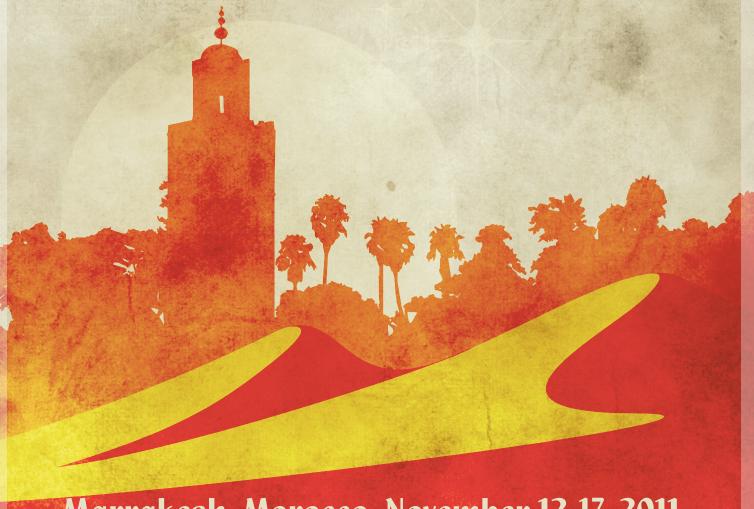
# SYLLABUS



Marrakesh, Morocco, November 12-17, 2011

# XXth WORLD CONGRESS OF NEUROLOGY







### **NEUROLOGY AND INTERNAL MEDICINE**

Chairperson: Aksel Siva, Turkey

### THE NEUROLOGY OF TUBERCULOSIS AND SARCOIDOSIS

Zohair Kawi, Saudi Arabia

# INVOLVEMENT OF THE CENTRAL NERVOUS SYSTEM IN SYSTEMIC VASCULITIDIES AND COLLAGEN-VASCULAR DISEASES

Aksel Siva, Turkey

INVOLVEMENT OF THE PERIPHERAL NERVOUS SYSTEM AND NEUROMUSCULAR JUNCTION/MUSCLE IN SYSTEMIC VASCULITIDIES AND COLLAGEN-VASCULAR DISEASES

Robert Lisak, USA

10:30-11:00 Coffee Break

The Central Nervous System (CNS) in Primary Systemic Vasculitides (PSV) and Collagen-vascular Diseases (CVD)

Aksel Siva, M.D. Department Of Neurology Cerrahpaşa School Of Medicine Istanbul University, Istanbul, Turkey



The nervous system in primary systemic vasculitides and connective tissue diseases

Primary systemic vasculitides & connective tissue diseases (PSV & CTD)  $\,$ 

- may involve either the CNS or the PNS, or both
- · involvement is the result of
- Direct effect (primary)
  - inflammation of the blood vessels vasculitis!
  - thrombotic vasopathies
- Indirect effect (secondary)
  - secondary to extracranial vessel or other organ involvement
  - secondary to treatment
- (Coincidental!)



The central nervous system in primary systemic vasculitides and connective tissue diseases

Direct (primary) neurological involvement of PSV & CTD\* the range of manifestations of CNS vasculitis is wide and several pathogenetic mechanisms are implicated

- vasculitis of the CNS vessels of any size
- thrombosis of dural sinuses
- stenosis or thrombosis of medium and large arteries
- aneurysm formation
- granulomatous meningeal involvement
- direct cytokine damage presenting with encephalopathy

\*Modified from Rossi and Di Comite. J Neurol Sci 2009



# The central nervous system in primary systemic vasculitides and connective tissue diseases

Indirect (secondary) neurological involvement due to PSV & CTD

A1. Extracranial noninflammatory vascular disease

- carotid stenosis
- · vena cava syndrome
- renovascular hypertension

A2. Extracranial organ involvement inducing CNS Sx

- Cardiac involvement causing emboli or other (i.e. in SLE, )
- Pulmonary involvement (hypoxia)
- Other organ involvement with metabolic/toxic consequences



# The central nervous system in primary systemic vasculitides and connective tissue diseases

Indirect (secondary) neurological involvement due to PSV & CTD

- B. Secondary to PSV & CTD treatments
- CNS demyelinating syndromes related to anti-TNF-alpha agents
- PML as a complication of treatment with monoclonal antibodies (rituximab) or immunosupressants
- Corticosteroid induced psychosis
- Corticosteroid induced progressive proximal myopathy
- D-penicillamine related myasthenic syndrome
- Colchisin and thalidomide associated polyneuropathies



# When to suspect primary systemic vasculitides and connective tissue diseases?

CNS disorders that should raise the probability of PSV & CTD in the differential diagnosis

- Subacute encephalopathy
- Optic neuritis / optic neuropathy
- Isolated sensory trigeminal neuropathy
- Multiple cranial neuropathies
- Longitudinally extensive myelopathy



# The nervous system in primary systemic vasculitides and connective tissue diseases

### When to suspect PSV & CTD in a neuro-pt?

- When any two or more of the following systemic symptoms and signs are reported
- Fever, fatigue, weakness, dry eyes & dry mouth, myalgia, arthralgia/arthritis, oral ulcers, skin rash, abdominal pain, acute nephritic sx, pulmonary sx
- However these Sx are nonspecific and a diagnosis of PSV & CTD should be supported with both clinical and laboratory findings consistent with that disease



# Common MRI findings in systemic vasculitides and connective tissue diseases\*

- multiple brain lesions, most are small & unequal
- mostly bilateral
- a predilection for subcortical regions
- additional involvement of both cortical and deep gray matter
- large lesions suggestive of a vascular nature possible
   MCA most likely to be involved
- · hemorrhagic lesions possible

\* Modified from Pomper et al, Am J Neuroradiol 1999



# Common MRI findings in systemic vasculitides and connective tissue diseases\*

- corpus callosum lesions unlikely
- posterior fossa lesions likely, but small and limited, and unlikely in the absence of supratentorial findings
- atrophy expected
- gadolinium enhancement may be seen,
   in acute onset cases may be multiple and punctate

\* Modified from Pomper et al, Am J Neuroradiol 1999



### Antiphospholipid antibody syndrome (APS)

- · Antiphospholipid antibody syndrome:
- · A noninflammatory vasculopathy
- A clinical syndrome of recurrent arterial and venous thrombosis and/or recurrent spontaneous abortions, thrombocytopenia, and livedo reticularis
- associated with antiphospholipid antibodies (aPLA)
  [anticardiolipin antibodies (aCL), lupus anticoagulant,
  anti-b2 glycoprotein I antibodies (anti-b2 GPI)]
- neither considered as an autoimmune disorder (?), nor a true vasculitis, but may be associated with either one



### Antiphospholipid antibody syndrome (APS)

- · Neurological manifestations
- CNS involvement includes migraineous headaches, stroke, seizures, cognitive dysfunction/dementia, ocular ischemia, chorea, transverse myelopathy
- · Imaging findings
- WM hypodensities/hyperintensities more than expected for patient's age & cortical/subcortical infarcts
- prominent atrophy pattern in parietal lobes; frontal, temporal lobes relatively spared



### The neurology of SLE

- · CNS involvement in approximately 40% of pts
- Clinical: can cause optic neuritis, myelopathy NMO like presentation; focal/multifocal/diffuse CNS inv. Neuropsych manifestations (lupus psychosis)
- CSF: ↑ IgG and OCB (+) [in 50-70% of pts w CNS lupus]
- · MRI: MS like! / NMO like!
- MS-like CNS involvement mostly occurs in the setting of unmistakable systemic disease so that SLE is actually seldom confused with MS



### The neurology of SLE

- Not all neuropsychiatric manifestations and syndromes occurring in SLE patients are directly related (primary) to the disease
- Many develop as complications (secondary) of other organ - systemic involvement or as side effects of various therapies or are coincidental
- Therefore the prevalence of primary neurologic disorders occurring prior to the clinical diagnosis of SLE are likely to be less



### The neurology of SLE

### Neuropsychiatric disorders associated with SLE

A. Diffuse central nervous system disorders

- headache
  - primary migraine and tension type
  - due to intracranial hypertension
- neuro-behavioral presentations ("lupus cerebritis")
  - acute confusional states/delirium
  - psychosis
  - anxiety and depressive disorders
- cognitive abnormalities\*
- aseptic menengitis

\*more likely to be associated with antiphospholipid autoantibodies ( wax



### The neurology of SLE

### Neuropsychiatric disorders associated with SLE

B. Focal/multifocal central nervous system disorders

- seizures
- cerebrovascular disease\*
- chorea\*
- optic neuritis
- myelopathy
- NMO-like syndrome (co-morbid?)
- other demyelinating-inflammatory syndromes\*

\*more likely to be associated with antiphospholipid autoantibodies ( wcn



### The neurology of Sjögren

### Sjögren's syndrome (SS)

- an autoimmune disease characterized by mononuclear infiltration and destruction of the salivary and lacrimal glands, resulting in dry mouth and dry eye
- systemic symptoms such as arthralgias, myalgias, fatigue are common, less common is weight loss & fever
- in many cases SS is associated with other rheumatologic disorders - i.e. RA, SLE or systemic sclerosis



### The neurology of Sjögren

Neurologic Manifestations of Primary SS

Focal/multifocal central nervous system disorders

- · Stroke associated with CNS vasculitis
- Seizures
- · Painful tonic or dystonic spasms
- · Chorea or parkinsonism
- · Multiple sclerosis-like relapsing-remitting syndromes
- · Optic neuritis
- Brainstem syndromes (i.e. INO)
- Myelopathy
- NMO-like syndrome (co-morbid?)



### Sjögren Syndrome

Is it neuro-Sjögren; is it an isolated CNS disease, is it MS or NMO? Not infrequently,

- CIS and MS-like RR syndromes (ON, brainstem syndromes or myelopathy) and
- MRI findings suggestive of inflam-demyelinating nature may occur in patients with known SS (or prior to Dx)
- · An acute/subacute-onset or progressive myelopathy,
- with a longitudinally extensive spinal lesion on MRI
- ± anti-aquaporin-4 antibodies positivity may also occur!
   The NMO-spectrum disorders!

### The neurology of Giant-cell arteritis

Neurological complications of GCA\*

Neuro-ophthalmological complications

- amaurosis fugax (30%)
- diplopia (6%)
- eye pain (8%)
- anterior ischemic optic neuropathy (6 -70%)
- posterior ischemic optic neuropathy (7%)

### Neuro-vascular complications

stroke (1-3%)

### WCN

PNS involvement (rare)

- · cranial neuropathies,
- cervical & brachial radiculopathies
- \*Hayreh et al. Am J Ophthalmol 1998 Salvarani et al N Engl J Med 2002 Pfadenhauer et al. J Neurol 2007 2S Cantini et al Drugs Aging 2008
- mononeuritis multiplex, polyneuropathies

### The neurology of Polyarteritis Nodosa

CNS manifestations of PAN (medium vessel dis)

- in 20 40% of cases
- commonly develops after 2-3 years late
- CNS complications > in patients with abnormal renal or mesenteric angiograms
- Sx: diffuse encephalopathy with cognitive decline and seizures stroke-like episodes, spinal cord involvement, cranial nerve palsies



### The neurology of Wegener Granulomatosis

Wegener's granulomatosis (small vessel vasculitis) CNS involvement (3-33%)

pathogenesis of the lesions

- vasculitis of the nervous system
- direct extension of granulomas
- development of granulomas

CNS manifestations

cranial neuropathy (6%) external ophthalmoplegia (5%) cerebrovascular events (4%) seizures (3%) cerebritis (2%) Pachymeningitis



### Neuro-Behçet Syndrome

### The Neurological Spectrum of Behçet's Disease\*

- Headache (non-structural)
- Subclinical NBS
- · Cerebral venous sinus thrombosis (extra-axial NBS)
- Central Nervous System involvement (intra-axial NBS)
- · Neuro-Psycho-Behçet Syndrome
- · Peripheral nervous system involvement
- Neurological complications of BS treatments
- · Secondary or coincidental neurological involvement

\* Siva & Saip. J Neurol, 2009



### Neuro - Behçet Syndrome

# Common neurological symptoms & signs

- · Headache
- Pyramidal / motor Sx (hemiparesis!)
- Cerebellar

   (ataxia; dysarthria)
- Brainstem (cranial neuropathies)
- · Behavioral & cognitive

# Uncommon neurological symptoms & signs

- Optic neuritis
- Sensory symptoms
- Extrapyramidal Sx
- Aphasia
- Seizures
- · Peripheral neuropathy



# The central nervous system in primary systemic vasculitides and connective tissue diseases - brief summary -

- PSV & CTD are not common disorders
- Significant neurological problems involving the CNS and/or PNS occur in less than 50%
- Approximately 10 50% of the neuro-psychiatric manifestations in PSV & CTD develop before the onset of systemic disease, or at the time of dx
- Not all the neuropsychiatric manifestations occurring in PSV&CTD patients are primary/many are secondary to other organ - systemic involvement or side effects of therapies
- Diagnostic testing may include ESR, HsCRP; CBC; ANA, adsDNA, RF, A-CCP, ENA panel; aCL IgG&M, LA; ANCA
- MR is not specific in PSV & CTD with CNS involvement



# COLLAGEN VASCULAR/SYSTEMIC AUTOIMMUNE DISEASES AND VASCULITIDES: NEUROMUSCULAR INVOLVEMENT

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NFIII	ISCLII	AR D	ISFASES

- Direct involvement of PNS
- Associated syndromes as part of systemic diseases
- Co-morbid neuromuscular diseases
- Complications of other organ involvement
- Direct complications of therapy
- · Indirect complications of therapy

### **PERIPHERAL NEUROPATHIES**

- CLASSIFICATION AND APPROACH TO DIAGNOSIS
- By disease or pathogenic mechanisms
  - Direct infection of vessels
  - As a result of immune mechanisms
- "Connective Tissue Diseases" (sometime vasculitic)
- By clinical presentation
  - Acute, subacute, chronic progressive
  - Symmetric length dependent
  - Mononeuropathy, mononeuropathy multiplex
  - Merged mononeuropathy multiplex

-		
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# Table 12–2. Classification of the Vasculitides VASCULITIDES RESULTING FROM DIRECT INFECTION A. Bacterial (e.g., syphilis, tuberculous, Lyme) B. Fungal (e.g., cryptococcus, aspergillosis) C. Rickettsial (e.g., Rocky Mountain spotted fever) D. Viral (e.g., herpes zoster, CMV, HIV) NSCULTIDES RISUTING FROM IMMUNOLOGIC MICHA A. Systemic necrotizing vasculitis 1. Classic polyarteritis nodosa (PAN) 2. Antineutrophil cytoplasmic antibody (ANCA)-associated a. Microscopic polyangiitis b. Churg-Strauss syndrome c. Wegener granulomatosis 3. Polyangiitis overlap syndrome 4. Vascullitis overlap syndrome 4. Vascullitis overlap syndrome 6. Systemic lupus crythematosus B. Hypersensitivity vascullitis B. Hypersensitivity vascullitis 1. Henoch-Schönlein purpura 2. Drug-induced vascullitis (e.g., amphetamines, cocaine) 3. Vascullitis associated with infections VASCULITIDES RESULTING FROM IMMUNOLOGIC MECHANISMS Vasculitis associated with infections Essential mixed cryoglobulinemia C. Giant cell arteritis Temporal arteritis Takayasu arteritis D. Localized vasculitis† Dosanzed vascunits\* Nonsystemic vasculitie neuropathy (isolated peripheral nerve vasculitis) Isolated central nervous system vasculitis Localized vasculitis of other organs (e.g., GI tract, testicles, uterus, retina, skin, kidney) †More rarely, each of these entities can also produce a systemic necrotizing vasculitis "Also called "cutaneous leukocytoclastic angūtis" if skin is the only organ involved. Table 13–4. Neuropathies Complicating the Major Connective Tissue Diseases COMPLICATION Dorsal root ganglionitis SLE Scleroderma MCTD Rheumatoid arthritis

Sjögren's syndrome

CIDP = chronic inflammatory demyelinating polyradiculoneuropathy; SLE = systemic lupus erythematosus; MCTD = nived connective tissue disease.

# Table 12–4. Nerves Most Commonly Involved in Vasculitic Neuropathies

Nerve	Frequency of Involvement*
Peroneal	90%
Posterior tibial	38%
Ulnar	35%
Median	26%
Radial	12%
Femoral	6%
Sciatic	3%

<sup>\*</sup>Numbers represent percentage of reported cases with involvement of that nerve, based on review of series involving 272 patients at the Ohio State University Hospitals.

thetic pain in the distribution of involved vessels is a prominent symptom in 75% of cases, it is important to remember that pain may be absent, even in patients with florid vasculitis.

# Table 12–6. **Differential Diagnosis of Multifocal Neuropathy Mimicking Vasculitic Neuropathy**

### ISCHEMIC NEUROPATHIES

- 1. Peripheral nerve vasculitis
- 2. Diabetes mellitus
  - a. Diabetic amyotrophy (proximal diabetic neuropathy)
  - b. Mononeuropathy multiplex (cranial nerve, thoracic, limb)

### INFLAMMATORY/IMMUNE-MEDIATED NEUROPATHIES

- 1. Sarcoidosis
- $2. \ \ Multifocal \ demyelinating \ neuropathy \ with \ persistent \ conduction \ block$
- Multifocal motor neuropathy
   Multifocal variants of Guillain-Barré syndrome
- 5. Idiopathic brachial or lumbosacral plexopathy6. Neuropathy with various eosinophilic syndromes

### INFECTIOUS NEUROPATHIES\*

- 1. Leprosy
- 2. Lyme disease
- 3. Viral (HIV, HTLV-I, herpes virus-zoster, cytomegalovirus)
- 4. Other (leptospirosis, hepatitis A, M. pneumoniae, ascaris, Plasmodium falciparum)

### DRUG-INDUCED NEUROPATHIES\*

- 1. Antiobiotics (penicillin, sulfonamides)
- 2. Cromolyn
- 3. Thiouracil
- 4. Allopurinol
- 5. Interferon-α
- 6. Drugs of abuse (amphetamines, cocaine, heroin)

GENETIC  1. Hereditary neuropathy with liability  2. Hereditary neuralgic amyotrophy (H	NEUROPATHIES to pressure palsies (HNPP) NA)			
Porphyria     Tangier disease				
MECHANICA  1. Multiple peripheral nerve injuries  2. Multifocal entrapments not related to	al NEUROPATHIES o a genetic disorder			
		7		
		-		
NEUROPATHIES RE 1. Direct infiltration of nerves by tumo 2. Mass lesion with external nerve com				
MISCELLANE  1. Sensory perineuritis	OUS CONDITIONS	•		
Cholesterol emboli syndrome     Idiopathic thrombocytic purpura     *Occasionally associated with vasculitis.		·		
Table 12–5. Laboratory Studies in Patier	nts with Suspected Vasculitic Neuropathy	]		
Standard Tests Always Indicated Complete blood count Erythrocyte sedimentation rate	Immunologic Tests Always Indicated Antinuclear antigen (ANA) Rheumatoid factor (RF)	'		
Chemistry panel Liver function tests Urinalysis Chest film	Serum complement levels (C3, C4, CH50) Serum immunofixation Serum quantitative immunoglobulins			
Immunologic Tests Indicated Selectively ANCA (antiproteinase 3 and myeloperoxidase)* Eosinophil count Cryoglobulins	Infectious Tests Indicated Selectively HIV serology HTLV-I serology Lyme serology			
Anti-dsDNA Anti-SSA(Ro) and -SSB(La) Anti-Sm	Hepatitis B serologies Hepatitis C serology or RNA			
Anti-Scl 70 and -centromere Immune complex assays Other Miscellaneous Tests Useful in Selected Cases'				
Serum angiotensin converting enzyme (sarcoid neu Glycosylated hemoglobin (diabetic lumbosacral rad *Antineutrophil cytoplasmic antibody. †Conditions simulating vasculitis.	ropatny) iculoplexus neuropathy)	.		

# **PNS and Vasculitis** Systemic vasculitis - Polyarteritis nodosa (PAN) • Neuropathy in 60% of patients, may present first in PNS • Cranial nerves can be involved but less common • Usually presents as multiple mononeuropathies, may appear "merged"; detailed history and careful detailed exam important • Distal symmetric generally is "merged" or part of multiorgan involvement (renal in particular) • ~ 30% have circulating hepatitis B surface Ag • In addition to laboratory studies and biopsy of nerve, nerve and muscle, demonstration of aneurysms in renal, hepatic and $% \left( \mathbf{r}\right) =\left( \mathbf{r}\right)$ visceral blood vessels helpful in Dx **PNS and Vasculitis** · Systemic vasculitis - Microscopic polyangitis • Arterioles, capillaries and venules in multiple organs • Non granulomatous • Rapidly progressive glomerulonephritis and pulmonary disease • Palpable purpura > PAN • PAN> Hep B circulating Ag and visceral aneurysms • p-ANCA common; myeloperoxidase (MPO) in 60%; proteinase 3 (PR3) in 30% • 20% develop peripheral neuropathy **PNS and Vasculitis** Systemic vasculitis - Churg-Strauss (Allergic Angiitis and granulomatosis) • Vasculitis, eosinophilia, asthma Other organs as well, smaller vessels than PAN • Neuropathy in ~60% $\bullet\,$ ANCA in ~50% as in polyangiitis • Bx often shows T cells, occasional eosinophiles, granulomas rare despite the name of the disease

# **PNS and Vasculitis** • Systemic vasculitis - Wegener's Granulomatosis • Granulomas in respiratory and necrotizing glomerulonephritis • Some overlap in vessel size with microscopic angiitis, usually larger than microscopic, but in general granulomas easier to $% \left( 1\right) =\left( 1\right) \left( 1\right)$ identify on biopsy • >90% c-ANCA positive; ~30% may also have MPO-c-ANCA • PNS in ~15% • Cranial nerves (~10%) usually from meningeal involvement **PNS and vasculitis** Systemic vasculitis Polyangiitis overlap syndromes Many instances of connective tissue disorders (but not necessarily CNS in those disorders) - Hypersensitivity vasculitis including Henoch-Schonlein purpura Malignancies - Drug induced (vasculopathies vs vasculitis) Cryoglobulinemias Complex given role of Hep C, paraproteinemia and treatment with type I IFN and CIDP Giant cell (extracranial) arteritis PNS not common Increased incidence of entrapment neuropathies **PNS and Vasculitis** Localized vasculitis - Primary PNS vasculitis Rare if you follow patient long enough, at least 75+% eventually show involvement of other organ systems

# **Clinical Presentation of vasculitic neuropathies** • Pattern of preceding or concomitant systemic involvement can give hint as to which disease, labs and biopsy, angiography also of help and nonorgan-specific symptoms (fever, weight loss, myalgias, arthralgias, anorexia, etc) alerts you that one of these disorders is involved • PNS patterns relatively same in most of these diseases and syndromes **PNS Presentations/Features** · Classically a multiple mononeuropathy, may rapidly merge • 20-40% of patients may present with involvement of readily defined major nerves . May be relatively acute, more often subacute and progresses in a step-like pattern, but may progress more gradually Even with step-like may be quiescent periods Often painful with burning and dysethesias (up to 75%), sensory loss and weakness 20-40% with some of these present with more stockingglove with steady progression **PNS and SLE** • Peripheral neuropathy occurs in ~ 10%; unusual as first presentation of SLE Sensory motor neuropathy is most common but may represent merged mononeuropathies. Even when not apparent merged mononeuropathies, vasculitis may be found on nerve Bx • Clear cut multiple mononeuropathies may occur and Bx appears like necrotizing vascultis, similar to PAN; less Chronic inflammatory demyelinating polyneuropathy (CIDP) has been reported (complication of SLE or co-existing autoimmune disease?) Treatment as for CIDP

### Table 13-7. Neuropathies **Complicating Systemic Sclerosis** Onset ages 30-50 years Affects women more often than men (15:1) Trigeminal sensory neuropathy Most common neurological complication of the Identical in all collagen vascular disorders Sensorimotor neuropathy Rare condition; may be asymmetric in onset. Initial symptoms are distal pain and sensory loss. Muscle weakness develops with progression. Electrodiagnostics and nerve biopsy demonstrate axonal neuropathy. Responds poorly to treatment. Entrapment neuropathy Sites of vulnerability are similar to other conditions. Median nerve is most common site. Table 13-8. Peripheral Neuropathies of Rheumatoid Arthritis Vasculitic neuropathy Usually occurs in the setting of long-standing rheumatoid disease Occasionally accompanies early or nonerosive disease The clinical picture of multiple mononeuropathy is similar to vasculitis accompanying other conditions; may be overlapping or confluent at times Treatment similar to other vasculitic neuropathies Sensorimotor neuropathy A predominantly distal sensory neuropathy occurs with rheumatoid arthritis Distal pain and paresthesias are the major features Motor involvement is mild Some patients with this clinical picture can have a small-vessel vasculitis Other patients have an axonal neuropathy without demonstrable vasculitis Treatment is directed at vasculitis if identified by nerve biopsy or may be exclusively symptomatic requiring pain relief if no vasculitis is found Entrapment neuropathies Nerve entrapment common in association with joint and synovial tissue involvement PNS and Sjogren's Syndrome • Peripheral neuropathy as first manifestation is uncommon · Sensory motor neuropathy: most common form, sensory> motor; autonomic seen, axonal neuropathy, small vessel perivasculitis or vasculitis on Bx Ataxic sensory neuronopathy: marked kinesthetic loss, dysesthesias seen (face, limbs, trunk); no weakness (but exam may be confusing with severe sensory loss); Bx loss of myelinated fibers, perivascular inflammation sometimes seen; infiltration of DRG CIDP rare

Trigeminal neuropathy

Features	Paraneoplastic sensory neuronopathy	Idiopathic sensory neuronopathy	Sjögren's syndrome
Sex ratio (male/female)	1:3	0.5:1	1:5
Course	Subacute	Acute-chronic	Acute-chronic
Sensory loss	Global	Kinesthetic	Kinesthetic
Other	GI dysmotility, encephalomyelitis	None	Sicca syndrome
Autoantibodies	ANNA-type 1 (anti-Hu)	None	Extractable nuclear antigen (SS-A, SS-B)
Spinal fluid	Elevated protein	Normal	Normal
Schirmer test	>5 mm (normal)	> 5 mm (normal)	< 5 mm (reduced)
Rose bengal test	Normal	Normal	Corneal and conjunctiva abnormalities
Systemic disease	Small-cell cancer of lung	None	Inflammation of salivary gland

### CORTICOSTEROID TREATMENT

- May be helpful in some entities particular CIDP but no really good series
- Now often initiated as IV pulse then oral maintenance therapy
- Multiple side effects
- Other agents used when fail to respond or for steroid sparing

Agent	Route	Dose	Side Effects	Monitor
Methotrexate	p.o.	10-20 mg/m²/wk	Hepatotoxicity, leukopenia, alopecia, stomatitis, neoplasia	LFTs, CBC
	i.v.	1.0-3.0 mg	Same	LFTs, CBC
Cyclophosphamide	p.o.	1–2.0 mg/kg/day	Leukopenia, cystitis, alopecia, infections, neoplasia	CBC, UA
	i.v.	50-75 mg/m <sup>2</sup>	Same, nausea, vomiting	CBC, UA
Chlorambucil	p.o.	4.0 mg/day	Hepatotoxicity, leukopenia, nausea, vomiting	LFTs, CBC
Cyclosporine	p.o.	.5–7.5 mg/kg/day	Renal toxicity, hypertension, hepatotoxicity, hirsutism, infection, gum hyperplasia	BP, LFTs BUN,Cr, drug levels
IVIG	i.v.	2.0 gm/kg over 2 days	Fevers, chills, diaphoresis, aseptic meningitis, headache, hypotension, leukopenia	BP, pulse, BUN, Cr