

SYLLABUS

Marrakesh, Morocco, November 12-17, 2011

XXth WORLD CONGRESS OF NEUROLOGY



SOCIÉTÉ MAROCAINE
DE NEUROLOGIE

WCN Education Program

Monday, 14 November, 2011

14:45-18:15

NEUROCRITICAL CARE

Chairperson: **Lutz Harms, *Germany***

INTRAVENTRICULAR HAEMORRHAGE

Stefan Schwab, *Germany*

ELECTROLYTES AND ENCEPHALOPATHY

Lutz Harms, *Germany*

SEVERE BRAIN DAMAGE AND DISORDERS OF CONSCIOUSNESS

Steven Laureys, *Belgium*

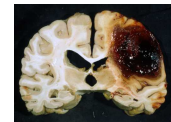
16:15-16:45 Coffee Break

Acute Treatment of Intracerebral Hemorrhage

Stefan Schwab
 Department of Neurology
 University of Erlangen-Nuremberg
 Germany

ICH - Epidemiology

- ≈ 10-15% of all strokes
- 10-30 / 100.000 / year
- ≈ 2.000.000 / year worldwide
- Ventricular involvement ≈ 25-50%
- hydrocephalus ≈ 15-20%



Weimar 2003 Cerebrovasc Dis

Qureshi 2009 Lancet

Ventricular hemorrhage (IVH)

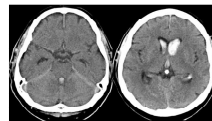
- Primary IVH
 - headache
 - vomiting
 - Decreased consciousness
 - Focal neurological signs uncommon
- Secondary IVH
 - Decreased vigilance in combination with
 - Symptoms of ICH (e.g. hemiparesis)
- Diagnostic
 - CT
 - MRT (GRE-T2* / FLAIR)
 - DSA



Tuhrim et al. Crit Care Med. 1999
 Roos et al. JNNP 1995

Ventricular hemorrhage (IVH)

■ GRAEB score



Lateral ventricle (each)	
1	= trace of blood
2	= blood in < 1/3 Ventrikel
3	= blood in > 1/3 Ventrikel
4	= tamponade of ventricle, widened
3. und 4. Ventrikel (jewells)	
1	= evidence of blood but normal shape and size of ventricle
2	= tamponade of ventricle, widened

■ "LeRoux" Scale

- Each ventricle separately investigated
- Maximum value 16

■ "Diringer" – Hydrocephalus-Scale:

- Each ventricle separately investigated
- Maximum value 24

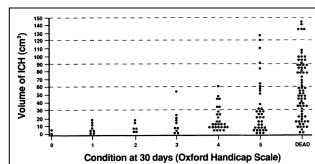
ICH – prognostic factors

not influencable:

- Initial hematoma volume
- age
- GCS on admission
- Location of ICH

influencable:

- Basic management
- Hemorrhage growth / re-bleeding
- Edema formation
- Intraventricular clot
- Hydrocephalus



Broderick 1993 Stroke
 Davis 2006 Neurology
 Hemphill 2001 Stroke
 Tuhrim 1999 Crit Care Med
 Ozdemir 2008 Neurol Res
 Shapiro 1994 J Neurosurg
 Diringer 1998 Stroke
 Becker 2001 Neurology
 Zuraskey 2005 Neurology
 Bhattathuri 2006 Acta Neurochir
 Steiner 2006 Neurosurgery

ICH - Prognosis

■ Mortality

- ≈ 30-35% within 1 week
- ≈ 60% within 1 year
- ≈ 80% after 10 years
- No difference between 1988 und 1998-2003

■ Functional Independence

≈ 20% after 6 months

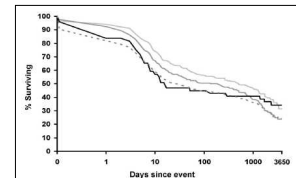


Figure: Kaplan-Meier survival curves over 10 years (logarithmic scale) in patients with deep (light grey line), lobar (dark grey line), or posterior fossa (black line) ICH (P=0.0947, log rank test). Data referring to all hemorrhages (dotted line) are given as reference and include cases of probable ICHs.

Sacco 2009 Stroke
 Weimar 2003 Cerebrovasc Dis
 Flaherty 2006 Neurology
 Fogelholm 2005 JNNP
 Broderick 1993 Stroke

ICH – treatment targets

Basic management

- Tracheostomy
- Prophylaxis DVT
- BP

ICH surgery

- Hematoma evacuation
- minimal invasive (MISTIE)

ICH growth

- Hemostasis
- OAT-ICH – INR normalization

Edema formation

- ICP-monitoring
- Decompressive surgery
- Hypothermia

Intraventricular hemorrhage and hydrocephalus

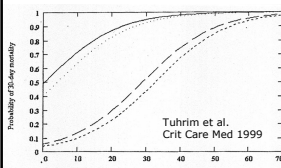
- Intraventricular fibrinolysis
- Lumbar drains



Treatment Target

„intraventricular hemorrhage and post-hemorrhagic hydrocephalus“

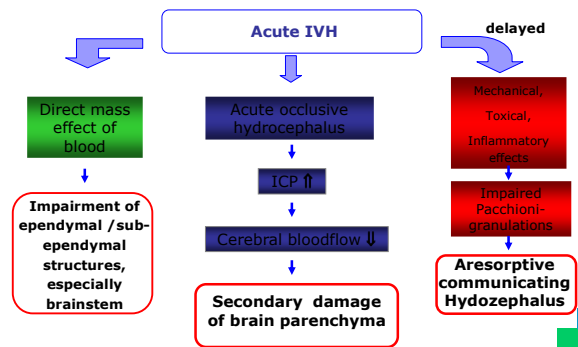
Treatment Target - intraventricular hemorrhage



- IVH ≈ 25–45% after primary ICH
- IVH + hydrocephalus ≈ 15–30%
- Independent prognostic parameter
- Morbidity and mortality increased
- Lethality within 30 days:
43-59% (vs. 9% without IVH)
- STICH, NOVO 7, FAST:
poor Outcome in 70-90 %
- Optimal treatment so far unknown

Glazev Coma Scale ≤ 8, ICH size = 80cc, Pulse Pressure ≤ 85, Hydrocephalus present
 Glazev Coma Scale ≤ 8, ICH size = 20cc, Pulse Pressure ≤ 85, Hydrocephalus present
 Glazev Coma Scale > 8, ICH size = 80cc, Pulse Pressure ≤ 85, Hydrocephalus present
 Glazev Coma Scale > 8, ICH size = 20cc, Pulse Pressure ≤ 85, Hydrocephalus present

Treatment Target - intraventricular hemorrhage



Intraventricular fibrinolysis

Metaanalyses of observational studies - Mortality

ICH	n	Deaths		RR	95% CI
		n	%		
Conservative	93	67	72	Ref.	–
EVD	75	42	56	0.78	0.53–1.14
EVD + Fibrinolysis	33	3	9	0.13	0.04–0.40

Metaanalyses of observational studies – functional outcome

ICH	n	Poor outcome (mRS 4 und 5)		RR	95% CI
		n	%		
Conservative	93	32/37	86	Ref.	–
EVD	75	65/75	87	1.00	0.66–1.53
EVD + Fibrinolysis	33	5/23	22	0.25	0.10–0.65

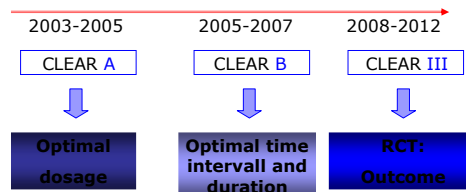
Neuwkamp 2000 J Neurol

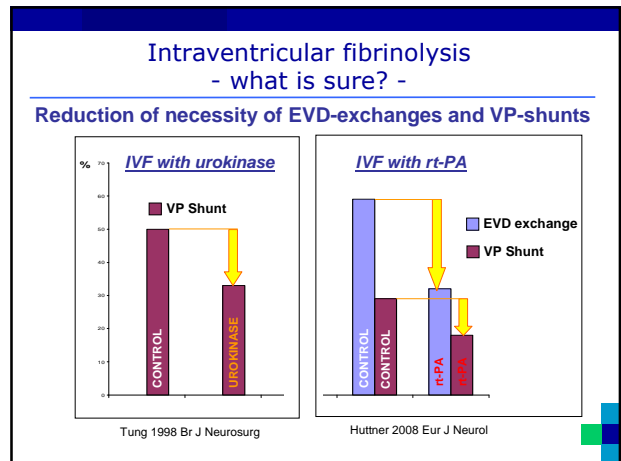
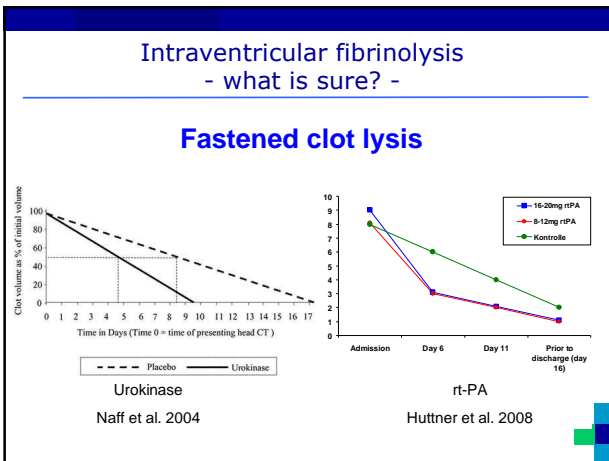
Intraventricular fibrinolysis

CLEAR IVH

Clot Lysis: Evaluating Accelerated Resolution of Intraventricular Hemorrhage rt-PA Treatment of Brain Hemorrhage

A multicenter, randomized, double-blind, placebo-controlled trial





Intraventricular fibrinolysis

CLEAR-IVH - Phase III -

2009-2012?
CLEAR III

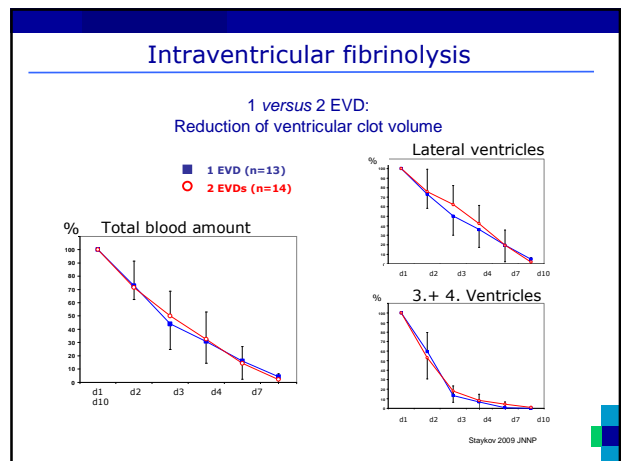
- Placebo-controlled
- Double blinded
- Randomized
- Planned patients: 500 (currently ≈ 87)
- Primary endpoint: mRS after 6 months
- Power-assumption: 15% „Shift“ in Outcome mRS 0-3

Intraventricular fibrinolysis - practical approach -

- Indication (according to CLEAR IVH)
 - ICH < 30ml
 - occlusive Hydrocephalus (tamponade of 3./4.Ventricles)
 - necessity of EVD
- CT-Angio prior to IVF (rule out vascular malformation)
- >12h after symptom onset; >6h after EVD-placement
- Single dose 1mg (-4mg)
- Interval 8h (-12h) until „opening“ of 3./4. Ventricles

Intraventricular fibrinolysis - practical approach -

- CT for confirmation of EVD-location!**
- Sterile work:**
 - rt-PA 1 mg/ml
 - aspirate 4 ml from EVD
 - slowly inject rt-PA
 - ca. 2ml NaCl (dead space)
- then clamp EVD for 30-60 min (ICP-Control)**



Intraventricular fibrinolysis

No fear of re-bleeding!

all 37 published studies on IVF

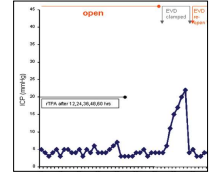
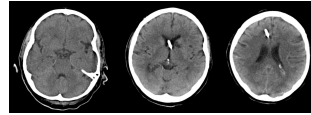
→ total n=502; IVF n=307, Controls n=195

	Lysis		no Lysis	
	n	re-bleeding	n	re-bleeding
Alle	307	12 (3.9%)	195	3 (1.6%)
ICB	219	8 (3.6%)	170	2 (1.8%)
SAB	68	3 (4.4%)	25	1 (4%)
AVM	20	1 (5%)	-	-

3.9% vs. 1.6% !?
χ² test: p=0.128

Post-hemorrhagic hydrocephalus

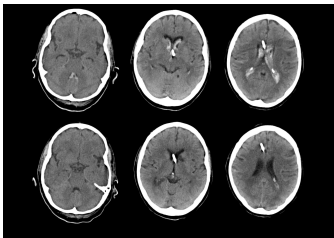
- 3d after admission: ventricles free from blood



.....however, ICP increase after clamping of EVD

- in >80% of all patients in acute phase

Post-hemorrhagic hydrocephalus



Aresorptive communicating hydrocephalus
Based on impairment of CSF-resorbing Pacchioni-Granulations of the Arachnoidea Mater by ventricular blood break down products

Post-hemorrhagic hydrocephalus

Problems of communicating hydrocephalus:

- continuous EVD-drainage necessary
 - Dislocation
 - Infection
 - Obstruction
- Permanent VP-Shunt – when?
 - decision on VP-Shunts usually after 2-3 weeks
- ≈25%-33% of patients with EVD and aresorptive hydrocephalus need VP-shunting (if not received IVF)
- VP-Shunt - Malfunction
 - In 1. year up to 40% (even experienced neurosurgeons)
 - 70-80% of patients with VP-Shunt need revision
 - Causes both on proximal and distal end
 - Infection up to 8-10%

Engelhard 2004 Surg Neurol

Post-hemorrhagic hydrocephalus - Lumbar drains -

Concept of lumbar drains

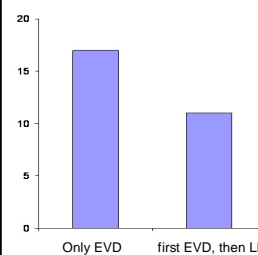


- As soon as IVH is resorbed and „cleared“ 3. and 4. ventricles (CT-based) and
- EVD-clamping fails →
- Diagnosis of aresorptive hydrocephalus with communicating inner and outer CSF spaces

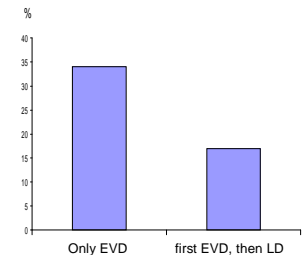
Placement of Lumbar drain should sufficiently drain CSF spaces – thereby replacing the EVD

Post-hemorrhagic hydrocephalus - Lumbar drains -

Duration of EVD (days)



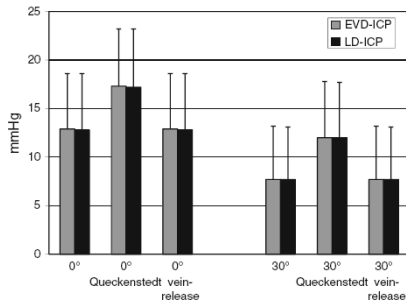
Necessity of VP-Sunts (in %)



Hutthner 2007 Stroke

Post-hemorrhagic hydrocephalus - Lumbar drains -

ICP monitoring via Lumbar drains



Combination of IVF and Lumbar drains

ICP curve during EVD and LD management

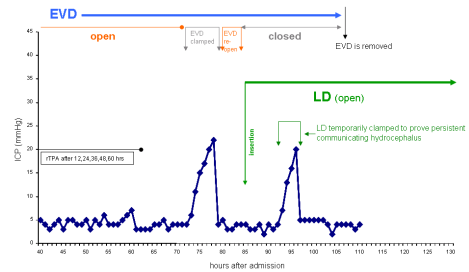
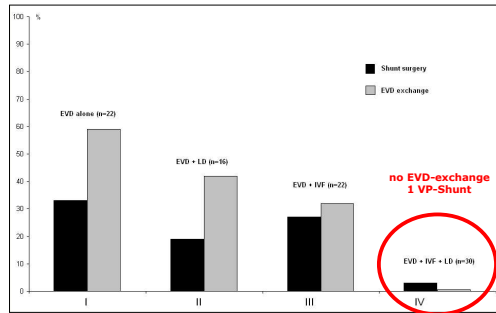


Fig. 1. External ventricular drainage (EVD) and lumbar drainage (LD) management shown exemplarily in patient 1. First peak in the ICP curve after clearing of the third and fourth ventricle, attempt to clamp the EVD; increase in ICP verifies persistent hydrocephalus. Bottom between peaks after LD was placed, EVD was branched off, proving that LD was capable of sufficient CSF drainage. Second peak in the ICP curve to verify persisting hydrocephalus, LD was closed (while EVD remained closed), and there was a rise in ICP. rtPA, recombinant tissue plasminogen activator.

Huttner/Schab 2007 Neurocritical Care

Combination of IVF and Lumbar drains



Staykov et al. 2009 STROKE

AHA-recommendations

Ventricular drainage as treatment for hydrocephalus is reasonable in patients with decreased level of consciousness	Class IIa, Level of Evidence B New Recommendation
Although intraventricular administration of rt-PA in IVH appears to have a fairly low complication rate, efficacy and safety of this treatment is uncertain and is considered investigational	Class IIb, Level of Evidence B New Recommendation

2010 American Heart Association

Conclusion – Treatment of IVH

- EVD placement in occlusive hydrocephalus
- Intraventricular fibrinolysis speeds-up clot resolution
- Intraventricular fibrinolysis leads to
 - less EVD-exchanges
 - less VP-shunts
 - Influences outcome? (CLEAR-IVH)
- As soon as aresorptive hydrocephalus is diagnosed → place LD
- Lumbar drainage leads to
 - Less EVD-exchanges
 - Less VP-shunts
- Combination of IVF and LD leads to
 - No EVD-exchanges
 - Almost no VP-shunts

Conclusions

BASIC MANAGEMENT

- Tracheostomy is frequently necessary in ICH volumes >30ml with IVH and hydrocephalus
- Early DVT prophylaxis using LMWH is safe
- BP management with SBP between 140-160 mmHg

HEMATOMA EVACUATION

- no general recommendation, probably useful in lobar-close-to-surface ICH and cerebellar hemorrhages; not recommended in basal ganglia and thalamic bleeds
- Minimal invasive OP currently studied (MISTIE)

Conclusions

PREVENTION HEMATOMA GROWTH

- FVIIa reduces ICH growth but does not improve outcome (maybe in subgroups currently studied)
- Warfarin-ICH needs immediate reversal of increased INR using PCC (and FFP's) in combination with vitamine K

REDUCTION EDEMA FORMATION

- ICP-monitoring if ICP-lowering treatment is performed
- Decompressive Craniotomy (analogous to malignant MCA infarction)?
- Hypothermia as add-on to maximal conservative treatment with interesting preliminary findings

Conclusions

INTRAVENTRICULAR FIBRINOLYSIS

- Distinct evidence for hastened IVH-clot resorption
- Thereby reducing necessity of EVD-exchanges and VP-Shunts
- Effects on outcome currently studied (CLEAR-IVH)

POST-HEMORRHAGIC HYDROCEPHALUS and LUMBAR DRAINS

- LD are capable of replacing EVD and have further effects on EVD-exchanges and VP-shunts
- Combination of IVF and LD → no exchanges and VP-shunts any more!

Electolytes and encephalopathy

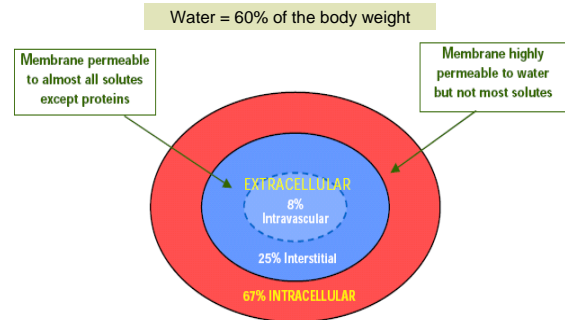


XXth World Congress of Neurology
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Lutz Harms.

CHARITÉ www.charite.de

Physiology , fluid balance



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(B. Wills 2001)

Internal environment

- Composition of liquid surrounding cells
- Important for vital functions
- Components:
 - Constant volume
 - Constant tonicity and composition
 - Constant pH

Under normal conditions, the osmolarity and volume are regulated using informations from osmoreceptors and Baroreceptors and complex mechanisms

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Osmolarity = $2(\text{Na}+\text{K}) + \text{BUN}/2,8 + \text{Gluc}/18$

BUN (blood urea nitrogen), glucose in mg/dl
Na, K in milliequivalents per liter – mEq/l

Refers to the number of solute particles dissolved in a solvent

- Is expressed as milliosmole per liter (mOsm/l)
- In the case BUN and glucose are normal, osmolarity can approximated by doubling the serum Na^+ plus 10
- Normal serum osmolarity: 290 ± 5 mOsm/l

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Clinical importance of Hyponatremia

- The most common electrolyte disorder with a marked increase among hospitalised and nursing home patients
 - Acute care hospital: incidence 2,5%
 - Postoperative patients: 4,4%
 - Intensive care unit: 30,0%
- Chronic hyponatremia is more common than acute, acute hyponatremia is much more dangerous

Major causes of hyponatremia (<135 mmol/l)

- Iatrogenic
- SIADH / CSW
- Brain injury
- Isotonic fluid loss
- Drugs
- Water intoxication
- Endocrinopathy
- Paraneoplastic
- Pulmonary
- Renal
- Cardiac disease
- Other

Hyponatremia – important differences

Rapidity of development

- Acute
- Chronic

Causes

- Syndrom of Inappropriate Antidiuretic Hormon (SIADH)
- Cerebral Salt Wasting Syndrom - CSW
- Other

Patients with levels below 125 mOsm/l typically develop symptoms, especially in the setting of a rapid decrease.

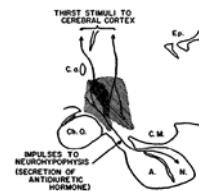
When sodium concentration drops below 105 mOsm/l, life threatening complication are likely to occur.

SIADH

= Syndrom of inappropriate antidiuretic hormon secretion

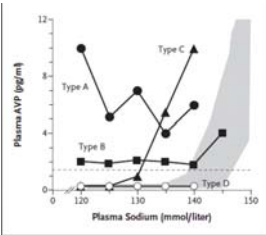
May complicate neurological diseases of many types:

- Head trauma
- Bact. Meningitis
- Cerebral infarction
- Subarachnoid hemorrhage
- Neoplasm
- GBS



Roberts 1982

Types of osmoregulatory defects

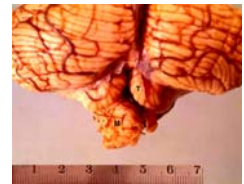


- Type A (30% of SIAD patients) fluctuating AVP secretion unrelated to plasma osmolarity or sodium level
- Type B (30%) constant, non-suppressible oversecretion of AVP despite hyponatremia
- Type C (30%) elevated AVP correlating with plasma osmolarity
- Type D (10%) normal osmoregulation, but patients still fail to dilute urine
- **No correlation between the type of osmoregulation and underlying disease**

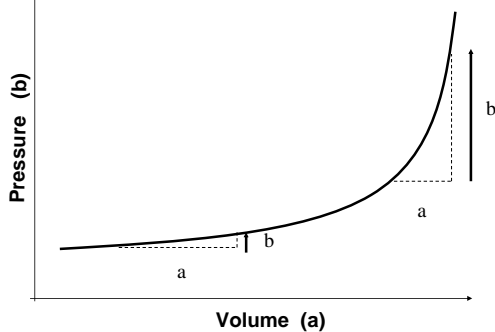
Pathophysiology of Hyponatremia

- Shift of water into brain cells start 20 minutes after acute reduction of sodium concentration
- **Increased level of vasopressin (in case of SIADH) causes a movement of water into brain cells itself**
- Increased ICP reduces the cerebral blood flow ($CBF = MAP - ICP$)
- **Inhibitory effect of vasopressin and estrogen on the ATP synthesis** – resulting in an impaired Na/K pump

Herniation



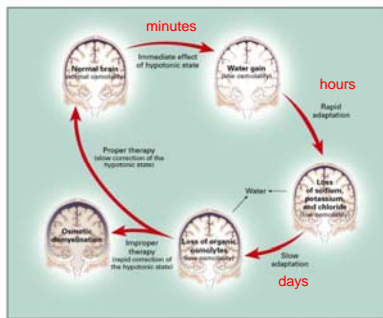
Intracranial Compliance



Clinical features of hyponatremic encephalopathy

Early	Advanced	Late
Headache	Impaired cognition	Decorticate postur.
Nausea	Inappr. behaviour	Bradycardia
Emesis	Hallucinations	Hypo/Hyperthermia
Muscular cramps	Asterixix	Dilated pupils
Weakness	Multifocal myoclon.	Epileptic seizures
	Respiratory insuff.	Coma

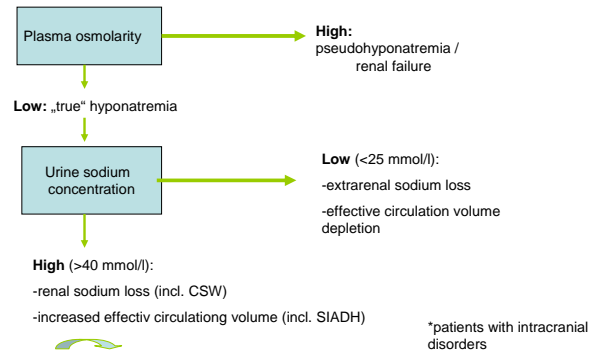
Effects of hyponatremia on the brain and adaptive responses



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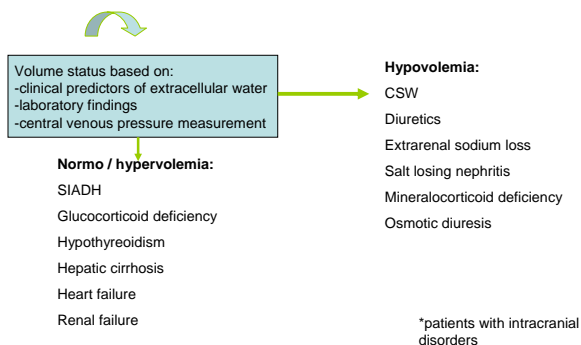
Adrogué et al. 2000

Diagnostic scheme in hyponatremia* a



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Diagnostic scheme in hyponatremia* b



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SIADH and CSW

- **Syndrom of inappropriate ADH secretion = SIADH**
- **Salt wasting syndrom = CSW ***
- Water retention =dilutional Hyponatremia
- Hypovolemia and sodium deficit
- Urin hypertonic
- **Treatment: sodium and water administration**
- **Treatment: fluid restriction**

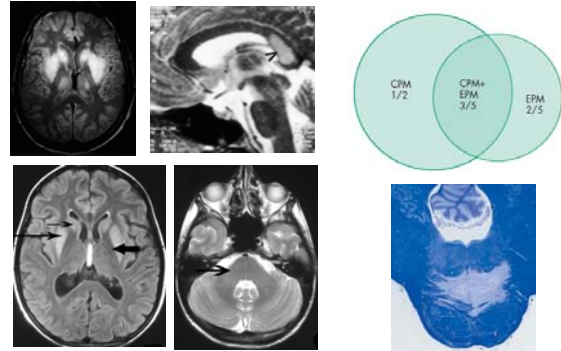
* due to excess secretion of natriuretic peptides and atrial natriuretic peptides

CHABITÉ www.chabite.com

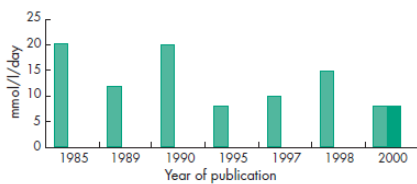
Pitfalls in Hyponatremia

- Correcting hyponatremia too rapidly may result in CPM with permanent neurological deficits
- Do not neglect to consider laboratory error as a cause of hyponatremia
- Because of the association with small cell carcinoma of the lung, aggressive workup for occult SCC in patients without an alternative explanation for their SIADH may be warranted

Pontine and extrapontine myelinolysis



Maximal suggested correction of hyponatremia



Management of hyponatremia

- **Sodium requirement:**

$$\text{Na deficit} = (\text{desired Na} - \text{measured Na}) \times 0.6 \times \text{Kg BW}$$
 - Administration of 3% NaCl only if level of less than 110mmol/l
 - Acute hyponatremia – correction: up to 1-2 mmol/l
 - Chronic hyponatremia – correction: 0,5 mmol/l
 - < 8-(12) mmol/l first 24 h (chronic cases)
- stop when symptoms disappear or serum sodium of 125-130 mOsmol/l is achieved**
- Furosemide 1mg/Kg, if fluid load exist (cardiac failure)
 - Normalize potassium level
 - Monitoring serum and urine electrolyte levels

Conclusions

- Symptoms of encephalopathy caused by disorders of electrolytes
 - are induced by many causes, complex pathophysiology
 - are unspecific (delirium, confusionel state, seizures etc.)
 - depending from severity and dynamic of abnormality
 - may be life threatening
- underlying disease or cause should be clarified
- causal treatment is necessary beside treatment of symptoms

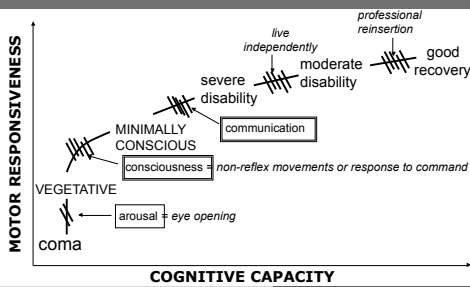
Severe brain damage & disorders of consciousness: *Improving pain assessment*

Steven Laureys MD PhD
Coma Science Group
Cyclotron Research Centre &
Neurology Dept
University & University Hospital of Liège
Belgium

World Congress of Neurology
Marrakesh, November 14, 2011



Quantifying consciousness



Laureys et al., *Current Opinion in Neurology*, 2005 www.comascience.org

Pain without words ?

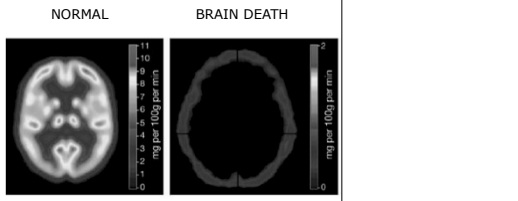
Pain is a subjective first-person experience
which has to be communicated to be accurately assessed



Only motor response considered indicative of conscious perception
is localization to noxious stimulation

Laureys et al. What is it like to be vegetative or minimally conscious? *Curr Opin Neurol* 20 (2007) 609-13 www.comascience.org

No brain, no pain



Laureys, 2005

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Nature Reviews | Neuroscience

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Motor response without pain

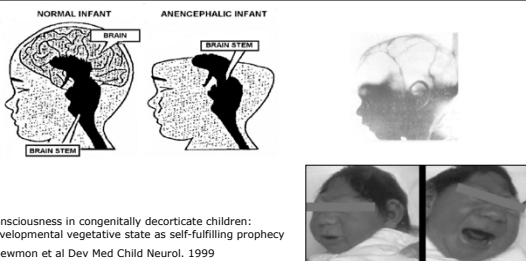


Bueri et al Mov Disord. 2000, 15:583-6

- Spinal reflexes 75%
- extension-pronation
- plantar responses
- muscle stretch reflexes
- abdominal reflexes
- undulating toe flexion sign
- "Lazarus" sign

www.comascience.org 5

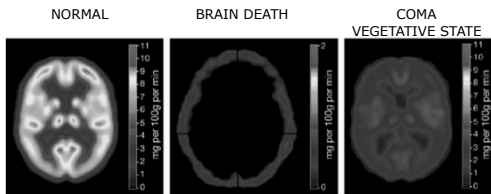
No cortex, no pain



Consciousness in congenitally decorticate children:
developmental vegetative state as self-fulfilling prophecy
Shewmon et al Dev Med Child Neurol. 1999

www.comascience.org 6

Some cortex, some pain?

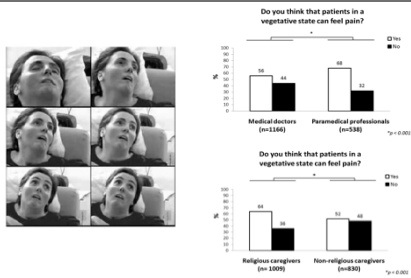


Laureys, 2005

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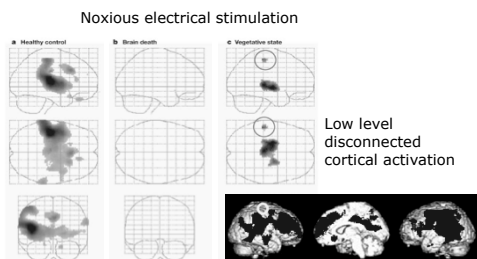
Pain in the vegetative state?



Demertzi et al, *Prog Brain Res*, 2009

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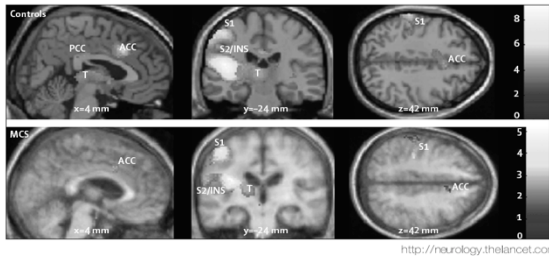
Brain activation to pain



Laureys et al, *Neuroimage*, 2002
Laureys, *Nature Reviews Neuroscience*, 2005

www.comascience.org

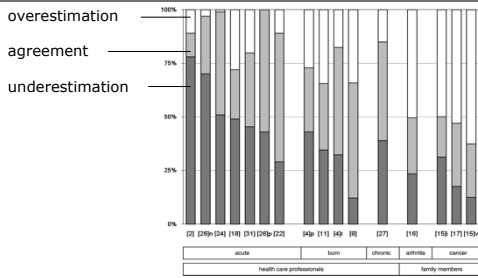
Pain in minimally conscious state



Boly et al *Lancet Neurology*, 2008

www.comascience.org

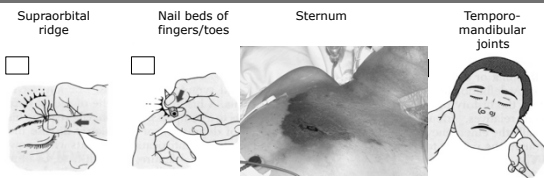
Assessing pain



Kappesser and Williams, *Pain* 2010

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Standardized stimulation



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Standardized assessment

PAIN **Table 1**
Protocol of the Nociception Coma Scale (detailed administration guidelines in Complementary online material).

The Nociception Coma scale: A new tool to assess nociception in disorders of consciousness

Standardized stimulation

Motor response

- 3 - Localization to noxious stimulation
- 2 - Flexion withdrawal
- 1 - Abnormal posturing
- 0 - None/flaccid

Verbal response

- 3 - Verbalisation (intelligible)
- 2 - Vocalisation
- 1 - Groaning
- 0 - None

Visual response

- 3 - Fixation
- 2 - Eyes movements
- 1 - Startle
- 0 - None

Facial expression

- 3 - Cry
- 2 - Grimace
- 1 - Oral reflexive movement/startle response
- 0 - None

Schnakers et al, Pain 2010 www.comascience.org

Pain in infants & demented

Ethical Implications: Pain, Coma, and Related Disorders *Encyclopedia of Consciousness* (2009), vol. 1, pp. 243-250

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© Pignatelli, Centre Hospitalier Universitaire Sart Tilman, Liège, Belgium
© Lameris, University of Leuven, Belgium

Table 1 Selection of behavioral scales which assess acute pain in noncommunicative patients

Infants	NIPS: Neonatal Infant Pain Scale FLACC: Faces, Legs, Activity, Cry, Consolability Observational Tool PIPP: Premature Infant Pain Profile CRIES CHEOPS: Children's Hospital of Eastern Ontario Pain Scale
Demented elderly	PAINAD: Pain Assessment In Advanced Dementia CNPI: Checklist of Nonverbal Pain Indicators DOLPLUS 2 ADD: The Assessment of Discomfort in Dementia Protocol PACSLAC: Pain Assessment Checklist for Seniors with Limited Ability to Communicate

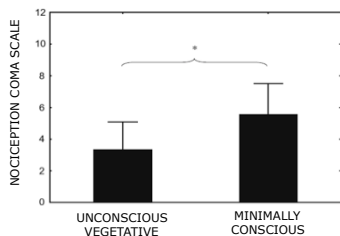
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Nociception coma scale

Nociception Level	Nociception Coma Scale Score (approx.)
no nociception	2.5
light nociception	5.5
moderate nociception	8.0

Schnakers et al, Pain 2010 www.comascience.org

Nociception coma scale



Schnakers et al, Pain 2010

www.comascience.org

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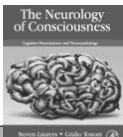
Nociception Coma Scale

- New "pain scale" for disorders of consciousness after coma
- Assesses motor, verbal (vocal), visual (ocular), and facial responses on scales from 0 (no response) to 3 (total scores 0 - 12) to a quantified standard stimulus
- Brief time required (1-5 min) to conduct and rate the examination
- More sensitive compared with 4 other "pain" scales
- Permits detect, communicate & follow non-communicative patient's behaviors and their management
- Allows monitoring treatment avoiding sedative effects & under-uses of analgesics



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THANK YOU



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