>27,28</sup>	1982 (1.5 yr)	20,000	10	59 (> 39 yr)	WHO protocol and three of four cardinal signs
Libya <sup>29</sup>	1982 (~ 2 yr)	518,745	31.4	285.1 (> 50 yr)	Two of 4 cardinal signs; no exclusion criteria
Tunisia <sup>30</sup>	1985 (~1 month) <sup>d</sup>	34,874	43	216 (≥ 40 yr) 296 (≥ 50 yr)	WHO protocol <sup>c</sup>
Ethiopia <sup>31</sup>	1986 (~2 yr)	60,820	7	—	Not detailed
Togo <sup>32</sup>	1989	19,241	20	—	WHO protocol <sup>c</sup>
	1995	4,182	20	—	WHO protocol <sup>c</sup>



# Parkinson Disease

## The Prevalence of Parkinson's Disease in Rural Tanzania

Catherine Dotchin,<sup>1\*</sup> Olivia Msuya,<sup>2</sup> John Kissima,<sup>3</sup> John Massawe,<sup>3</sup> Ali Mhina,<sup>3</sup> Address Moshi,<sup>3</sup>  
Eric Aris,<sup>4</sup> Ahmed Jusabani,<sup>5</sup> David Whiting,<sup>6</sup> Gabriel Masuki,<sup>3</sup> and Richard Walker<sup>1</sup>

n = 161,071

Prevalence: 20/100 000

Prevalence std: 40/100 000

## Parkinsonism in a population of northern Tanzania: a community-based door-to-door study in combination with a prospective hospital-based evaluation

Andrea Sylvia Winkler · Esra Tütüncü ·  
Anna Trendafilova · Michael Meindl ·  
John Kaaya · Erich Schmutzhard · Jan Kassubek

n=1569 ? 50 yrs

Prevalence: 0??

'We call it the shaking illness': perceptions and experiences of Parkinson's disease in rural northern Tanzania

Gery Mshana<sup>1\*</sup>, Catherine L Dotchin<sup>2</sup> and Richard W Walker<sup>3</sup>

# Migraine

## Some prevalence studies in Africa

**Table 4** Some migraine prevalence studies among populations

Year	Authors (references)	Country	Migraine definition	Timeline	Population	Age of interviewees, years	Prevalence		Overall prevalence, %
							M	F	
1982	Osuntokun et al. (10)	Nigeria	AHC	–	Rural community	All	4.6	8.8	6.7
1983	Levy (23)	Zimbabwe	AHC	1 year	Rural community	>5	3.5	8.9	4.2
1984	Ogunyemi (18)	Nigeria	AHC	Whole life	Students	16–42	15.6	19.8	16.7
1988	Longe and Osuntokun (24)	Nigeria	–	–	Rural community	All			6.3
1992	Osuntokun et al. (11)	Nigeria	AHC	–	Urban community	All	5.0	5.6	5.3
1993	Romdhane Attia et al. (25)	Tunisia	–	–	–	0–100	2.5	4.5	3.4
1995	Matuja et al. (26)	Tanzania	AHC	2 years	Urban community	20–40	–		7.2
1995	Tekle-Haimanot et al. (9)	Ethiopia	IHS	1 year	Rural community	> 20	1.7	4.2	3.0
2004	Dent et al. (8)	Tanzania	IHS	1 year	Rural community	> 11	2.5	7.0	5.0
2003	Our Study	Benin	IHS	Lifetime	Rural community	> 15	2.2	4.0	3.3

Perfect illustration of wide methodological variations in data collection, criteria, timelines, populations...

# Example of a rare disease: ALS

## ✓ Literature review

### ∅ 35 studies - ALS in Africans

- 21 performed in Africa
- 14 migration studies

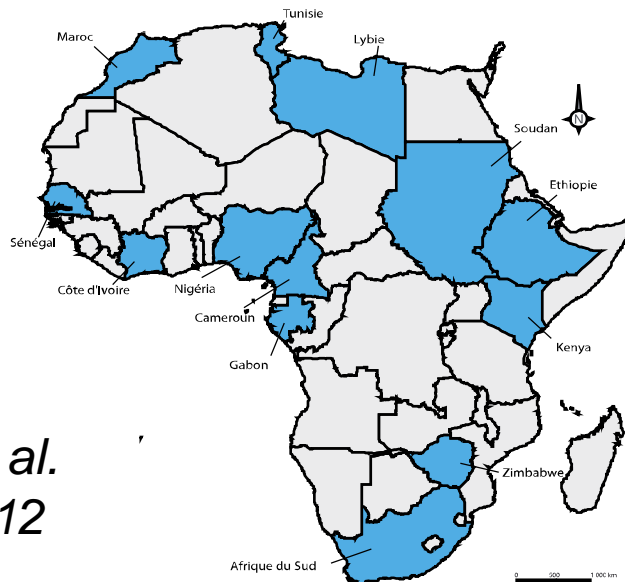
### ∅ Characteristics of ALS

- Younger age at onset: 50 years
- Existence of juvenile forms
- Median SR: 2.75

*Problems of the availability of data for population-based estimates*

## ✓ TROPALS study (n=44)

- Mean age: 52 years
- 1 case < 25y; 2 cases < 30y
- SR: 2.60



*Marin et al.  
ALS, 2012*



*Tropals  
inclusions*

- ü Africa: a huge continent
- ü Methodological challenges
- ü Global burden of diseases
- ü Focus on some diseases
- ü Conclusion

# Conclusions



- Methodological challenges
- Too few well-conducted studies
- Realities vary regions to regions, or countries to countries, and sometimes even within the same countries, depending for example of the risk factors
- Progression of neurological and mental health disorders in terms of DALY and deaths

**Neuroepidemiological studies in Africa are now  
not only a necessity**

**but an emergency...**

*What can be done ?*

1. Improve and stimulate training by research
2. Propose methodological support
3. Approach global funding and stakeholders
4. Increase number of studies

# 1. Improve and stimulate training by research

***Master + PhD***

**MASTER**

Neuroépidémiologie et Parasitologie Tropicales

As an example : **Master Degree in Tropical Neuroepidemiology and Parasitology, Limoges, France**

- **PhD in cotutorship +++**
- **Intensive courses in Africa in Neuroepidemiology (initiatives exist)**
- **International organizations could play a role**

## 2. Propose methodological support

### *Create or develop methodological Units*

- Sub-regional or regional first
- In each country in a second time

**True technical plate-forms  
with skills in creating databases,  
data-management, biostatistics  
with professional softwares**

**HUMAN RESOURCES**

**Composition de l'équipe**

- Henri BONRABAU  
biostatisticien
- François DAL MAY  
ingénieur d'études
- Laurent GIDEL  
data manager
- Sandra GRÉ SIAK  
secrétaire médicale
- Sandrine LUCE  
data manager
- Denoit MARIN  
assistant hospitalo-universitaire
- Pierre-Marie PREUX  
responsable
- Marie RAYMONDEAU  
data manager

**Laboratoire de Biostatistique  
+  
Unité Fonctionnelle  
de Recherche Clinique  
et de Biostatistique (UFRCB)  
= Cebimer**

**Cebimer**  
Centre d'Epidémiologie,  
de Biostatistique et  
de Méthodologie de la Recherche

Université de Limoges

PÔLE santé publique

CHU  
Centre Hospitalier Universitaire  
de Limoges

**= one of the keys towards publications  
in higher level journals**



### 3. Approach global funding and stakeholders

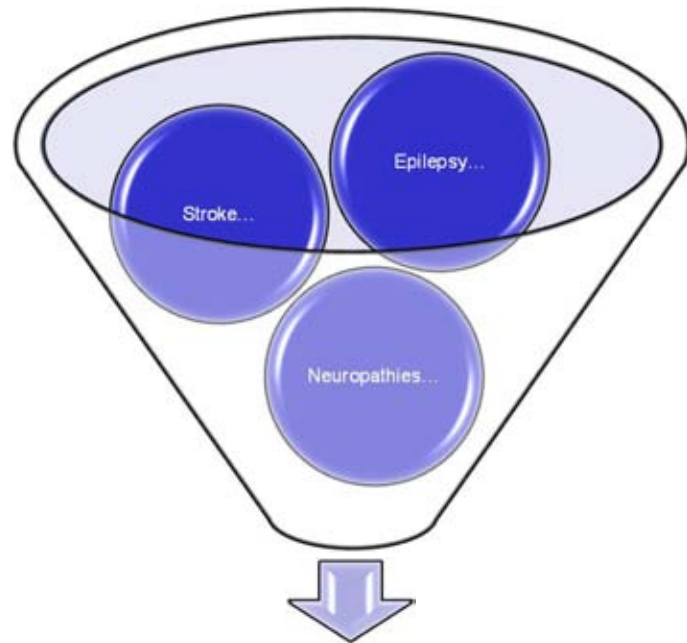
*As usual, money is the point...*

**WFN could help in this matter**

- **Scholarships**
- **Funds to start the process of methodological units**
- **Seed money for starting research**
- **And then possibility to propose well developed ambitious protocols**
  - **Interregional**
  - **Comparative epidemiology**
  - **To raise and test new hypotheses**

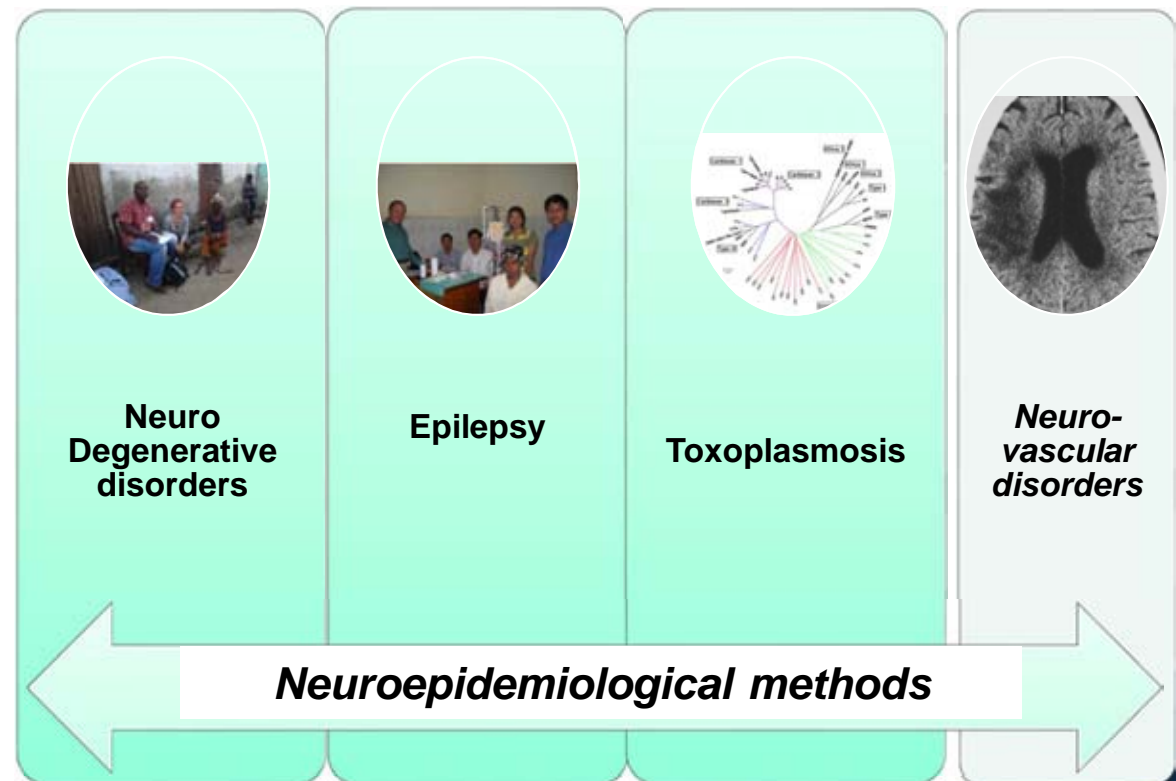
## 4. And then make many more studies...

***Everybody could be involved!***



***Researches***

### Inserm U1094 Research axes 2012-2017



Concepts and methods in neuroepidemiology  
research are worldwide the same

Neuroepidemiological research is feasible in Africa  
and needs development



*Thank you for  
your kind  
attention*



# Complementary slides

### **Box 2: Global Burden of Disease methodology**

GBD uses thousands of data sources from around the world to estimate disease burden. As a first step, GBD researchers estimate child and adult mortality using data sources such as vital and sample registration systems, censuses, and household surveys. Years lost due to premature death from different causes are calculated using data from vital registration with medical certification of causes of death when available, and sources such as verbal autopsies in countries where medical certification of causes of death is lacking. Years lived with disability are estimated using sources such as cancer registries, data from outpatient and inpatient facilities, and direct measurements of hearing, vision, and lung function testing. Once they have estimated years lost due to premature death and years lived with disability, GBD researchers sum the two estimates to obtain disability-adjusted life years. Finally, researchers quantify the amount of premature death and disability attributable to different risk factors using data on exposure to, and the effects of, the different risk factors. For more information about the GBD methods, see the Annex of this report as well as the published papers.



# Disability Adjusted Life Years (DALY)

The only differences in the rating of a death or disability should be due to age and sex, not to income, culture, location, social class. A common measurement unit for morbidity and mortality.

Everyone in the world has right to best life expectancy in world.

Facilitates comparisons of all types of health outcomes.

$$\text{DALY} = \text{YLL} + \text{YLD}$$

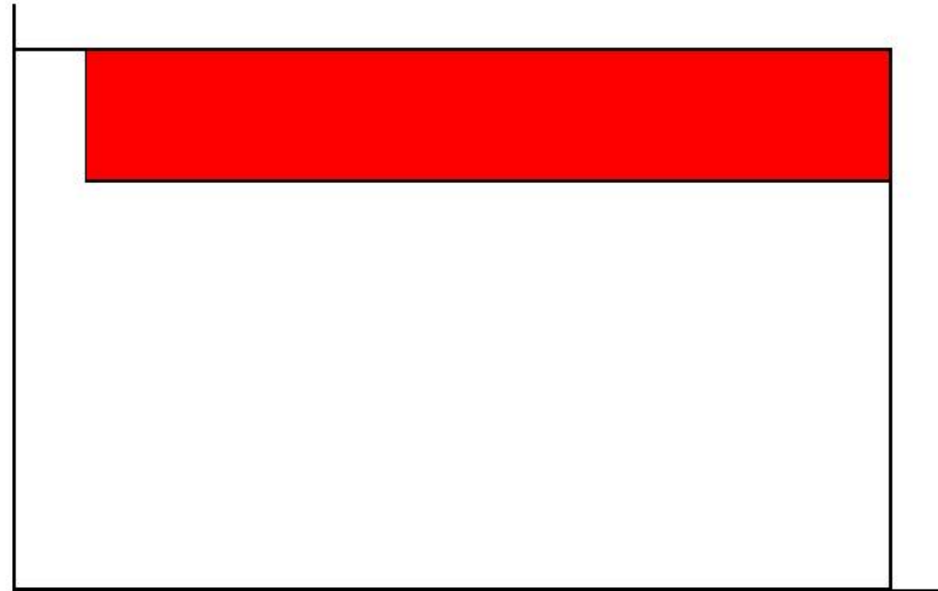
- Years of Lost Life (due to mortality)
- Years Lost to Disability (due to injury & illness)



# DALYs due to living with disability

(Red area measures DALYs. Red + white is a “normal” life)

NO  
DISABILITY



82,5 YEARS

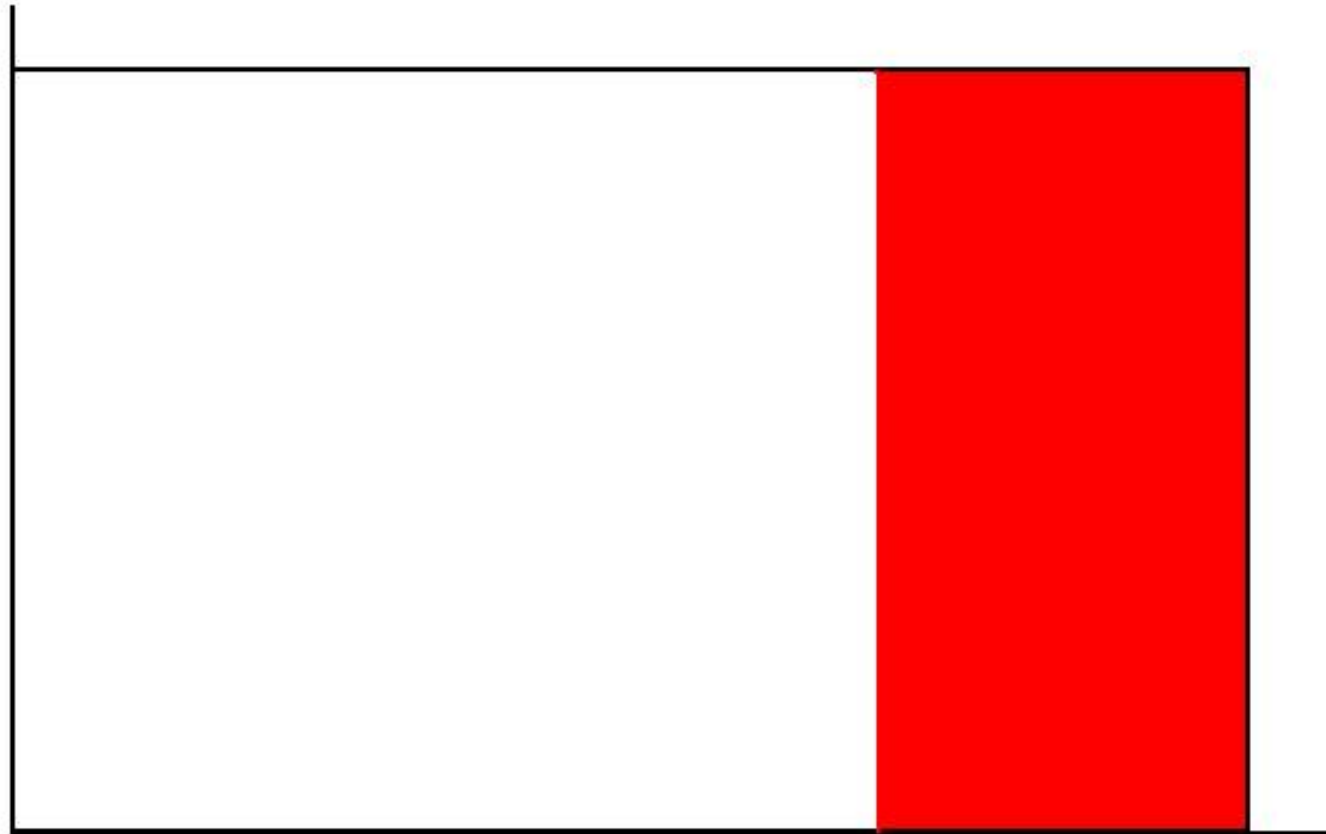




(Re

No  
disability

NO  
DISABILITY



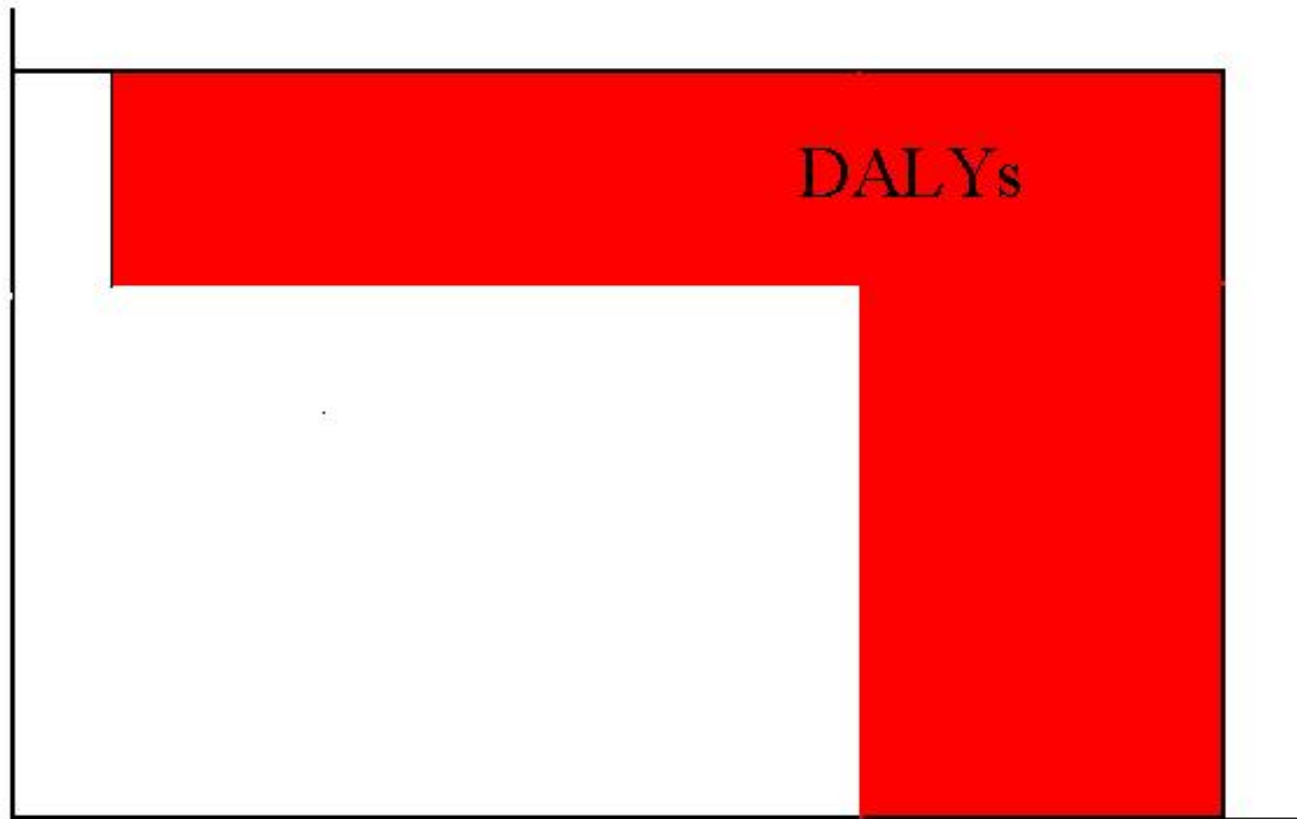
82,5 years

82,5 YEARS



No disability

NO  
DISABILITY



82,5 years

82,5 YEARS



# Relation between QALYs and DALYs

DALYs = 1 - QALYs

No  
disability

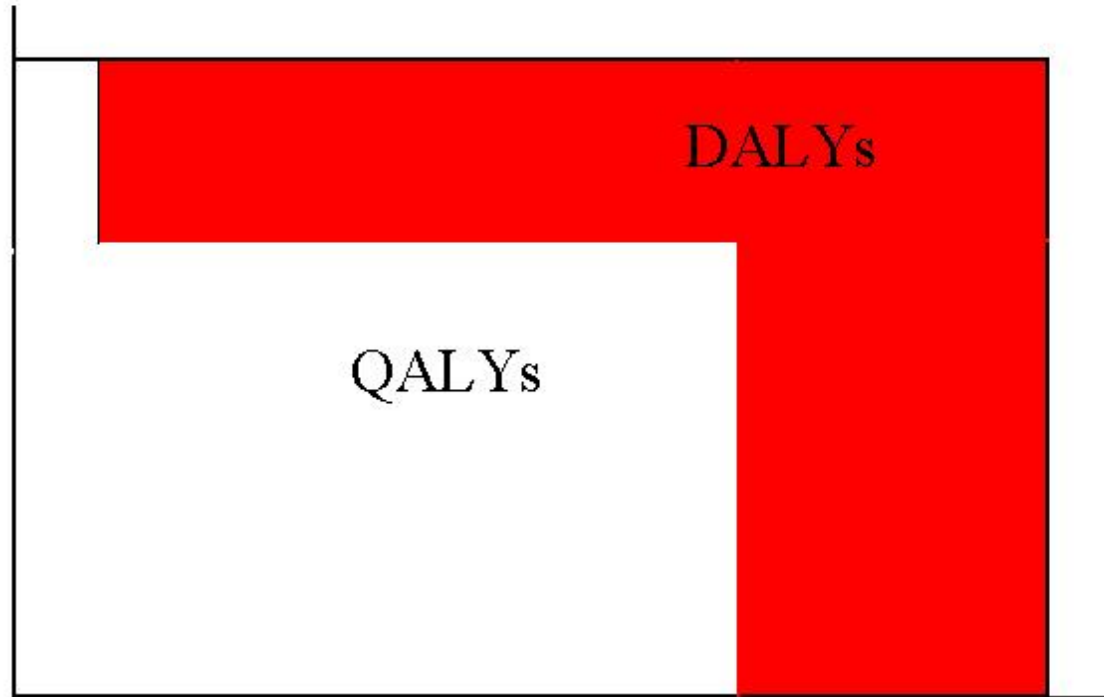
DALYs

QALYs

*NO  
DISABILITY*

82,5 years

*82,5 YEARS*



## DALY, GBD, 2010

- Progress on some communicable diseases but they stay on the top
- All of the neurological or mental health disorders increased between 1990 and 2010 (stroke, epilepsy, depression)

Figure 8: Shifts in leading causes of DALYs in sub-Saharan Africa, 1990-2010

