
Physician Wellness and
Neuropalliative Care:
Challenges and Joy
Developing
Neuropalliative Care in
Canada

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A photograph of a wooden surface with a red pin on the left and five yellow pins on the right. The word "Objectives" is overlaid in white text on the left side of the image.

Objectives

- Challenges and barriers to developing new clinical programs
- Learning advocacy skills
- Mentoring others to go forward

Barriers to New Clinical Programs

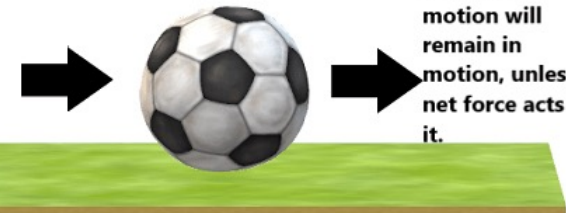
- Money!!!!
- Workforce
- Inertia



An object at rest will remain at rest, unless a net force acts on it.



An object in motion will remain in motion, unless a net force acts on it.





Advocacy Skills

- “Trust me, I’m a doctor” doesn’t work on administrators
- Learn the love language of your hospital/health system administrator
- Learn who makes decisions in your hospital/health system
- Perseverance counts



For more
hierarchical
systems

GLOBAL HEALTH
ADVOCACY INCUBATOR

Pay it Forward

- Once your program takes off
 - Celebrate you team and show appreciation
 - Give generously – of your time, opportunities, wisdom
 - Be genuinely joyful when people surpass you – you built that!

A coach talks to you, a mentor talks with you, and a sponsor talks about you

(roles may overlap)



COACH



MENTOR



SPONSOR