SYLLABUS

Marrakesh, Morocco, November 12-17, 2011

XXth WORLD CONGRESS OF NEUROLOGY







WCN Education Program Wednesday, 16 November, 2011 14:30-18:00

NEUROLOGICAL VISUAL DISTURBANCES

Chairperson: **Tulay Kansu**, *Turkey*

- 14:30 VISUAL LOSS Tulay Kansu, *Turkey*
- 15:00 CASES BY FACULTY
- 15:30 OPTIC NEUROPATHIES Nancy J. Newman, USA
- 16:00 Coffee Break
- 16:30 PAPILLEDEMA Valerie Biousse, USA
- 16:55 VISUAL FIELDS Nancy J. Newman, USA
- 17:15 ANISOCORIA Valerie Biousse, USA

17:30 CASES, QUESTIONS



	R	L
Visual acuity	20/50	Hand motion
Color vision	2/12	0
Eye movements	full	Limited in and up
Light reflex	+	- RAPD+
Fundus	Pale disc	Pale disc
Visual field	Temporal h	complete

Pituitary apoplexia

- Hipophyseal tumor + infarct or hemorrhage
- Normal hipophysis + blood loss, hypotension, thrombosis, ischemia
- Tx: hormon replacement, electrolyte balance, surgical decompression

Murad-Kejbou S, Eggenberger E. Curr Opin Ophthalmol. 2009

2. 62 yo, M, sudden onset difficulty seeing objects on the left

- VA 20/30 20/30
 Color vision 12/12 12/12
- Eve movements Full
- Eye movements FuLight reaction +
 - + / +
- Fundus Normal
- Visual fields
 Left homonim hemianopsia
 w central sparing



R

3. 75 yo,W, w acute visual loss. She hits the objects but can read the near card			
	R	L	
VA	20/40 (near)	20/40 (near)	
Color vision	Identifies colors	Identifies colors	

full

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Normal Tubular

Tubuler vision (peripheral constriction)

- · Bilateral occipital infarct
- Functional

Eye movement | full

Light reflex Fundus

Visual field

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Normal

Tubular

- Advanced glaucoma
- Retinitis pigmentosa

4.68 yo M, w seizure, headache, bilateral visual loss

- Hx of headache for 2 days, visual blurring, nausea, vomiting and a generalized seizure.
- Hypertensive for 10 yrs.
- Somnolent, not cooperative for visual examination. Fundus normal.
- BP: 230 / 75 mm Hg



- Reversible Posterior leukoencephalopathy Syndrome (RPLS)
- 39 % present with visual symptoms

Feske SK. Semin Neurol. 2011

5. 73 yo, W, Visual loss noted by relatives She hits the objects but denies blindness

	R	L
VA	Doesn't follow	light or objects
Color vision	-	-
Eye movements	Full	Full
Light reflex	++	++
Fundus	Normal	Normal
Visual field	Not	cooperated



Cortical blindness

- Ischemia (Bilateral infarct)
- Hypoxia, anoxia (CO)
- Toxic (angiography, contrast?)
- Denial of blindness (Anton syndrome)

Fraser JA, Newman NJ, Biousse V.Disorders of the optic tract, radiation, and occipital lobe. Handb Clin Neurol. 2011

6.38 yo,M, Bilateral visual loss noted on awakening

- VA: Hand motion
- Fundus: Minimal disc edema
- NE normal

Methanol Intoxication

- · Loss of vision (bilateral optic neuropathy)
- · Putaminal necrosis, death
- · Formaldehide and formic acid accumulation
- Treatment
 - Competetive inhibitors of alcohol dehydrogenase
 - Ethyl alcohol: (0.8-2 ml/kg/hr, IV)
 - Fomepizol (Antizol): 15 mg/kg IV slow infusion X 2
 - Hemodialysis

Acute blindness and putaminal necrosis in methanol intoxication. Int Ophthalmol. 1998

7.48 yo M, suddenly unable to read

- VA 20/20 20/20
- Color V 9/12 9/12
- VF Right homonim hemianopsia
- EM Full
- Pupil LR + / +
- Fundus Normal



Cortical visual disturbances

	Dorsal pathway	Ventral pathway
Cortical blindness	Balint syndrome	Agnosia
Blindsight	Visual neglect	Prosopagnosia
Riddoch phenomena	Visual allesthesia	Alexia
Visual ataxia	Upside-down	Color anomia
Achromatopsia	vision	Visual amnesia
Akinetopsia		
Hallucinations		

Transient visual loss How to approach?

>50 yo

- Carotid artery stenosis
 - Hypertension
 - Atherosclerosis
 - Diabetes, hyperlipemia, smoking
- <50 yo
- Cardiac (arrhythmia, mitral stenosis)
- Oral contraceptives
- Migraine
- Coagulopathy
- >70 yo
- Temporal arteritis

Thurtell MJ, Rucker JC. Transient visual loss. Int Ophthalmol Clin. 2009

Functional bilateral visual loss

- OKN
- Mirror test
- Finger to finger
- Hand writing
- VEP can be misleading

Miller NR. Functional neuro-ophthalmology. Handb Clin Neurol.2011 Bruce BB, Newman NJ. Functional visual loss. Neurol Clin. 2010

Unexplained visual loss

- Ocular
 - Anterior segment
 - Retinal diseases
- Neuro-ophthalmic
 - Amblyopia
 - Retrobulbar and intracranial
- Functional

Griffiths PG, Ali N. Medically unexplained visual loss in adult patients. Curr Opin Neurol. 2009

Optic Neuropathy Update

Nancy J. Newman, MD Emory University Atlanta, GA, USA

Most illustrations are from: Biousse V, Newman NJ. Neuro-Ophthalmology Illustrated. Thieme 2009. No conflict of interest

Optic Neuropathy

Classic Features

- Decreased visual acuity
- Abnormal visual field
- Relative afferent pupillary defect
- Can see through to the nerve
- Swollen or pale optic nerve

Optic Neuropathy

Causes

- Inflammatory
- Vascular
- Compressive/Infiltrative
- Toxic/Nutritional
- Hereditary
- Traumatic
- Elevated intracranial pressure
- Elevated intraocular pressure



Optic Neuropathy Papilledema

- Disc swelling from 1 intracranial pressure
- Any age
- Painless
- Bilateral
- Spares visual acuity
- Constriction of visual field





Papilledema

Causes

- Intracranial mass lesions
- Hydrocephalus
- Meningeal processes
- Cerebral venous thrombosis



 Idiopathic intracranial hypertension (pseudotumor cerebri)

Optic Neuropathy Typical Optic Neuritis

- Inflammation of the optic nerve
- F:M 3:1
- Age: 15-45
- Pain on eye movement
- Normal or swollen disc
- Spontaneous improvement
- Associated with multiple sclerosis





ONTT • No difference in visual acuity between steroid and placebo groups at 6 months.

- I.V. steroids may accelerate recovery by 2 to 3 weeks.
- Oral prednisone (1mg/kg/d) doubles risk of recurrence

(NEJM 326:581, 1992)



Monosymptomatic Pts and Delay to CDMS

- CHAMPS: IFNβ-1a (Avonex®)

 30 μg IM qwk X 2 yrs (35% vs 50%)

 ETOMS: IFNβ-1a (Rebif®)

 22 μg SC qwk X 2 yrs (34% vs 45%)

 BENEFIT: IFNβ-1b (Betaseron®)

 250 μg SC qod X 2 yrs (28% vs 45%)
- PreCISe: Glatiramer acetate (Copaxone®)
 20 mg SC qd X 2 yrs (25% vs 43%)

Neuromyelitis Optica (Devic)

- Severe uni- or bilateral optic neuritis
- Transverse myelopathy
- Abnormal cervical spine MRI (long T2hypersignal over more than 3 segments)
- Brain MRI normal or with atypical T2hypersignals
- Positive NMO IgG antibodies (blood test)
- Prognosis poor



Ischemic Optic Neuropathy

- Anterior ischemic optic neuropathy (AION): disc edema
- Posterior ischemic optic neuropathy (PION): optic nerve normal acutely
- AION >> PION



- Local small vessel disease (not embolic!)
- Rule-out giant cell arteritis if >50 years old!!

Optic Neuropathy

Nonarteritic Anterior Ischemic Optic Neuropathy

- Ischemia to the optic nerve head
- M: F 1:1
- Age: older than 50
- Diabetes, hypertension
- Painless
- Altitudinal defect
- Swollen disc
- Permanent visual loss





Perioperative Ischemic Optic Neuropathy

- Anterior optic nerve – Acute: swelling of disc
 - -> 6 wks: pallor of disc
- Posterior optic nerve

 Acute: normal fundus
 > 6 wks: pallor of disc





Compressive Optic Neuropathy

- Progressive, painless, visual loss
- RAPD if unilateral or asymmetric
- Pale nerve (or swollen if orbital mass)
 - Any orbital mass (thyroid) or infiltrative process
 - Any orbital apex lesion
 - Any intracranial mass or infiltrative process compressing the anterior visual pathways

Toxic/Nutritional



- Vitamin B12 deficiency
- Tobacco (cigars > cigarettes)
- Progressive, bilateral, symmetric central visual loss
- Dyschromatopsia
- Cecocentral scotomas
- Acutely optic nerve normal or appears swollen
- · Temporal optic disc pallor may be delayed

Toxic Optic Neuropathies

• Ethambutol

- Dose-related
- Early dyschromatopsia
- Linezolide
 - Dose-related
 - Mild disc edema
 - Peripheral neuropathy
- Amiodarone – Disc edema (mimics AION)
- Methanol and ethylene glycol





Hereditary Optic Neuropathies

- Isolated optic neuropathies:
 - Leber hereditary optic neuropathy
 - Dominant optic atrophy
- Optic neuropathies associated with other neurologic and systemic abnormalities:
 - DIDMOAD (Diabetes Insipidus, Diabetes Mellitus, Optic Atrophy, and Deafness)
 - Friedreich ataxia
 - Spinocerebellar ataxia
 - Charcot-Marie Tooth (HMSN type VI)

Leber Hereditary Optic Neuropathy

- Bilateral sequential painless central visual loss
- Male >> female, age 15-35
- Hyperemic optic nerve acutely
- Cecocentral scotomas
- Pale optic nerve late
- Poor visual prognosis
- EKG (cardiac conduction abnormalities)
- 3 primary mutations in mitochondrial DNA (11778, 14484, 3460)
- Inherited maternally



Dominant Optic Atrophy (Kjer)

- Bilateral slowly progressive painless visual loss
- Pale optic nerves temporally
- Cecocentral scotomas
- Vision loss relatively moderate
- May have hearing loss
- Autosomal dominant
- Genetic testing (OPA1 gene, chromosome 3)
- · Gene codes for mitochondrial protein

Leber Hereditary Optic Neuropathy

Treatment – Idebenone?

- Idebenone Trial (RHODOS)
 - UK/Germany/Montreal
 - 900 mg/day
 - Acute LHON poor recruitment
 - LHON < 5 yrs 85 pts randomized
 - No adverse side effects
 - Trend for better VA at 6 mos (1 Snellen line)
 - Trend for better VA if Rx'd early

Papilledema

Valerie Biousse, MD Emory University School of Medicine. Atlanta, GA. USA

Most illustrations are from: Biousse V, Newman NJ. Neuro-Ophthalmology Illustrated. Thieme 2009. No conflict of interest









Idiopathic Intracranial Hypertension

Isolated intracranial hypertension

- Headaches
- Papilledema
- Diplopia (Vith)
- Tinnitus
- MRI rules out intracranial process and venous thrombosis
- LP confirms high CSF OP and normal CSF contents

Idiopathic Intracranial Hypertension Management

Prognosis

- Rapid onset
- Patient's characteristics
 - Drug-induced
 - · Severe obesity, race, gender
 - Anemia / sleep apnea syndrome / HTN
- Visual function
 - Visual acuity, color vision
 - Visual field (automated perimetry, Goldmann perimetry)

Idiopathic Intracranial Hypertension Management

Follow-up/Treatment

- Lumbar puncture(1st treatment)
- Correct precipitation factors
 - Drug, anemia, sleep apnea, ...
- Weight loss (long term)
- No published clinical trial (IIHTT in US
- Acetazolamide/Topiramate



Venous Stenting in IIH



Venous Stenting for IIH in 2011

Still very controversial

<u>"No"</u> in most cases:

- Most cases of IIH are "benign"
- Venous stenosis often improves or resolves after LP / other treatments of raised ICP
- <u>"Maybe</u> in selected severe IIH cases:
 - With bilateral stenosis (or stenosis of dominant transverse sinus)
 - Resistant to other treatments
 - Surgery not possible

Visual Fields

Nancy J. Newman, M.D. Emory University School of Medicine Atlanta, Georgia, USA

Most illustrations are from: Biousse V, Newman NJ. Neuro-Ophthalmology Illustrated. Thieme 2009. No conflict of interest

Anatomy of Visual Pathways



Approach to the Interpretation of VFs "The Four Questions"

Does the field defect involve one eye or two?

 If one eye: it's in the eye or optic nerve
 If two eyes: it's either bilateral eye/optic nerve or it's chiasmal/retrochiasmal



Approach to the Interpretation of VFs "The Four Questions"

- 2) If two eyes, does the defect respect the vertical meridian?
 - If no, then it's in the bilateral eye/optic nerve
 - If yes, then it's in the chiasm/retrochiasm



Approach to the Interpretation of VFs "The Four Questions"

- 3) If it respects the vertical meridian, are the defects on the same sides of the vertical in each eye (homonymous) or bitemporal?
 If bitemporal, then it's in the chiasm
 - If homonymous, then it's retrochiasmal on the other side



Approach to the Interpretation of VFs "The Four Questions"

4) If homonymous, is it complete or incomplete?

- If complete, it has no further localizing value
- If incomplete, the more congruous, the more posterior





Complete Homonymous Hemianopia

Goldmann VF

Humphrey VF







Optic Tract Syndrome

- Left optic tract lesion:
 - Right HH
 - Right RAPD
 - Bowtie atrophy of right optic nerve
 - Temporal pallor of left optic nerve







Incongruous HH / Congruous HH Congruous = Posterior (occipital)





MRI "Negative" HH

- Wrong technique
- Small or old occipital stroke
- Optic tract lesion
- Progressive multifocal leukoencephalopathy (PML)
- Creutzfeld Jacob disease
- Posterior cortical atrophy (Alzheimer)





Cerebral Blindness

- Bilateral visual acuity loss – Equal in both eyes
- Normal pupils
- Normal fundus
- Anton's: Patients with cerebral blindness say they can see (denial)





Bilateral Occipital Lesions Cerebral Blindness

• Vascular:

- Vertebrobasilar ischemia (PCAs)
- Cerebral anoxia
- Cerebral venous thrombosis
- Hypertensive encephalopathy
- Eclampsia
- Posterior Reversible Leukoencephalopathy (PRESS)
- Alzheimer
- PML
- CJD



Causes of lesions for each brain lesion location

	Infarct	Hemorrhage	Trauma	Tumor	Others	Total
Occipital (%)	289 (73)	43 (11)	17 (4)	30 (8)	17 (4)	396 (100)
Optic radiations (%)	156 (55)	45 (16)	27 (9.5)	40 (14)	17 (6)	285 (100)
Optic tract (%)	36 (40)	3 (3)	15 (17)	29 (32)	7 (8)	90 (100)
Multiple (%)	28 (28)	4 (4)	64 (64)	2 (2)	2 (2)	100 (100)
Others (%)	23 (70)	3 (9)	0	1 (3)	6 (18)	33 (100)
Total (%)	532 (58.8)	98 (10.8)	123 (13.6)	102 (11.3)	49 (5.4)	904 (100)

Homonymous hemianopias

Clinical-anatomic correlations in 904 cases X. Zharg, MD; S. Kedar, MD; MJ, Lynn, MS; NJ, Newman, MD; and V, Bionass.

Congruency of Homonymous Hemianopia With Respect to Lesion Location

More posterior lesions (occipital) produce more congruent VF defects (p<.0001)



Natural history of homonymous hemianopia

X. Zhang, MD; S. Kedar, MD; M.J. Lynn, MS; N.J. Newman, MD; and V. Biousse, MD

Abstract—Objective: To describe the characteristics of spontaneous recovery of homonymous hemianopia (HH). Methods: The authors reviewed modical records of all patients with HH confirmed by formal visual field testing and seen in follow-up in their service between 1989 and 2004. Clinical characteristics, causes, neuroradiologic definition of lesion location, final outcome, and evolution of the visual field detect were recorded. The associations among final visual field defect outcome, time from injury, and clinical features were analyzed. *Results:* A total of 254 patients with 250 HH were included in this study. Spontaneous visual field detect recovery was observed in 101 HH (38.45). The likelihood of spontaneous recovery decreased with increasing time from injury to initial visual field testing ($\rho = 0.0003$). The probability of improvement was related to be time since injury ($\rho = 0.0003$) with a 50 to 60% chance of improvement for cases tested within 1 month after injury that decreased to about 20% for cases tested at 6 months after surgery. No other factor was found to correlate with the final outcome of the visual field defect. Improvement of the formonymous hemianopia is seen in at least 60% of patients first seen within 1 month of injury. In most cases, the improvement occurs within the first 3 months from injury. Spontaneous improvement after 6 months possible of the patient's ability to perform visual field testing reliably. NURROLOGY 0000005001.



"Rehabilitation" of Homonymous Hemianopia

- Part of post-stroke rehabilitation
- Specific if neglect
- Multiple suggested "therapies"
 - Prisms (displacement of the seeing field)
 - Saccade training
 - Vision stimulation (?"restoration")
 - Enhance cortical plasticity?
 - Use "blindsight"?
 - Increase attention?







=>No effect in eyes with intact sympathetic innervation =>Mild pupillary dilation in eyes with sympathetic denervation, regardless of the lesion location (with denervation hypersensitivity, α 1 effect dilates the Horner pupil)

Horner's Syndrome: Localization

1: 1st order neuron: brainstem/ spine

2: 2nd order neuron: brachial plexus/ lung apex

3: 3rd order neuron: carotid dissection



1st Order Horner: 2nd Order Horner: Pancoast Brainstem **Tumor**







3rd Order Horner: ICA Dissection







Imaging Horner syndrome



- 1st order-brain and cervical MRI
- 2nd order-MRI spine and neck/ Chest
- 3rd order-MRI brain/MRA head and neck
- Don't know MR brain, neck and chest X-Ray or CTA head, neck, aortic arch
- Congenital- MRI neck, chest, abdomen

The big pupil is abnormal

The anisocoria is greater in the light than in the dark

Poor pupillary constriction on the abnormal sideAbnormality of the parasympathetic system.



Pharmacologic Mydriasis

- Very large pupil
- Does not react to light or near





Pharmacologic Mydriasis

Sphincter blockers

- Belladonna alkaloids
- Atropine
- Scopolamine
- Tropicamide
- Cyclopentolate
- Anticholinergic inhalants Ocular decongestants
- Gentamycin
- Lidocaine

Dilator Stimulators

- Epinephrine
- Phenylephrine
- Ephedrine
- Hydroxyamphetamine
- Cocaine
- Adrenergic inhalants



- Constriction with dilute pilocarpine
- Sectoral paralysis, segmental contraction
- Loss of pupillary ruff
- Vermiform movements of iris







Emergency consult for 66 RHWM with "blown pupils" after CABG

- PMHx:
 - CAD, unstable angina
 - S/p CABG, angioplasties
- Medications:
 - ASA, diltiazem, allopurinol, nitroglycerin
- FamHx:
 - Coronary artery disease (father)
 - Subarachnoid hemorrhage (brother)

HPI

- Coronary artery bypass graft surgery (complicated by angina, intra-aortic balloon pump) - Post-op routine
- Post-op day 2:
- Severe headache, photophobia, blurred vision
 - Rx'd Percocet some help
 - 4 hrs later: Headache and "blown pupils"

Examination

- BP = 120/51, NSR, afebrile
- Somnolent, easily rousable, fully oriented
- Ptosis OU, complete right, partial left
- Near vision: 20/40 OD, 20/30 OS
- Confrontation VFs: full both eyes
- Pupils: 8 mm nonreactive OD, 6 mm trace reactive OS. No RAPD
- Poor adduction, elevation, depression both eyes, right eye worse than left
- Fundi: normal both eyes
- Neurologic exam otherwise normal





48 yo woman with ophthalmoplegia and visual loss

- PMHx: Unremarkable
- Meds: None
- AA, no tobacco, no ETOH
- Fam Hx: stroke, DM

48 yo woman with ophthalmoplegia and visual loss

- Sept 2004: bilateral ptosis, OD deviated out and painful visual loss OD
- Neurologist: "Bilateral IIIrd nerve palsies"
 - Normal brain MRI
- Ophthalmologist:
 - $^\circ$ VA 20/400 OD and 20/40 OS

Feb 15, 2005 -- Emory

- Comprehensive Ophthalmology:"My vision is worse OD and I have bilateral third nerve palsies"
- Cornea: Perforated corneal ulcer OD





- Meds: None
- No tobacco, no ETOH
- Fam Hx: unremarkable

55 yo woman with diplopia

- Dec 2004: right retro-orbital headaches
 - Episodic, isolated
- Feb 2005: still has episodic pain
 - Brain CT with contrast: normal
- March 2005: Acupuncture for headaches
- March 20, 2005: headaches worse, nausea, diplopia, right ptosis

55 yo woman with diplopia

- March 21: neurologist
 - Ptosis OD, partial adduction OD
 - Right pupil sluggish
 - MRI brain with gad: normal
 - MRA and MRV: normal
 - ° CBC, ESR, CRP: normal

Admitted to hospital

- "Treatment of migraine"
- Prednisone 60 mg PO
- Discharged with diagnosis of "migraine"

Neuro-Op consultation (March 25)...

 The "outside neurologist": "Can you clear the patient for IV steroids?. She has a history of corneal transplant and herpes infection, and I do not know whether these patients can take high doses of steroids"





No previous visual loss or neurologic dysfunction Vision failed to recover over next 3-4 weeks

Examination:		
Vision:	20/20	20/20
Color:	14/14	14/14
	20% red desat	
Orbits:	Normal	Normal
SLE:	Normal	Normal
IOPs:	14	14
Pupils:	+ RAPD	
EOMs:	Full	Full



Case 5



- Past Medical History:
 - Breast cancer treated with left mastectomy 15 years prior
 - Cataract surgery both eyes 8 years ago

- 3 months prior to referral:
 - Neck pain, neck stiffness and shoulder pain
 - Felt as if she had the "flu"
 - Evaluated by her primary care doctor
 - Steroids for a few days
 - No improvement

- 2 months later:
 - 3 episodes of horizontal binocular diplopia lasting 15 minutes each
 - No headaches or any other neurologic or ocular symptoms
- One week later, awoke with a "shade across the right eye"

• Evaluated by an ophthalmologist:

- Head CT normal
- CBC: normal
- Platelets: 373,000
- ESR: 32 mm/1h
- Glucose: 179

- 2 weeks later:
 - Visual loss right eye
 - Slight pain
- A few days later:
 Visual loss left eye
- Seen by ophthalmologist, referred to neuro-ophthalmologist

Examination

	OD	OS
 VA 	20/100-1	Hand Motion
Orbit	Normal	Normal
 Lid 	Normal	Normal
• IOP	14	15
SLE	Normal	Normal
 Pupils 	+ RAPD	
• EOM	Full	Full





66 year old white woman referred with diplopia

- PMHx: Non-insulin dependant diabetes mellitus Hypertension Hypothyroidism
- Meds: Glynase, nifedipine, pentoxifylline, atenolol/chlorthalidone, levothyroxine
- FamHx: Noncontributory

9 days prior:

"Sinus pressure" Scant yellow nasal discharge Treated with antibiotic, beclomethasone spray

6 days prior:

Horizontal binocular diplopia Right abduction deficit CT normal (mild sinus disease)

4 days prior:

Drooping right upper lid Right ptosis, ophthalmoplegia Normal pupils and vision No ocular or facial pain or decreased sensation No "sinus pressure" or headache Glucose 250, white count 8,800

Examination: Afebrile, normal general exam

Vision:	CF 1 foot	20/40
Color:	No control	Normal
Extern:	Ptosis	Normal
Exoph:	20	18
Pupils:	4 mm	4 mm
	+ RAPD	
SLE:	Normal	Normal
Corneal:	Decreased	Normal
Fundus:	Normal	Normal

Neurologic examination otherwise normal except for:

